



# The Coffin Bay Sun



July 2023

Initiative of the  
Coffin Bay Progress  
Association

[coffinbaysun@gmail.com](mailto:coffinbaysun@gmail.com)

**Kids Holiday Sewing**





**\$30 PER CLASS**

**8+ YEARS**

**ALL FABRIC AND EQUIPMENT PROVIDED**

**LIMITED PLACES PER CLASS**

- 1. Pretty Bunting**  
Suitable for beginners  
Tuesday July 11
- 2. Monogram Pillow**  
Suitable for beginners  
Tuesday July 18

When: 9.30am to 12.30pm  
Where: Coffin Bay Sporting Club

Message @Jeni Siviour for Bookings or more information  
[jensiviour@bigpond.com](mailto:jensiviour@bigpond.com) Mb: 0439 815 427

## Contact Us

**President:** Georgina Lewis 0411 78 4401

**Secretary:** Tracy Matheson 0431 424 790

**Treasurer & Hall Booking:** Linda Christian 0409 092 168

**Hall Flag:** Sandra Peters 0408 895 674 - Peter & Lorraine Bradford 0428 854 138

**Vice President:** Jacki Egan

**Public Officer:** Tracy Matheson 0431 424 790

**Coffin Bay Sun:** Holly Gill 0424 989 360

**Next Progress Association meeting is 2nd Tuesday of the month at 7pm in the kitchen of the Coffin Bay Hall. All welcome to attend.**

Make sure you send the editor the details of your events and what your community groups are achieving to [coffinbaysungmail.com](mailto:coffinbaysungmail.com) before the 24th of the month to get into the next issue of 'The Coffin Bay Sun'!!

If you would like your copy of the Coffin Bay Sun emailed to you (in COLOUR!) then let us know via [coffinbaysun@gmail.com](mailto:coffinbaysun@gmail.com)



## COMMUNITY HALL ROOF RESTORATION

We are very pleased to announce that Coffin Bay Progress Association has received a \$10,000 Grant from the Foundation for Rural & Regional Renewal, towards completing the restoration of the Community Hall roof!

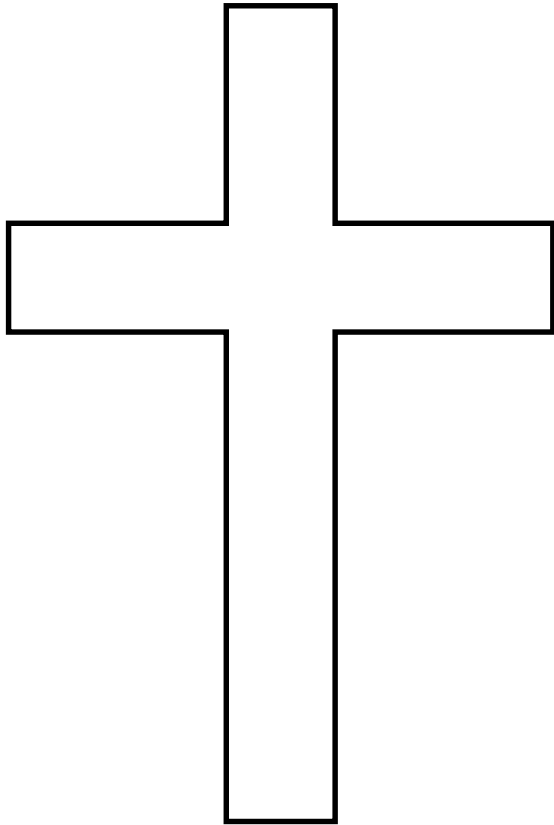
Our sincere thanks to the Foundation for their support, it is much appreciated, and together with other grant funds we hold, will go a long way to finally finishing the restoration works which began some time ago.

Many thanks also to the groups who provided letters of support submitted with our grant application, i.e. Dr Claire Rowe, Cummins School Community Library, Complete Personnel and Coffin Bay Playgroup.

The work will be undertaken by Coast to Coast Constructions, and is anticipated to commence in September/October, depending on the weather.



