

21ST BIRTHDAY COMMUNITY INVESTMENT INITIATIVE

Congratulations to our successful applicants -

\$5,000 INVESTMENT - Cummins Area School Preschool & Rural Care
Project: Preschool & Rural Care Outdoor Area Upgrade

\$2,000 INVESTMENT - Cummins Mosaics Group
Project: Cummins Hospital Atrium Landscape / Cummins Community
Garden Bird Bath

\$1,000 INVESTMENT - Cummins Gymnastics & Kindergym
Club Inc
Project: Strength Equipment

Bendigo Bank	Community Bank Cummins District

VOL CUMMINS, SA
216 AUGUST 2021

THIS MONTH

COMMUNITY



MOSAIC BEGINNERS DAY

Cummins Hall August 3rd, 10:30am - 3pm

If you've always wanted to learn the basic techniques of mosaic art, or are simply looking for a new hobby, come and join the Cummins Mosaic Group on their Beginners Day.

Try your hand at making a small project of your own, and see if you'd like to join them on their community projects.

Great conversation and friendly company guaranteed!

For enquiries or to RSVP, please contact Jane on 0428 872 021

HEALTH



COVID-19 VACCINATION CLINIC

Cummins Hall August 9th & 10th.

The Eyre & Far North Local Health Network is hosting a second COVID-19 Vaccination clinic for adults 60 years and older. Protect yourself, your loved ones, and your community by scanning the QR code below and booking your appointment.





Powered by



If you can't attend this clinic, other dates are also available at Lower Eyre Family Practice.

WORDS FROM THE COMMUNITY

Have you got news to tell the community? Maybe you'd just like to thank someone, write a little poem for everyone's enjoyment, or simply highlight the little things that make Cummins such a special place.

Whatever it is you need to say, simply email it to cdec@dclep.sa.gov.au

LISTENING TO THE LAND

That's how I hear it,
through my pores
the deep creative energy of earth
soaring
above late afternoons
in a croon of slow breathing.

I walk long years
of silent place and space
till house becomes home,
till the grumble of newness
abates,
settles to music and embers.

Treading the understated earth,
I absorb its ferment,
air acrid with red dust,
the moist intimacy of soft days,
the taste,
the inspiration of wild bush.

Through the pulse of my feet
I listen,
spellbound,
hear the new/old voice
confound star haunted nights,
the luminous rhythm of seasons.

Patricia M. Virgin



KANGA RURAL MINI-FREIGHT SERVICE

SERVICING CUMMINS MONDAY-FRIDAY

All your freight needs!

SAME DAY DELIVERY FROM PORT LINCOLN AVAILABLE
CUT OFF TIME 2:30 PM

CALL LYNN ON 0427822780

CUMMINS CONNECTION

INFO DUE AUGUST 19TH

For planned distribution on Thursday August 26th Please send content to cdec@dclep.sa.gov.au



AGM

9th August 2021

@ Cummins New Beginnings Uniting Church@ 1 pm

Committee Meeting to follow

ALL WELCOME

8676 2245 ABN 79 704 403 Monday to Friday 10am - 4pm

PO Box 49 54 Bruce Tce Cummins SA 5631



What's New At



A: 19-21 Tumby Bay Rd

P: 08 8676 2210

E: admin@cumminsmedical.com.au



If you are experiencing any respiratory, cold or flu-like symptoms, such as fever, cough, sore throat, shortness of breath &/or runny nose, **Lower Eyre Family Practice** offers video telehealth appointments with Dr Quigley.

These appointments are conducted via our telehealth platform **healthdirect** & can be booked by calling our Practice on,

8676 2210.

When you arrange your appointment, instructions are sent to you via SMS, all you need is a device that has a web camera, mic and speakers, (your smartphone is perfect & what most patients use). You need a good connection to the internet and a recent version of one of the following browsers-:



Google Chrome



Apple Safari





Microsoft Edge

Instead of travelling to your appointment, you enter the clinic's waiting area online.

Your privacy is protected, the room your are taken to is your own that only authorised clinicians can enter. Video call is safe, secure and the information you enter is not stored.

PUBLIC & PRIVATE

influenza vaccine still available.

Please call the Practice
to book your appointment on
8676 2210



University of Adelaide Medical Students

We welcome our final 5th Year Medical Students for the year, Levi Burgess & Glenn Dunbar, who will be with us until September 17th.

Please help us to make them feel welcome if you see them out and about around Cummins.



Book Appointments, Request Repeat Prescriptions & Referrals Online. Go to hotdoc.com.au or download the app.





Lower Eyre Family Practice



Medical service

Find us on Facebook

With rapidly changing advice, regarding Covid-19 in particular, our Facebook page is the best go-to, for the most up to date information related to our Practice.

We endeavour to update applicable guidelines & directions, as we receive them, to keep you informed. We also post information relevant for your everyday health & wellbeing.

