

EMERGENCY KIT

Checklist

Use this checklist to tick off the items as you put your emergency kit together



Having an emergency kit ready to go can help you save precious time if you have to leave in a hurry.

My emergency kit has

- ☐ battery powered radio with spare batteries
- ☐ torch with spare batteries
- ☐ first aid kit
- ☐ candles and waterproof matches
- ☐ important papers including emergency contact numbers
- ☐ a copy of my Home Emergency Plans. Download a template from ses.sa.gov.au
- ☐ waterproof bag for valuables.

Other items to pack

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Keep it on the fridge once completed and use it to remind yourself to check/restock your kit.

We will add these items when we are ready to leave

- ☐ mobile phone and charger
- ☐ prescriptions and medications
- ☐ toiletries
- ☐ clothing and strong shoes
- ☐ non-perishable food and drinking water
- ☐ anything special you need for other family members.

If you have pets don't forget leads, food and bowls too.

Useful tips

- keep your emergency kit in a waterproof storage container
- check and restock items regularly (e.g. use-by dates on batteries)
- keep a list of emergency numbers near your phone or on your fridge.

Equipment connected over the nbn™ access network will not work during a power blackout.

Make sure you have a battery powered radio and your mobile phone is fully charged.

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For life threatening emergency
Triple zero (000)

For emergency assistance
132 500

For more information
1800 362 361
ses.sa.gov.au

Are you prepared for a natural disaster?

Thousands of South Australians and their animals are affected by emergencies every year that can happen at any time and affect anyone.

The South Australian State Emergency Service (SES) is a volunteer-based organisation that responds to a wide range of emergencies and rescues across the state 24-hours a day, seven days a week, 365-days a year. Our volunteers do amazing work, however in times of disasters they may not be able to get to everyone who needs help immediately.

This information flyer aims to assist you and your family to consider what emergencies your area may be prone to and how to plan, prepare and recover after the event.

The following emergencies may affect you and your household. Tick the ones you know might happen in your area:

- ☐ Bushfire
- ☐ Extreme heat
- ☐ Storms with damaging winds and hail
- ☐ Earthquake
- ☐ Power, gas or mains water outages
- ☐ Animal disease (e.g. Foot and mouth disease)
- ☐ Plant disease (e.g. Karnal Bunt)
- ☐ Floods
- ☐ Coastal or tidal surge

Assistance to prepare your Home Emergency Plan can be sourced from the following websites:

- **Home Emergency Plans:**
sa.gov.au/topics/emergencies-and-safety/prepare-for-an-emergency/emergency-plan
- **Red Cross:** redcross.org.au/prepare
- **CFS Bushfire plan:**
cfs.sa.gov.au/site/prepare_for_a_fire/5_minute_bushfire_plan.jsp

To assist in your Emergency Management Planning, the following list provides questions to consider:

- ☐ Do you have appropriate and adequate insurance cover?
- ☐ Have you considered making a Home Emergency Plan?
- ☐ Who will you include in the plan? Family, pets, neighbours, grandparents, children etc.
- ☐ What will you do if some of you are not home?
- ☐ Consider when to evacuate during flood, storm, bushfire or other emergencies.
- ☐ Where will you evacuate to? Meeting place near home, meeting place away from home.
- ☐ Can you keep your business going during and after a disaster? (go to sa.gov.au/emergencies-and-safety/ for more information)
- ☐ Have you prepared an emergency kit?
Refer to the checklist on the reverse side of this flyer to help you prepare in advance for an emergency situation.

Disasters happen - don't think if, think when!