# Church Services - Coffin Bay



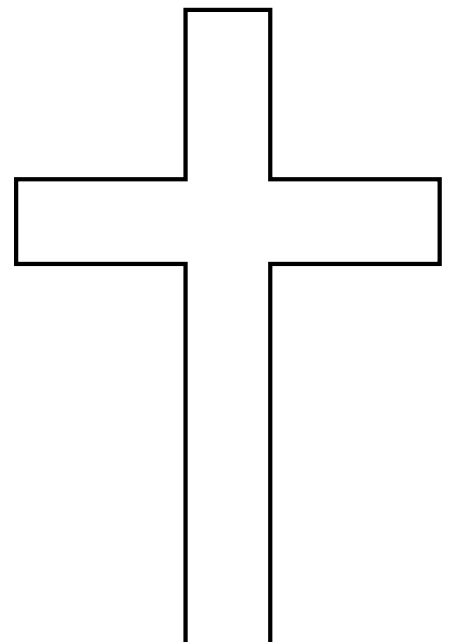
## **COFFIN BAY COMMUNITY CHURCH**

CNR HAGGARTY & TAPLEY ST

**Community Church  
Services: 9am on the 1st,  
3rd & 5th Sunday's of  
each month**

**St Mary of the Angels  
Catholic Parish Port Lincoln**

**Mass  
Coffin Bay Community Church  
6pm on the First Sunday  
of each month**







# Community

## COFFIN BAY LIBRARY



✉ cummins.library@libraries.sa.gov.au  
 🌐 www.libraries.sa.gov.au/cummins  
 ☎ 86762476  
 📱 Follow us on Facebook or Instagram 📷



Coffin Bay Library recently had patrons venturing into the Virtual Reality world, visiting outer space, a high rise and a museum, all from the safety of our library space! This took place in between our regular borrowing, digital assist, coffees and catch-ups. We love the community spirit and support of our library and look forward to offering more adventures in the future!

SIES (formerly SERU) support eligible children and young people from birth to year 12 with a disability or functional need to access, engage, participate and attain within the education system. We are delighted to have the opportunity to partner with SIES and Lower Eyre Council in this pilot program, hosting Specialised Inclusive Resources within our library for community members and professionals to access. We will be showcasing these, plus how to access additional resources and support from SERU/SIES in 3 different sessions on Wed. August 9. Please contact us to register or for more information.



We invite you to view the **Specialised Inclusive Resources** available at the Cummins Library, in partnership with SERU/SIES and Lower Eyre Council. Wed. August 9  
 11.30am: Health Professionals  
 1.00pm: Community members  
 3.30pm: SSO and Teaching Staff



Borrow ebooks, audiobooks & magazines  
 Libby.  
 The library reading app





# Community



## Coffin Bay Playgroup

Meet at the Coffin Bay Hall on Mondays 10am-12 noon during school term. Bring \$2 entry and a piece of fruit to share.

Visitors are welcome.



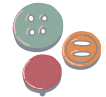
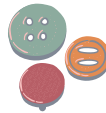
## CUMMINS OP SHOP

Celebrating 30 Years of Supporting the Local Community.

Open Tuesday – Friday  
10am – 4pm

**Urgently Needing New Volunteers!**

Contact 8676 2345 or Jane 0418 697 179 if you're interested in volunteering or if have any donations!



## CEA-SIDE STITCHERS

We meet Friday mornings 9-12pm at Coffin Bay Golf Clubrooms.

We extend an invitation to anyone (residents or visitors) interested in quilting, sewing or needlework to join us at our weekly get together.

Bring along your machine or knitting etc. All welcome.



## Lake Wangary School Fundraiser

LWS has positioned bottle and can recycling trailers in Coffin Bay (behind the hall), at Lake Wangary School (visible from Farm Beach Rd) and at Farm Beach Caravan Park.

We thank all those who donate bottles and cans. The money goes towards our learning programs and facilities. Please contact the school if you have high levels of bottles and cans you need removed and we may be able to help. Thanks from LWS.







# Health & Wellbeing



July 2023

*What's New At*



## Lower Eyre Family Practice



**A:** 19-21 Tumbay Bay Rd

**P:** 08 8676 2210

**E:** [admin@cumminsmedical.com.au](mailto:admin@cumminsmedical.com.au)

### Services Offered at our Practice

Health assessments for 45-49 year olds, ATSI people, over 75 year olds & people with disabilities.

