

Community Bank · Cummins District

Cummins District Community Investment Program

A Community Grant can support your organisation when it needs it the most.

Applications open Tuesday 1 August 2023.

bendigobank.com.au

B Bendigo Bank

VOL CUMMINS, SA

JULY 2023

THIS MONTH



Skin Cancer Screening

Tuesday 18 July & Wednesday 19 July 2023 Bookings essential Van parked at Railway Triangle

Joint project between Cummins & District Lions Club with Lions Medical Research Unit. FREE appointments

Any followup referral with your doctor is at own cost. Bookings open from 4 July 2023. Phone 043907620178 from 9 -5 only



Cummins Christmas Wonderland AGM

Monday 3 July 2023 7pm Cummins Hall Supper room

Are you passionate about spreading the magic of the festive season? Do you have ideas to help the small group of dedicated volunteers to keep the event going each year? Love to see you then!!!



Cummins Township Master Plan Community Drop-In session

7 July 2023 10:30 to 1:30pm Cummins Institute

Last opportunity to comment on draft Master Plan which is available now to view & download on Council's website.

An online survey and written response via post or email closes on 24 July See FACT sheet pages 24-2 in this Connection



Stay up to date with all the events in Cummins! Scan the QR code to explore!



WORDS FROM THE COMMUNITY

Have you got news to tell the community? Maybe you'd just like to thank someone,

write a little poem for everyone's enjoyment, or simply highlight the little things that make

Cummins such a special place. Whatever it is you need to say, simply email it to cdec@dclep.sa.gov.au

Congratulations

Dr Gerard Quigley OAM

Dr Quigley has worked as a general practitioner and rural generalist in Cummins since 1990.

He is supported by his wife JoAnne and their family.

The district are very appreciative of the significant commitment Dr Quigley makes to ensuring Health care services are available in this district.

The Lower Eyre Family Practice promotes primary and preventatve health services, and provides 24 hour care for the community.

Dr Quigley is also applauded for his role in teaching and mentoring medical students.

Outstanding - Order of Australia Medal.

A Blast from the Past!

While researching information recently an early edition of Cummins Connection made interesting reading.

It was the third edition distributed in August 2000. A couple of enterprising locals spent time each month putting the Connection together, printing it and then getting it out to the community. Trevor Guppy was the main editor.

The first two pages have been reproduced at the end of this edition 23 years later! You may need to read it with a magnifying glass but definitely a worthwhile read! Enjoy recalling the memories.....

CUMMINS CONNECTION

INFO DUE 21 JULY 2023

For planned distribution on 31 July 2023

Please send content to cdec@dclep.sa.gov.au or scan the QR code to submit via our website.



CUMMINS TOWNSHIP MASTER PLAN

CONSULTATION ON THE DRAFT MASTER PLAN 26 JUNE 2023 - 24 JULY 2023



Holmes Dyer, on behalf of Lower Eyre Council, will be initiating the second stage of community consultation for the Cummins Township Master Plan next week.

The draft Master Plan along with the Implementation Strategy will be made available to the community on councils' website and will be supported by a survey and drop-in session.

Save the date!

The second and final stage of consultation on the draft Cummins Township Master Plan will be commencing soon.

This will be your last opportunity to comment on the draft Master Plan and provide feedback on the Implementation Plan that will guide the delivery of priorities identified in the Master Plan.

Mark your diary with these key dates:

- Community consultation start date 26th June 2023
- Community drop-in session 7th July 2023

12:00pm to 2:00pm

Location to be confirmed

- Community consultation close date – 24th July 2023

From 26th June 2023, the draft Master Plan and Implementation Plan will be available to view and download on Council's website along with supporting information and access to an online survey. A drop-in session will be held in Cummins for those who wish to provide verbal feedback and ask questions. Community members will also be able to provide written response via post or email. Keep a look out on Council's website and social media for more details about how and where to have your say.

www.lowereyrepeninsula.sa.gov.au



FREE

Skin Cancer Screening

A joint Project between

Cummins & District Lions Club with

the LIONS Medical Research Unit.

The team will conduct

FREE Skin Cancer Screenings

in Cummins on

Tuesday 18 July & Wednesday 19 July 2023

Cummins Railway Triangle BOOKINGS ESSENTIAL

Any follow up will be at your own cost



Bookings open 2 weeks before
ONLY between 9am and 5pm
Contact 0439 762 178





A: 19-21 Tumby Bay Rd

P: 08 8676 2210

E: admin@cumminsmedical.com.au

Services Offered at our Practice

Health assessments for 45–49 year olds, ATSI people, over 75 year olds & people with disabilities.

Women's Health, family planning and carvical screen.

Skin Checks and Mole scanning.

Home visits for those unable to access the clinic.

Vaccination: childhood schedule, school, adult, flu and Covid-19 & travel.

Chronic disease management through care planning.

Pathology collection and point of care testing (INR) for warfarin.