Please like & follow us to receive updates as they come to hand.

Covid-19 Vaccine

We are still offering the AstraZeneca vaccine
to those aged Over 60
at our Cummins location
Bookings can be made by calling the
Practice
8676 2210



Volunteers needed

Volunteer roles include sorting and selling donated goods.

Revenue raised from the store is directed back into the Cummins and District Community. In 2020/21 the Op Shop donated over \$36,000 to the local community.

You may volunteer for one three hour shift per month or more often. The roster is drawn up each month so if you are unavailable just let us know not to roster you on.

Application forms are available in the store

For more information contact Judy 0428867650



HONDERLAND NEWS

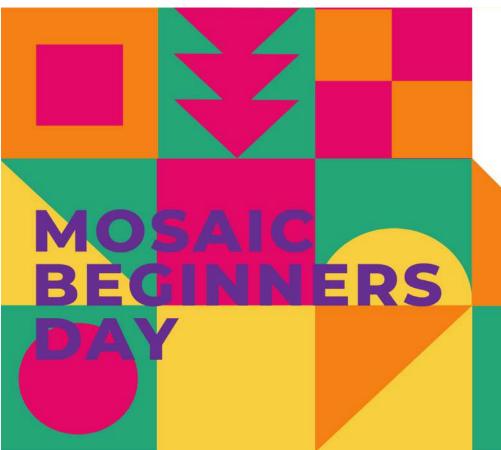
The Cummins Christmas Wonderland is looking at doing a Lego display at this year's Wonderland to involve community members. We are inviting people of all ages, from the young to the not so young, who are interested in Lego to exhibit their favourite Lego piece. It can be an original design or pre bought Lego-themed design that has not seen the light of day for a while.

For the Committee to know if this idea is viable, your display will need to be registered by 31st August, completed and handed in by 30th September. It is not intended to be a competition.

The exhibits would need to have been age appropriately challenging to build and to be inspiring for the public to view.

They would be displayed in a protected area during the Wonderland opening times in December.







Tuesday Save the Date!

If you've always wanted to learn the basic techniques of mosaic art or are simply looking for a new hobby, come and join us on our Mosaic Beginners Day. Try your hand at making a small project of your own and see if you'd like to work with us on our community projects. Great company guaranteed!

August 3rd

RSVPs and enquiries to Jane on 0428 872 021





Thank you to all that braved the wintery elements and came to help us celebrate the Holden HQ turning 50!

Australian motoring history is something that we are very interested in, amongst all things automotive.

The HQ birthday event has uncovered a lot of HQ stories within our community and it's amazing to hear how many actually were within our district.

Did you know that there were over 460,000 HQ units made within the manufacturing period of July 1971 to October 1974?! On the day we were able to display a Belmont Utility, Kingswood Sedan, LS Monaro and 2 GTS Monaro's - if only all those vehicles could talk, the stories they would have to tell!

Thankyou to Cummins Meat Store and 5 Loaves
Bakery for helping us raise \$300
for our local Lions Club.

If you've got a HQ story then share it with us on our social media pages - Facebook, Instagram and Twitter!

www. cumminsgarage.com.au









Cummins District Community Investment Program

A Community Grant can support your organisation when it needs it the most.

Applications open Monday 2 August, 2021

bendigobank.com.au/foundation



Community Enterprise Foundation™



THE CUMMINS COMMUNITY GARAGE SALE IS BACK! SUNDAY SEPTEMBER 26TH, 2021

9AM - 2:30PM

NO HOUSE IN TOWN? NO PROBLEM!

"TRASH & TREASURE" MARKET STALLS WILL BE AVAILABLE
FOR HIRE AT THE CUMMINS HALL.

SEND YOUR REGISTRATION FORMS TO CDEC@DCLEP.SA.GOV.AU
BEFORE SEPTEMBER 1ST, 2021
(FEES COVER DESIGN, ADVERTISING, AND PRINTING)



address PO BOX 41, Cummins SA 5631 phone (08) 8676 0400 fax (08) 8676 2375 e-mail cdec@dclep.sa.gov.au web www.explorecummins.com.au

COMMUNITY GARAGE SALE REGISTRATION FORM – HOUSE

To be returned to Adriana Salas at the District Council of Lower Eyre Peninsula Office, PO Box 41 Cummins, or cdec@dclep.sa.gov.au no later than Wednesday, September 1st 2021.

Any forms or payments returned later than this date may result in the forfeit of sale participation. We ask that you place balloons or something bright and identifiable for your address on your footpath, or letter box, to help identify your sale.