Women's Health, family planning and cervical screen.

Skin Checks and Mole scanning .

Vaccination: childhood schedule, school, adult, flu and Covid-19 & travel.

Chronic disease management through care planning.

Pathology collection and point of care testing (INR) for warfarin.

Home visits for those unable to access the clinic.

The following groups have increased risk of serious disease from influenza, therefore Flu vaccinations are FREE for;

- ♦ Anyone aged 6 months-4 years of age
- ♦ Anyone 65+ years of age
- ♦ Anyone with medical risk factors (diabetes, renal disease, cardiac disease, chronic respiratory conditions, chronic neurological conditions, immunocompromised and many more)
- ♦ All Aboriginal and Torres Strait Islanders
- ♦ All pregnant women
- ♦ People who are homeless

## DON'T FORGET YOUR FLU VAX

**PROTECT YOURSELF,  
YOUR FAMILY AND  
YOUR COMMUNITY  
AGAINST INFLUENZA  
THIS WINTER**



**BOOK ONLINE VIA [HOTDOC.COM.AU](http://HOTDOC.COM.AU) OR CALL 8676 2210**

### Coffin Bay Clinic

**Dr Leanne Schroeder-Perrang**

**Tuesdays from 2pm**

**Dr Gerard Quigley**

**Wednesdays from 2pm**

Please call **08 8676 2210** to secure an appointment  
or go to [hotdoc.com.au](http://hotdoc.com.au)



#### Ordering Repeat Scripts & Referrals Online

This is an easy convenient way to order repeat scripts & repeat referrals without the need for a Doctor's appointment.

A fee of \$20 applies for this service

#### Booking appointments

Choose your preferred Doctor , for your preferred day, at your preferred location

Cummins or Coffin Bay

Go to [hotdoc.com.au](http://hotdoc.com.au) or download the app



# Health & Wellbeing



## Coffin Bay Pharmacy

Please kindly note that the operating timing for pharmacy has changed

**MONDAY to FRIDAY: 9:30 AM TO 5 PM**

**SATURDAY: 9:30 AM TO 12 PM**

**SUNDAY AND PUBLIC HOLIDAYS: CLOSED**

**2 Flinders Avenue, Coffin Bay,  
SA-5607**

**Phone: 08-8685 4080**

## DR CLAIRE ROWE.

153-154 Esplanade (COFFIN BAY COMMUNITY HALL)

**Open Every Wednesday and the  
1st and 3rd Thursday of the month**

**Consulting from the front room  
Please use the Library as the waiting room.  
Front and side door will be open.**

**PHONE NUMBER to book and leave messages:  
08 7078 7801**

An online booking service is also available using  
[hotdoc.com.au](http://hotdoc.com.au)  
just search for Dr Claire Rowe and you can book an  
appointment  
anytime without having to ring!

## Pilates classes at the Community Hall!

Every Friday morning at 9:30am.

Please contact Alyssa on  
0438 021 638  
for more information.

Everyone is welcome, however  
numbers are limited



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# Flora & Fauna



## Greenly Beach Planting Day 2023

About 100 people attended the 7<sup>th</sup> public planting day at Greenly Beach on Sunday 4<sup>th</sup> June. Over 1500 seedlings were planted, a new record. It was pleasing to see generations of families come along to do something positive for World Environment Day and to have people returning to lend a hand each year. Some volunteers have attended all 7 of the planting day events at Greenly and it was also encouraging to have lots of first-time volunteers attend. Planting trees is one of the best things we can do for the environment.

It was good planting weather on the day although a bit too breezy to get the school marquees up. The LWS governing council volunteers did a great job with the fundraiser bbq and kept every one fed. The seedlings are off to a good start with the follow up rain to settle them in. The new addition this year, the portaloo, was very well received!

We are very encouraged by the feedback about what a great thing it is that the school and Coastcare are doing working together to grow plants in the nursery at the school and to work toward environmental improvement and encouraging custodianship at a place loved by many.

We acknowledge support from Coles towards the bbq, Local Liquid Waste for the portaloo and assistance and funding from the Eyre Peninsula Landscape Board.