The fallowing groups have increased risk of serious disease from influenza, therefore Fluvaccinations are FREE for:

- Anyone aged 6 months-4 years of age
- Anyone 65+ years of age
- Anyone with medical risk factors

 (diabetes, renal disease, cardioc disease, chronic respiratory conditions, chronic neurological conditions, immunocompromised and many more)
- All Aboriginal and Torres Strait Islanders
- All pregnant women
- People who are homeless

DON'T FORGET YOUR FLU VAX

PROTECT YOURSELF,
YOUR FAMILY AND
YOUR COMMUNITY
AGAINST INFLUENZA
THIS WINTER



BOOK ONLINE VIA HOTDOC.COM.AU OR CALL 8676 2210

Coffin Bay Clinic

Dr Leanne Schroeder-Perrang

Toesdays from 2pm



Dr Gerard Quigley



Please call 06 8676 2210 to secure an appointment or go to hotdoc.com.au



Ordering Repost Scripts & Referrals Coline

This is an easy convenient way to order repeat stripts & repeat referrals without the need for a Doctor's appointment.

A fee of \$20 applies for this service

Booking appointments

Choose your preferred Doctor , for your preferred day, at your preferred location

Cummins or Coffin Nav

Go to hotdoc.com.au or download the app







RHIANNA'S RAVES

ifarmwell

At the beginning of the year I had the pleasure of listening to Dr Kate Gunn at the Mentally Fit EP conference. Kate is originally from Port Kenny and this wasn't the first time I'd listened to Kate speak. I was inspired by her Guest Speaker talk at the WoTL conference in early 2020 in Hahndorf.

When you have lived further afield, distance is rarely an issue. Having lived most of my life at Wudinna and Kate growing up on her family farm near Port Kenny, in my eyes this practically made us past neighbours and conversations between us have always been very authentic and sincere.

At the Mentally Fit EP Conference, Kate spoke about the iFarmwell project which was born after she had gone through a life changing event and went home to the farm to seek solace and breathe. She had needed time and space to plan her next steps, as her life direction had suddenly changed. During this time, it was having a beer with friends and family at the Port Kenny pub that Kate got inundated with local farmers coming up to her and having a chat either about friends who they were worried about or family. Some even shared personal experiences. She was respected and trusted and many community members, mostly male farmers, were reaching out for advice on varying degrees of wavering mental health.

It wasn't long after this experience that Kate came up with an idea, and in conjunction with researchers, other medical specialists and farmers, created iFarmwell. It is a series of 5 30-minute modules designed to help famers - men and women - cope effectively with life's changes. All the content has been designed and tested with Australian famers and the feedback has been amazing. The program includes email and text prompts to get you started which are relevant to all farmers.

I highly recommend you give this a go, you never know what you may find!

Lhianna.

https://ifarmwell.com.au

THE VILLAGE YOUTH HUB

Our Youth Hub is open again for our youth. Odd school term weeks (week 1,3,5,7,9) Wednesday nights, even weeks (weeks 2,4,6,8,10) Thursday nights. Warm food and drinks are provided.

Aimed at ages 12-17, the village provides a safe space for our youth to connect with their peers.

ARTS AT THE VILLAGE

We are opening The Village so you can come along with your art projects, mingle with like minded people, create connections and finish those art projects you've been putting off!

Last Thursday of each month - 6.45pm to 8.15pm BYO project and supplies. Tea and coffee provided.

BE HEARD (Just Listening)

After our Just Listening training with Matt Ball last year, a group of eager community members have helped to start our Be Heard program, whilst also volunteering their time on a weekly basis.

Be Heard is an alternative approach to mental wellbeing support, we offer a safe space for you to talk through your stories and thoughts. You take the lead, empowered and validated by the opportunity to express yourself freely without interruption.

We are open each Thursday from 12 - 2pm at The Our Town Village to listen to you, or you can call or text the Our Town Cummins Peer phone on 0476 651 327 for non urgent chats.

ALT2SU

Alt2Su is a free, peer-led group run by people with lived experience. It offers our community a non-clinical space where people can be honest about distress and experiences related to suicide without fear of forced treatment, other forms of coercion, or risk assessment that shuts conversation down.

Our Peer Connectors open our space up fortnightly on Thursdays from 6-7.30pm at The Our Town offices. Entry is through the back verandah off Durdin Street.

You can also contact the Our Town Cummins Peer phone on 0476 651 327 for non urgent chats.





Breaking News



Ungarra Primary schools playground has been deemed unfit for use in some areas.

Principal Rory Hunt is now on the hunt for sponsorship and donations to replace this section of the playground.

The school children have been busy painting artworks for their first SALA art exhibit.

WILL YOU DONATE? Cash donations, auctionable items & services are sought after.

NEW PLAYGROUND NEEDED

The opening night event on Friday August the 4th, will be a fundraiser for the playground with live music, delicious canapès and wonderful art.

Funds raised through the online auction, ticket sales and donations will be used to support the kids being free to play and use their imagination in this space once again.

To donate or come to the fundraiser visit. Ungarra Primary School Facebook page.

Libraries are the heart of our community.