Contact Person	Phone Number
Property Address	3
Opening Hours	Standard hours 9am-2:30pmOther (please detail)
Items for sale (do	esn't need to be every item – just large items & categories of items for sale)
••••••	
Other comments	
•••••	
•••••	
Please tick one of	f the following:
☐ I have enclose	ed my \$25 participation fee
☐ I have transfe	rred my \$25 participation fee via EFT with Reference
EFT Payments	s BSB: 633 000 Acct: 111717344



address PO BOX 41, Cummins SA 5631 phone (08) 8676 0400 fax (08) 8676 2375 e-mail cdec@dclep.sa.gov.au web www.explorecummins.com.au

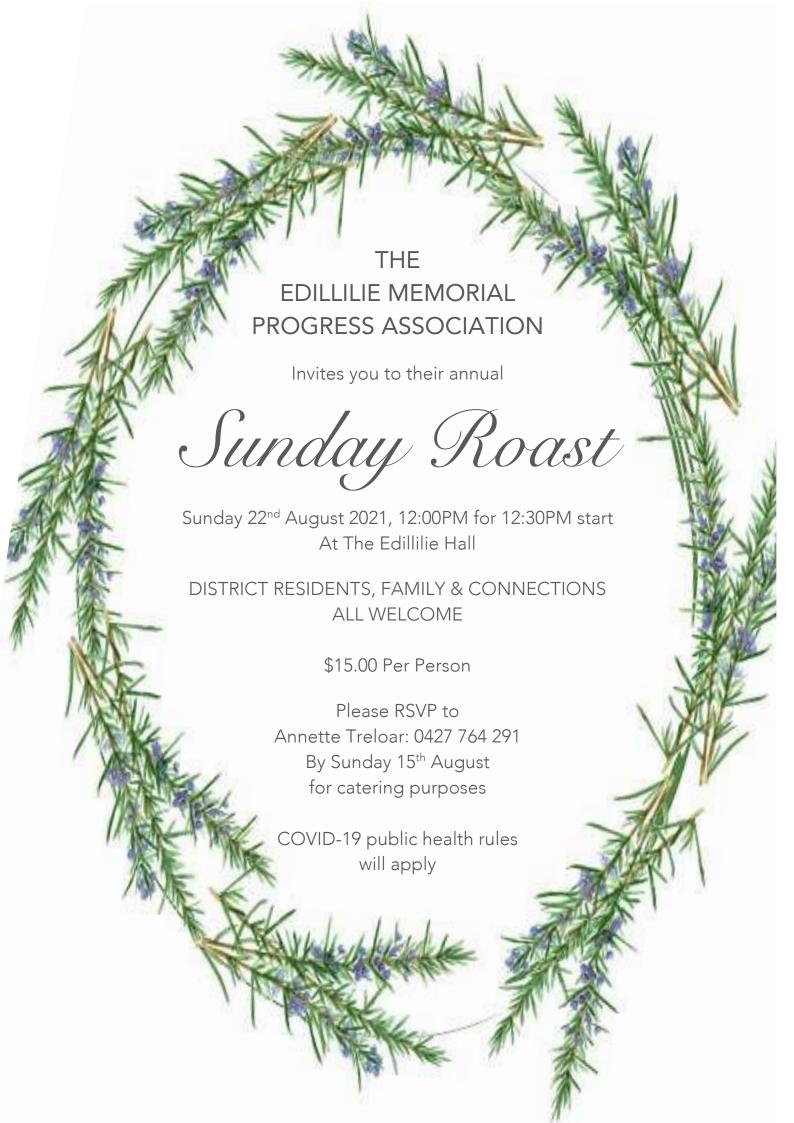
COMMUNITY GARAGE SALE REGISTRATION FORM - STALL

(Trash & Treasure Market)

To be returned to Adriana Salas at the District Council of Lower Eyre Peninsula Office, PO Box 41 Cummins, or cdec@dclep.sa.gov.au no later than Wednesday, September 1st 2021.

Any forms or payments returned later than this date may result in the forfeit of sale participation. Stall sites in the Hall are $2.5m \times 2m$ with table and chair included. Places in the Hall are limited. Standard opening hours apply 9am - 2:30pm.

Contact Person Phone Number
Address
Items for sale (doesn't need to be every item – just large items & categories of items for sale)
Other comments
Please tick one of the following:
Fleuse tick one of the following.
☐ I have enclosed my \$20 participation fee
I have transferred my \$20 participation fee via EFT with Reference



Community Bank Cummins District

Your town. Your bank.

Everything you need

We deliver the products and technology you'd expect from a big bank, plus the personal service you wouldn't.

Feel good about who you bank with. Try Bendigo.

Find out more. Call us on 8676 2997 or search Bendigo Bank Cummins.

Home loans

Accounts

Credit cards

Personal loans

Business

Insurance

Financial planning

Travel and International

Investing and Super

Agribusiness



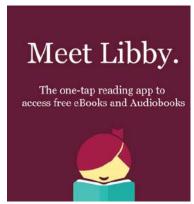




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family!

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www.beconnected.esafety.gov.au

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