# Volunteer in your Community



## Coffin Bay Community Hall

### Needs Volunteers

You may like to assist with existing events or fundraisers OR you or your group may wish to create and run a community project or event. The hall and/or the Coffin Bay Progress Association (CBPA) are there to be used for the benefit of the community. CBPA needs people to join and utilise what the hall and association offers in assistance in running community projects, events or workshops.

Do you visit the hall for the:

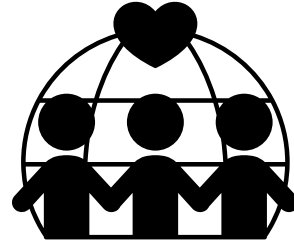
- Library
- Markets
- Doctor
- Outback Country Health
- Pilates
- Yoga

Would you like to give back to the community on your own with a friend or friends or as a group. Assist in maintaining the hall , garden, newsletter OR organise something yourself.

If you would like to volunteer please contact

Georgina Lewis - 0411 784401

**The hall and association belong to benefit the community of Coffin Bay. Please utilise it.**



# Volunteering and caring enriches you and the community



Lower Eyre  
**Coastcare**  
Association

We meet for our regular monthly workdays on the last Monday of the month and other workdays as required. Check us out on [f @lepcoastcare](#) to stay up to date with our current projects and workdays. On the last Monday we meet at the Coffin Bay boat ramp BBQ area, 8.30 am. Visitors most welcome.

We undertake varied activities around the coastline of Lower Eyre Peninsula, including collecting native plant seed, growing native plant seedlings, organising the annual Greenly Beach planting day, beach cleanups, coastal erosion management and increasingly campsite management.

Contact us for more information or to register your interest.  
email [lowereyrecoastcare@gmail.com](mailto:lowereyrecoastcare@gmail.com)  
or call Kerry McEwan 0498 387 961





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Port Lincoln Hire is your local equipment hire company servicing the Lower Eyre Peninsula!



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Phone Ray on 0408 860 944 for a free quote!



## Cummins Recyclers

We are in Coffin Bay

**Sunday 23rd July**

10am till 1pm

6-8 Lawrie Street

Phone Heather: 0429 082 656



### DOUBLE-BANDED PLOVER – LONG BEACH VISITORS

Most species of plovers are shorebirds. They have medium to long legs, short beaks, and large eyes – characteristics ideally suited to hunting for food on the ground. The plover family have an ancient lineage, the origins of which palaeontologists have dated back 85 million years. A time when dinosaurs reigned supreme.

Double-banded Plovers (DBP's) are one of the thirty-six species of Australian shorebirds that yearly migrate from our continent to breed. All but one fly on a northern odyssey, most as far as the arctic tundra, where they find a mate and nest. The unique exception is our DBP, the only species in the world to fly east–west.

Eighty-five million years ago, so geologists tell us, Australia New Zealand were part of a super continent known as Gondwana. Perhaps, back then, the DBP's ancestors found optimum conditions for nesting in what is now New Zealand and for the rest of the year, conditions favoured flying westward. It is no great leap to presume when, eighty million years ago New Zealand broke away and crept east, the DBP's continued their east-west flights. Over the aeons of time, it became inherent to fly this expanding distance, until eventually, they faced traversing a Tasman Sea 2250 kilometres in width!

Isn't it wonderful to conjecture – wish I had a time machine!

Unlike all other migrating shorebirds, DBP's over-winter in Australia, mostly along the south-eastern shoreline. They arrive as the last of the northern migrating birds are departing. I have only ever recorded one or two on Long Beach during mid to late autumn. They typically roost with Red-necked Stints and Red-capped Plovers, each species roughly the size of a sparrow, and each with non-breeding grey and white plumage. DBP's can be distinguished by their slightly larger size, a more brownish-grey plumage, and just a remnant of the double bands around their necks.

I have never seen them in their double-banded breeding glory; just clad in their dowdy grey and white Australian plumage.