But under a State Government deal your libraries will **lose \$16 million.**



lga.sa.gov.au/library

ocal Government Association

South Australia





🖂 cummins.libraryelibraries.sa.gov.au www.libraries.sa.gov.au/cummins

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Follow us on Facebook or Instagram 🕥

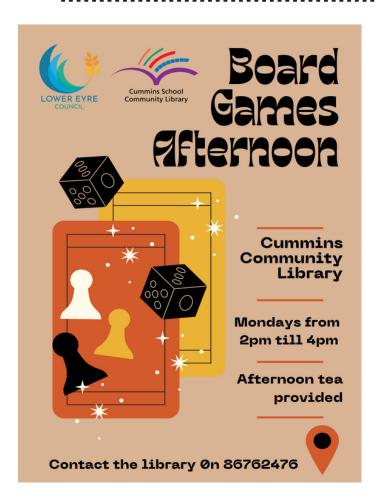
SIES (formerly SERU) support eligible children and young people from birth to year 12 with a disability or functional need to access, engage, participate and attain within the education system. We are delighted to have the opportunity to partner with SIES and Lower Eyre Council in this pilot program, hosting Specialised Inclusive Resources within our library for community members and professionals to access.





We invite you to view the **Specialised Inclusive Resources** available at the Cummins Library, in partnership with SERU/SIES and Lower Eyre Council. Wed. August 9 11.30am: Health Professionals 1.00pm: Community members 3.30pm: SSO and Teaching Staff

We will be showcasing these, plus how to access additional resources and support from SERU/SIES in 3 different sessions on Wed. August 9. Please contact us to register or for more information.



Board Games Afternoon in the library begin Monday June 26, @2.00 and will run weekly during term time. We have a wide range of cards and games to play, and all are welcome. Afternoon tea provided.



Our extension, pre-school STEM program, Little Bang Discovery Plus, will begin Wed. July 26 from 11.15 -12.00 and will run FORTNIGHTLY for the remainder of term. This exciting program continues exploring simple, science concepts in a fun, relaxed environment.

Registrations essential. Contact us on 86762476





OPEN EVERY TUESDAY & THURSDAY Enjoy the company. Play cards, chat or have a project. Visitors welcome

NOW AVAILABLE FROM MEN'S SHED

RAGS

5KG BAGS @ \$6 EACH

If required when Men's Shed is closed Contact Barry 0418 762 319

Kindling

as wood fire starter

available @ \$6 🜬





Magic 89.9 with West Coast Youth and Community Support is looking for donations of winter clothing & blankets plus tents, swags, and white goods (only after inspection) in GOOD or NEW condition.

DONATE TODAY AT ONE OF THE FOLLOWING DROP OFF LOCATIONS:





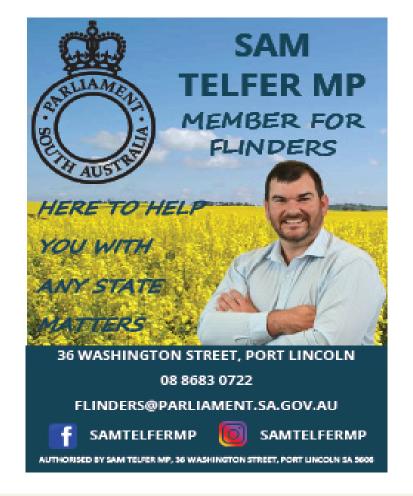














NOMINATIONS NOW OPEN

To nominate a worthy family or individual, scan the QR code or collect a hard copy from Our Town Cummins.



We realise that many people in our community will experience adversity. That's why **Our Town Cummins** has partnered with **Empowering Lower Eyre** and **Community Bendigo Bank - Cummins District** to create a "locals supporting locals" initiative. Aimed at reducing stigma through a whole-of-community support system, we want to lend a hand to those in our Cummins community who are going through major life changes, enduring financial or personal hardships, or even just having a bad week. We are ready to gift community members vouchers, help around the home, a listening ear, or any way their nominators see fit.

CONTACT: OURGIVINGVILLAGE@GMAIL.COM

PROJECT PARTNERS:









HOLIDAY GYMASTICS

Hey parents! Keep your kids active and entertained these winter holidays with our gym sessions led by qualified coaches. And to make it even better, we'll have the **HOWDY** coffee van (9-1PM), a trading table and raffle! Don't miss out on the fun - sign up now!

SESSIONS

SESSION 1 5-7 YEAR OLDS 9AM - 10.15AM SESSION 2

8-13 YEAR OLDS

10.30AM - 12PM

SESSION 3

5-7 YEAR OLDS

12.15PM - 1.30PM

SESSION 4

8-13 YEAR OLDS

1.45PM - 3.15PM

Sessions are for school aged kids only. No gymnastics experience is necessary. For safety reasons, please adhere to the strict pick up/drop off times. Please make sure your child wears tight fitted appropriate clothing with no zippers, buckles or jewellery.



\$20 PE





<u>cumminsgymnastics.eventbrite.com</u>

PAY ON THE DAY (CASH OR EFTPOS)

FOR REGISTRATION ENQUIRIES CONTACT KATRINA 0439 837 223
OR SESSION ENQUIRIES CONTACT SOPHIE 0418 813 995







CHAPTER TWO: Ingrid Kennerley

"I grew up at the Roseworthy Agricultural College Campus. Dad was a wheat breeder and he bred different varieties of wheat. I went to Roseworthy as a Uni student. In 1994 I moved to Cleve as I had won a position with PIRSA. I met my husband Brock at the Minnipa Agricultural Centre Fields Day in late 1995. Brock was a merchandise manager at the Elders Wudinna Branch at the time. We got married in 1998 and I moved to Wudinna and worked at Minnipa Agricultural Centre. In 2000 my contract was coming to an end and Brock wanted a change from Elders. As I was pregnant with Jacob, we decided it was time for a change. Brock applied and won the manager position at Carrs Seeds and that's how we ended up in Cummins.

A great love of mine is patchwork & quilting. I learnt basic sewing in high school in Home Ec. I loved it so much that mum bought me a sewing machine for my 16th birthday and I still have it! My first patchwork lesson was in the early 90s. It was a cushion made by hand and my mum still has it today. From there I went housesitting in Gawler which is where I started making my first quilt all by hand. I still have it unfinished, it's terrible! I learnt the hard way from the start.

When I was in Cleve from 1994 onwards, I started patchworking with my friend Marg. We sewed regularly even though we both worked full time. After work and weekends. We still have a strong friendship today and still sew together.

I dabbled a little bit when I lived in Wudinna but we were busy working had the farm at Lock to work on at weekends.

When I moved to Cummins, I knew no one. I was a

bit apprehensive to move to Cummins because out of all the towns on EP I didn't know anyone. Brock however had made connections through football and work and it wasn't as big an unknown for him.

I was heavily pregnant with Jacob, we got involved in Ramblers and Brock played footy. Once Jacob was born, I got out and about a bit more. I got to know Meredith, Jeannie and Midge through Ramblers and we soon realised that we had a common creative interest.

We started sewing together and taking it in turns at each other's houses. Coincidently Meredith, myself and Jeannie were all pregnant at the same time. So Nikkita, Lachlan and Joseph are a couple months apart in age and have spent a lot of their early years around each other.

One of our first times we got together to sew we went to Jeannie's house. The town had no power from a storm and it was freezing. It was so cold. Jeannie had the wood fire going. I still remember how freezing cold it was.

In the winter after the January 2005 fires, Jeannie had been approached by a group of ladies in Wanilla



who had sourced some recovery funding. They wanted Jeannie to do some patch work lessons with them as many women were still feeling the traumatic effects of the fires and some had even lost everything. It was a way of connecting and supporting each other. So, Jeannie, Meredith and I put together a table runner kit which Jeannie designed. We drove to Tumby Bay to pick out material and gave the ladies an option of 3 different colour ways.

Originally it was supposed to be a 6-week block, but the ladies enjoyed it so much that after the 6 weeks they wanted to continue. The Recovery Centre paid for more sessions and overall, we had 10 - 12 ladies most sessions.

In the second block, we designed a wall hanging which was paid for with left over grant money. The connection and friendship that was made was so special. The grant money paid for our kids to be babysat while we ran the sessions.

One lady had lost everything in the fires and had been attending the classes. The 3 of us were in regular contact with The Recovery Centre and Jane Smith. She would put aside items she thought were appropriate for the group which included a sewing machine. We knew exactly who to give that to. When we gave the sewing machine to the lady she was so overwhelmed by the generosity of the donation. It was so special for us to be able to do this for her.

We sewed on and off and on for about 12 months and we concluded with a successful exhibition at the Anglican Church in Cummins with several other artists. It was very emotional night and we were very proud of the Wanilla ladies' projects. As our kids became school age, we all got busy by life and going back to work but we still connected regularly.

I was sewing the day Brock passed away. I was making a bag for my mum's birthday which was a few days later. In that first 12 months of grief, I couldn't sew. I couldn't sit and concentrate. I had to go back to work and get my head around that. I did some small bits of hand sewing but anything big was just too hard. I spoke to a friend who had lost her mum and she said it was completely natural to feel like this.

When I was ready to get back in it, life had become very different. Work, kids, sporting & other commitments took priority. Jeannie and Meredith



were working, and all our lives had changed a bit. I did bits and pieces here and there.

My silver lining of COVID was getting back into sewing. In about July/August 2020 I found my way back to the Cummins Stitches. It was a connection and support I had needed and the opportunity appeared.

In 2021 it became even more important to have this group as I became an empty nester. I knew it was coming but I wasn't ready for what it would actually feel like.

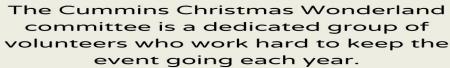
My sleep pattern changed. I had insomnia. I couldn't work out what was wrong. About a week after I got home after dropping Nikkita to Adelaide I left a friend's 50th birthday party early. I wasn't feeling right. I didn't want to socialise so I went home.

After talking to friends and a Doctor I realised that my Empty Nest syndrome was more complicated than those of my coupled friends. After Brock passed I had grieved what we had lost as a family and the process of suicide. But I hadn't actually grieved for myself and what I lost as the surviving partner.

I was emotionally overwhelmed. I had questions buzzing around my head like; where do I fit? What is my life now? Seeing the doctor and having conversations with friends and working through it with different people helped me acknowledge the feelings I had and focus on the positives.

I still have my various stitching friends new & old and they are all so important in my life now."