Doug Clarke



(These photos have been transposed from bird books – my photos are rather ordinary)

“It has been my experience that folks who have no vices have very few virtues”. Abraham Lincoln



# COFFIN BAY TOURIST ASSOCIATION

PO Box 35 Coffin Bay SA 5607

Email: [mjackson@discoveryparks.com.au](mailto:mjackson@discoveryparks.com.au)

SUPPORTS LOCAL BUSINESS, CLUBS AND ACCOMMODATION PROPERTIES  
IN COFFIN BAY AND SURROUNDS



The CBTA manages the Coffin Bay Visitors website [www.coffinbay.net](http://www.coffinbay.net)  
Visitor Information Board, produces local maps and brochures promoting the area,  
along with other tourism related projects.

Membership forms can be found on the website..

<https://coffinbay.net/contact/membership-application/>

The next CBTA meeting is **TUESDAY 18TH JULY**  
at the Coffin Bay Yacht Club @ 7.30pm. Enter via the car park / back door.  
All Welcome!



Bookings - Catering - Club Function Hire - Enquiries

Call: **08 8685 4302**Email: [coffinbaysportingassociation@gmail.com](mailto:coffinbaysportingassociation@gmail.com)[www.coffinbaysportingclub.com](http://www.coffinbaysportingclub.com)

## BOWLS

Wednesday &amp; Saturday Competition

..have a roll any other time! Contact PAUL 0411 881 474

## GOLF

Full Member \$185.. Juniors \$49

Contact STEVE 0427 854 379

Motorised Golf Cart Hire \$40 – Contact IAN 0415 290 921

Drivers Licence Essential

Thursday MENS competition – names in by noon

Tuesday LADIES competition – names in by noon

Sunday MENS &amp; LADIES – names in by noon

**Green fee players WELCOME!**

## Functions

Consider this gorgeous green location

for your next special function.

Catering packages now available!

Head to “Functions”

on the CBSC website (see above)

## Dining

CLOSED for Winter

as the team from 1802 take a  
well-earned break.

We thank you for dining with us!

Keep an eye out on social media for  
impromptu specialty nights!Find us at the top of  
Giles Road, COFFIN BAY



Coffin Bay Bowling Club Needs You!!  
With several members having retired from bowls or moved away, we are needing new players to join our club and enjoy our fantastic sport.

Our friendly group of members will welcome any interested persons, regardless of playing ability or experience to come along and enjoy the game of bowls. Our facilities are arguably the best on Eyre Peninsula, and members can enjoy bowls from social bowls through to pennant competition.

If you think you might like to give bowls a try,  
contact **Paul Phillips - 0411 881 474**  
or  
**Peter and Lorraine Shepperd**  
**0427 103 492**



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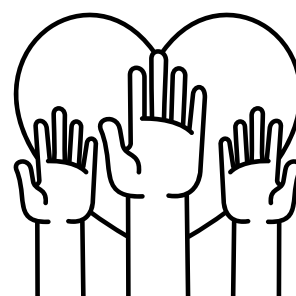
The Yacht Club has been built on the strength of its volunteers. From building the clubhouse, running the kitchen and the bar, offering sail training to the community, volunteers have provided the energy, skills and commitment every step of the way.

Are you looking for a chance to give back to your community? Are you new to town and want to meet some locals? If you can spare a few hours a month to help in our kitchen or bar, then come & join our team with the added bonus of an amazing view, a free meal & drink on the night and a voucher to return with your family or friends in your own time.

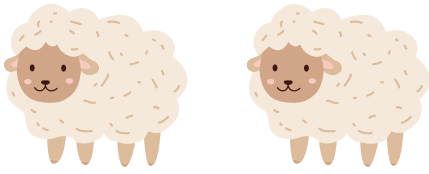
The club's focus is to foster a love for the sea, to promote sailing and water sports in our bay, and to provide a meeting place for locals, families and visitors. Well known for the friendly and welcoming atmosphere, the Coffin Bay Yacht Club strives to continue to be a vital part of the Coffin Bay community.

Volunteer on your own, with a friend or even in a group of friends.

**To join, contact**  
**[cbyc01@gmail.com](mailto:cbyc01@gmail.com) or 0486046 448**  
**or drop into the club.**







### Mt Dutton Bay

### ~ WOOLSHED ~

State Heritage Listed(c1875)

- Licensed Café \*open 10-4pm Fri Sat & Sun
- Museum – shearing, fishing & farming items
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- Hostel Retreat Accommodation
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\*Extended hrs Summer

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[www.duttonbay.com](http://www.duttonbay.com) Find us on Facebook!