Humans of Cummins aims to reduce stigma around mental health and wellbeing, encourage people to 'not judge a book by its cover' and further encourage a sense of connection with our community members to reduce a sense of isolation. If you or someone you know would love to take part in this project please reach out to Rhianna at rhianna@ourtowncummins.com.au





The Wonderland provides a creative outlet for volunteers of all ages, levels and skills. If you are passionate about spreading the magic of the festive season, and have ideas and suggestions to help take our event to the next level we would love to see you at our AGM

AGM CUMMINS CHISTMAS WONDERLAND Monday 3 July 7pm

Cummins Hall Supper room

Apologies to Secretary Leanne Millhouse

Expression of Interest

The Cummins Bowling Club is currently looking to replace their Caterer/Kitchen Manager.

This position is required to organise and implement catering in the event the clubrooms are hired for an event eg funeral wake, corporate seminars, community meetings, lunches, birthdays etc, which are held separately to our bowling events.

On average, this could be 6-8 functions a year.

The clubrooms have a well equipped and functional commercial kitchen. Terms and conditions of this arrangement are negotiable.

If you or a sporting club group, are interested in taking on this position

> Please contact Jenny Gosling 0429873083 Joyleen Pedler 0429947784 Trish Clarke 0427867620



Reliable flights a priority for Council: Media Release – 22 June 2023

Lower Eyre Council is continuing to work with Regular Passenger Transport (RPT) airlines to avoid further disruptions and risk further detriment to community connectivity following Regional Express' announcement regarding its forecast negative financial end of year position.

Lower Eyre Council Chief Executive Officer Delfina Lanzilli and Mayor Jo-Anne Quigley want to reassure the community that as owner and operator of the Port Lincoln Airport, Lower Eyre Council is fully committed to continuing to explore avenues to maintain and further improve RPT services.

"Council is proactively positioning and planning to pitch Port Lincoln Airport as a preferred route destination to other airlines and we have been building a business case for a future model that will better support this," Mayor Quigley said.

Ms Lanzilli said Council was mapping a multi-prong approach to secure Port Lincoln-Adelaide air connectivity with the development of an airline-focused Investment Prospectus as an attraction tool, and progressing negotiations with RPT airlines to secure existing and increase flights.

With the support of Eyre Peninsula Councils, Council has continued to actively advocate to the relevant government departments to address the financial inequity being experienced by the regions brought about as a result of changes to security screening regulations.

Mayor Quigley said Council was thrilled to see its Motion on Notice unanimously passed in Canberra at last week's National General Assembly of Local Government, designed to influence the Federal Government to reconsider the relevant legislation.

Mayor Quigley thanked the community for its continued support of the Port Lincoln Airport, and reiterated Council was taking a proactive approach to ensure the airport met the needs of the region now and into the future.

CUMMINS CWA turning 90!

THE CWA BRANCH of CUMMINS 1933-2023

They formed Angust 17, 1933. Mrs CE Dolling and Mrs Rymill visited towns on Eyre Peninsula with the view of forming branches. 30 ladies were present and Miss I Stevenson was the first President. Meetings were held in the small iron Hall in the main Street of Cummins. Penny collections were taken to pay 2/6 Hall hire. The land was leased for 1 shilling a year, renewable every 21 years. The building belonged to the CWA. Another condition was that we would 'not create any nuisance nor do any act nor carry on any trade or business thereon which shall be an annoyance to the Owners of the land. The premises was not to be used for any illegal or immoral purpose'. A window blind cost 6/6, and the secondhand piano from Allan's cost 20 pounds. In 1950 they purchased a new one.

A branch of the CWA Younger Set was formed on June 3, 1939. Members worked diligently for the War effort, raising money with many dances, the orchestra was paid 1 pound. Skeins of wool were knitted into scarves, balaclavas, socks, jumpers and gloves. There is a record of how much wool each person took and what article they made! There was a lot of activity during the War years. In 1940, War Savings groups were formed, an Ambulance Fund started and later raised 50 pounds. A bag of donated cauliflowers raised 15/6. Bridge evenings were held, lunches on market days. An Ugly Man competition was run in conjunction with Cockaleechie and Yeelanna CWA. This must have been a domestic matter, as no record of proceeds were found. The books were audited and found to be correct that year!! All uniformed men of the Fighting Forces were given free refreshments at the railway station as they travelled through Cummins. In 1941 these cost from 17/6 to an average of 3 pounds per luncheon. These ceased in 1946.

Cummins became a member of the Octoman Group in 1941-42. The Cummins CWA Younger set ceased at the end of 1944. In 1944-45 permission was given to plant trees along Tumby Bay Road, to be named 'Memorial Avenue', and the RSL boys were asked to help. In 1947, fat was rendered down and sent to Britain in 44-gallon drums, along with many food parcels. Funds raised in 1948, to equip a Womens' ward in the proposed Cummins & District Hospital, amounted to 433 pounds. In their 21* year 5 dozen cups and saucers, sugar and milk jugs and 25 chairs for the Rest Room. Food parcels were still being sent to England in 1956-57

Mrs GW Mason became the first Group President for the new group, Marble Range. There was 58 members, 23 taking the 'Country Women Magazine'. 1957-58 the first Table Day was held and Cummins won. In 1966 Mrs Mason compiled the CWA History on Eyre Peninsula. The Cummins Branch has actively pursued the aims and objectives of the CWA Association. Priorities have now changed and the membership has dwindled, but they try to keep alive the great rich heritage left to them. Meetings are friendly and informative. We are looking for new members!!