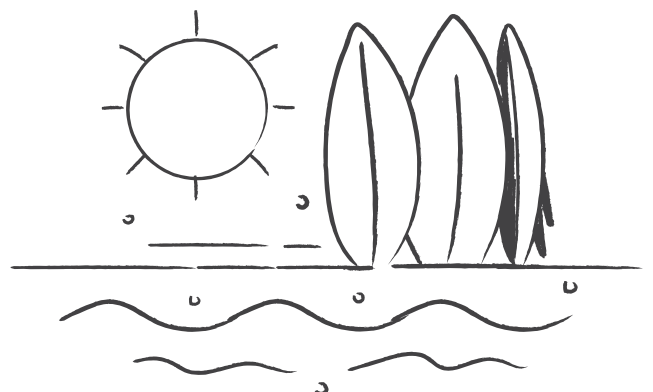
With our love of the Surf and Sea, we are passionate about promoting and supporting our community. We have developed a range of items from hoodies, tee's and pants to bags, hats, towels and much more.

Browse online at:

[www.coffinbaysurfco.com.au](http://www.coffinbaysurfco.com.au)

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Steve's Gardening & Handyman  
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Steve Nettle - 0427 854 379

Origin Energy Agent  
Steve Nettle - 0427 854 379

John Gill Electrical - 0407 556 096

Stotty's Building  
Klint - 0439 339 407

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Shannon Fry - 0422 595 852

Local Carpenter - House  
Maintenance & Improvement  
Marty Bratasiuk - 0433 071 640

Qualified Carpenter & Handyman  
Steven Egan - 0439896840

Noel's Flyscreen Service  
Noel Saxby - 0400 233 366

Port Lincoln Hire  
Callan Hutchinson - 0427 849 616

Coffin Bay Linen Hire & Laundry  
Service  
Sharon - 0488 515 132

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Rob - 0427 563 685

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Ian Gordon - 8685 4417

Eyre Peninsula Lawn Mowing Service  
Lawn & General Yard Maintenance  
Angus Hender - 0428 313 688

**To make this  
your advert space  
contact the editor**

**coffinbaysun@gmail.com**



**WHAT'S ON AT THE COMMUNITY HALL IN JULY**

| Sun                                | MON  | TUES                                    | WED                                | THURS  | FRI   | Sat  |
|------------------------------------|--|---|------------------------------------|--|---|--|
| 30                                 | 31   |   |                                    |  |   | 1<br>Library a.m.  |
| 2                                  | 3<br>Playgroup<br>10am –<br>12noon   | 4<br>C & O Health<br>(clinic room)      | 5<br>Dr Rowe<br>(clinic room)      | 6<br>Library a.m.<br><br>Dr Rowe<br>(clinic room)      | 7 End of School<br>Term 2<br><br>Pilates class<br>9.30-<br>10.30am                    | 8<br>Library a.m.<br><br>Private<br>Function<br>9.30am-4pm |
| 9<br><br>Market<br>10am-<br>2.30pm | 10   | 11                                      | 12<br><br>Dr Rowe<br>(clinic room) | 13<br><br>Library a.m.                                 | 14<br><br>Pilates class<br>9.30-<br>10.30am<br><br>Complete<br>Personnel -<br>Library | 15<br><br>Library a.m.<br><br>Kids Movie<br>Night          |
| 16                                 | 17<br><br>C & O Health<br>(clinic room)  | 18<br><br>C & O Health<br>(clinic room) | 19<br><br>Dr Rowe<br>(clinic room) | 20<br><br>Library a.m.<br><br>Dr Rowe<br>(clinic room) | 21<br><br>Pilates class<br>9.30-<br>10.30am   | 22<br><br>Library a.m.                                     |
| 23                                 | 24 School Term 3<br>commences<br><br>Playgroup<br>10am –<br>12 noon<br><br>C & O Health<br>(clinic room) | 25                                      | 26<br><br>Dr Rowe<br>(clinic room) | 27<br><br>Library a.m.                                 | 28<br><br>Pilates class<br>9.30-<br>10.30am<br><br>Complete<br>Personnel -<br>Library | 29<br><br>Library a.m.                                     |

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