HEARTS TO RESOLVE, HEAD TO CONTRIVE, HANDS TO EXECUTE ___

CUMMINS CWA turning 90!

THE CWA BRANCH of CUMMINS 1933-2023



The Institute and Hospital were generously assisted when the branch was more financial. The CWA has donated among other things, two sets of Stage curtains over the years. A donation of 520 pounds for the furnishing of the Women's Ward was donated to the Hospital Board on the day of the Opening of the Hospital in 1951. Money each year goes to State Objectives.

Table Days have always been an important part of the CWA. Cummins has attended all Handicraft Schools in the group and State level, one just recently. We won the Octoman Cup outright in 1961. Mrs Mavis Fauser was the Handicraft Secretary for the first Table Day. The Marble Range Banner was presented and made by Mrs Jericho who was Handicraft Secretary for 9 years. It is believed to be the first banner in the State. It depicts the Marble Ranges and the map of Lower Eyre Peninsula, with the Branch name embroidered in position and bearing the CWA Badge. Each letter took 1&1/2 hours. Now all Branches have their own Banner.

Dawne Cooper recently demonstrated the making of her traditional Sponge cake, much to the pleasure of the new members, especially when time to taste.

Most people will remember the CWA Cookbooks and will have used them when first married, knowing they were tested and very reliable. The CWA continues to work for the families in the country and the whole State of SA

Notes taken from write-ups of Jan Nitschke, and Bobbie Carr

2022-2023 Executive Officers: President Dawne Cooper, Vice President Valerie Hill, Secretary Marie Charlton, Treasurer Ann Appleton, Sunshine Lady Marie Charlton.

CUMMINS CONNECTION

3RD EDITION

August 2000

'We're ecstatic'

Congratulations to Cummins. We are to have a community bank.

It's raining and cold, so cold that even a certain painter is thinking it's time to dig out the overalls but it's also time for the third edition of "Cummins Connection". Thanks to all the people who have supported us this far with their articles. Keep them coming and keep us all informed about what is happening in our community. We have been asked if advertising is allowed in the newsletter. Yes as this is a means of covering some of the costs that until now have been met by the District Council [which means you and me]. Prices and sizes of advertisements will be finalised in readiness for the next Cummins Connection Newsletter.

Thanks to those who took the time to design a logo for the newsletter especially Hayley Cabot who sent in a disk with a selection of designs. The winner of the \$50 prize from Peter Arbury Cummins Chemist is Paula who suggested the Cummins on Track Logo which goes with our theme of getting connected and ties us together under one theme. Look out for the next edition.

Cummins CWA

Officers elected for 2000/2001 were: President Valerie Hill, secretary Lou Fuss, treasurer Anne Appleton, handicraft secretary Barbara Thring, hospital representative Jan Dodd and restroom bookings Bobbie Carr.

A donation of \$50 was sent towards the state objective.

The branch will celebrate its 67th birthday with a dinner at the Cummins Hotel on August 22 at 12 noon. The guest speaker will be Ryoko from Japan and the hostesses will be Iris Hebberman and Rhonda Greenshields. There will be another guest speaker in September.

A PAT ON THE BACK to:

* Everyone who sent in their Community Bank Survey forms to Bendigo Bank.

Although the response was initially slow - and therefore of some concern about the community's interest in having a bank in Cummins - the final tally of 633 surveys was received by Robert Moyle & Assoc. who are the consultants involved in the process of conducting the Feasibility Study for a Cummins Community Bank. All the information is treated confidentially, and the overall figures have been provided to Bendigo Bank for their decision about the setting up of a new bank. We are likely to hear their decision in the second week in August, and then the process involves about 20 weeks until opening the Bank.

The interviews held in our town with local business people and individuals were positive references about the business security and potential of our district, and the "Vics" were impressed by the overall "feel" of the community. Thankyou to all who participated.

* Congratulations to the Cummins AFS group for their endeavour.

There is a group of 10 Japanese students attending Cummins Area School for a 4 week Intensive English Language Course and all the girls are being hosted by local families. The programme is varied as it showcases rural life opportunities to ensure these young students experience Australian culture. There is a support network of adults and students organised to provide comfort for the visitors and give a balance to the people involved. An impressive endeavour, and well done to all concerned.

* Alice Domagalski and Sylvia haube were guest speakers at the recent State History Conference the field in Adelaide This was attended by 170 community-based historians from across the state so well done to these local writers who taxe already published records of their family history.

Do to know of anyone in the community with serves a Pat on the Back? Please give Wendy Rolman a call and we can include it in the next Cummins Connection. Phone 86768072 after hours.

NEWS from CUMMINS & DISTRICT ENTERPRISE COMMITTEE

A successful funding application was made to the Working Towns Programme through support of the Eyre Regional Development Board, to maintain the position of the Project Co-ordinator for our committee and the related network. This means that Michelle Mahoney will continue in her role for about 15 hours a week. She has been working in this position since December 1999 for 10 hours a week and with the continued support of the District Council of LEP we have been able to employ her. The success of this application includes over \$10,000 and in-kind support to maintain office facilities within the Council building. Sincere gratitude is expressed to the District Council for their significant role in making this possible.

With our search for money to support the community projects we are considering, we have access to many grant programmes, and although we are not able to follow up most of them, they may be of interest to other groups in the community. Contact Michelle Mahoney at the District Council Cummins office if you are looking for information BUT we are unable to compose the application for you.

The time involved in putting together a grant/ funding application is proving to be a difficulty for members of our committee. If there is any one keen to "try their Hand" at getting money for the community and feel they have some time to work on various grants, Wendy Holman would like to hear from you. (Phone 86762388 or 8678072AH).

Cummins Caravan Park

A caravan park is now a possibility Your support is needed

Please attend a Public meeting 12th September, 2000 8pm Hotel Conference room

Help us make it a reality!

The D.C. of Lower Eyre Peninsula have allocated funds in this financial year for the establishment of powered sites, and an ablution block. The community needs to show they want this to happen.

DID YOU KNOW? LOCAL INTERNET ACCESS

Since last September it has been possible for any one who can phone Cummins [86762----] for the price of a local phone call to connect to the internet for the same call price plus of course the cost charged by the internet provider. Basshams TV and Computer World of Port Lincoln and their local agent, Valerie Hill at Palm Court Crafts, provide this service. The internet provider is Telstra Big Pond so you get all of the benefits that Australia's largest internet provider can provide. There are many different competitive deals available for individuals and businesses. So if your phone bill has gone through the roof since going on the net or you are thinking of getting connected but didn't know you could get local call access support a local business and save yourself some money.

KALAMAZOO COMMITTEE!!

We need your help!!!

After our debrief meeting in May, it was unanimously decided to hold another Kalamazoo after the success of this year's event. The event will be held on 7 th April 2001. This is a great thing for the community and we look forward to planning another successful event. The Kalamazoo does not just create a positive feeling for the town and its people. It also brings money and recognition into our town, by way of the visitors coming to see us, media coverage (we were even seen in Queensland in the news!!) and the money generated by the stallholders, flowing back into the community.

Movever, to keep this going we need more help. We have had a very hardworking group of people running this event for the past three years and they

need NEW people and NEW ideas. This event cannot keep running, without more input from the community. If you love the idea and want to see the event continue, please come to our next meeting, or leave your name with Michelle or any of the committee members to register your interest. If you knock it and don't agree with it - come and tell us why!! And what you think should be done for this community instead. We are a community that does not sit back and let things happen to us - we are forward thinking and progressive - the Community Bank and Kalamazoo are examples of this.

We are planning on having a small group of sub-committees (ie) Sponsorship, Publicity & Promotion, Works (equipment for the day), Planning and also a list of people willing to help out on the day. Please contact Michelle if you would like to help out on any of these committees—there would not be many meetings and we would love to see some new faces and input.

The same group of people seem to be on most of the committees in town - don't you think it would be a good idea to help them out a bit with your time and ideas—we cannot move forward without the help of the WHOLE community - What do you think????

MISSING

Regarding this years event – has anyone seen the metallic 5CC signs that were taken? (inadvertently??). We will need to replace these and we do not have funds spare for unnecessary costs like this. If you know where they are or have them please leave them at the council office – or let a committee member know.

CUMMINS AGRICULTURAL & HORTICULTURAL SHOW SOCIETY INC.

The above society has formed a sub committee to look at making the Show more family orientated. It has been decided that the area on the western side (back) of the exhibit hall/secretaries office be an 'alley' consisting of food stalls and sideshows. To this end we are asking each club, business or individuals connected with the Cummins district to consider supplying some sort of 'Side Show' for children. We have asked that the charge be anything from 20cents to \$1 Just think how far that \$5 will go, and how much fun the kids can have (not to mention peace for parents!). These are some of the suggestions that have been put to the clubs/businesses but we're sure they or you can come up with some better ideas

Duck / Greasy Pig Races -Water Pistol Shooting Gallery - Skittles -

Quoits/horseshoe toss-

Apple in a Bucket -

Miniature Put-Put Golf -

Miniature Indoor bowls -

Darts / darts with balloons

Obstacle course -

Throwing water balloons at target -

Bag Sewing -

Animal Nursery -

Iron Man Competition - boat race/pie

eating/tug of war/?????? -

Harley Rides -

Buskers -

Kalamazoo rides -

Photos with a 'celebrity' -

Cast your mind over to the Adelaide Show and that 'show atmosphere'.

Please contact one of the people below as soon as possible if you wish to provide an activity or would be willing to help another group with an existing activity – they can put you in touch. It is important to inform us of your planned activity to avoid repetition.

 Joe Dahlitz
 867 64243

 Peter Arbery
 8676 2038

 Susan Modra
 8676 2054

 David Hacusler
 8676 2357

 Pip Minhard
 8676 2116

 David Frick
 8676 2100

 Peter Hall
 8676 5002

Maybe you have some thoughts on other ways in which the Show may be changed or improved — we look forward to hearing them! We need community support to keep <u>your</u> local Show moving ahead. We also look forward with anticipation to your support for Cummins Show 2000.

Signed: Mrs Daphne Mickan For "Entertainments Committee"

Ph/fax 86764242

Email: roemah@ozemail.com.au

Lower Eyre Health Services

A breast pump is now available from the Hospital for use by women with breast feeding difficulties. Please contact your midwife if you have need of this service.

Don't forget to keep the 3rd or 4th of November clear in your diaries. The Music Hall will be coming to a venue near you, and is shaping up to be a HUGE event.

A Men's Health Night is being organised on the 27th of October. This should prove to be a great night, so put that one in your diaries guys.

Please don't forget to book your outpatient appointments at the Hospital. The staff seriously appreciates the ability to plan for your needs.

Tiffany Gross EO/DON LANDCARE AT CUMMINS SCHOOL

Our Year 10 Science students will soon be involved in three different Landcare projects that are within close proximity to each other and the school. Agriculture students have been studying sustainable farming practices for some time but other environmental projects haven't been very accessible or long term as far as the students are concerned. So, for the school, this is an exciting move.

Project One

There is a track through remnant vegetation on the Warrow Road, near the Rec Centre dam. This is a pleasant walk, but it has been suggested by Nicole Reichelt, our Landcare Officer, that it could be improved by a clean-up, signs identifying certain plant species and collecting seeds to propagate for bare patches there and elsewhere. After that the track and vegetation would need to be maintained.

Project Two

The school and LEP Council are building a dam on the Ag block adjacent to the Warrow Road to collect town stormwater for watering the school's oval areas. The dam walls are going to be 3.5 m high so there will need to be a great deal of rehabilitation of the wall and surrounds, from windbreaks reducing evaporation to sedges growing on the inside banks.

Project Three

Between the remnant vegetation and the dam is the stormwater drain that will feed the dam. To ensure that the water we collect, as well as the dams for the town oval and bowling green, is as clean as possible, we will be working on the health of the drain. This means building a rubbish trap, digging a sediment pond, and replacing the couch grass that is growing in the drain with native water plants and sedges.

Recently the Science teachers met with Nicole, Mark Sindicic, a water resources consultant, Jeff Edwards, a revegetation consultant and David Hall from the Council, to plan some details and share ideas.

It was very clear from this meeting that the three projects offer a huge amount of very practical learning opportunities for our students for a long time to come. The enthusiasm and interest from the students and staff promises a very good start.

Chris Deslandes

Cummins Arts Council

In May we combined with the hall committee to present 'St. Patrick'. If May'. It was a very successful night May was provided by Irish duo 'Sahara' into the hall committee was very enjoyable and good tim. Profits from the night went to the hall committee to help with the purchase of new stage curtains

Thursday 17th of August at 7.30pm will be the AGM in the conference room at the pub. A programme of light entertainment will follow a very brief meeting by some of our very clever musicians, writers and artists. We will also be favoured by some items by the excellent new young band from Lincoln High School. Supper will conclude what we hope will be a successful evening and with your support and help to keep your arts council alive and active.

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FACT SHEET

DRAFT CUMMINS TOWNSHIP MASTER PLAN



Background

The Cummins Township Master Plan is being developed by the Lower Eyre Council. The Master Plan will provide a 20-year strategic framework and vision to guide the proactive and planned population and business growth and supporting investment required. Stage 1 of consultation was conducted in October 2022 and informed the actions and recommendations set out in the Master Plan and Implementation Strategy.

This Fact Sheet is best read in conjunction with the Implementation Strategy, which can be found on Council's webpage about the draft Cummins Township Master Plan.

Stage 1 Consultation Summary

Feedback received during Stage 1 identified a number of common, reoccurring themes that have been translated into key priorities in the Cummins Township Master Plan.

The top five priorities were:

- Delivery of a variety of new housing opportunities within Cummins. This housing should suit a range of different community demographic groups including families and downsizers and include key worker accommodation to reinforce Cummins as a major service centre of the Eyre Peninsula.
- 2. Resolve the future of the Cummins Rail Corridor. If the corridor is no longer required for freight transport, explore options within the current land ownership configuration to utilise this area for a range of community activation and beautification opportunities to connect the two sides of the Cummins Township, improve the appearance and provide a tourism attractor.
- Resolve traffic safety, parking, and management.
 This needs to be a balance between safety and opportunities for business activation and identify suitable solutions to manage everyday operations and peak harvest challenges.
- 4. <u>Improved health and aged care services, to support an aging population.</u>
- 5. <u>Increased childcare centre places.</u> With the current services at capacity, additional services are required to support Cummins and surrounding areas, which in turn will increase employment opportunities.

Key Investigations from the draft Cummins Township Master Plan

Open Space

The Master Plan undertakes a comparison of existing open space supply and distribution against the future growth prediction for Cummins. This includes the identification of any surplus open space and instances where land could be re-purposed for a higher and better use, e.g., to promote the broader objectives of the Master Plan by providing additional accommodation (tourism and housing) or tourism and community infrastructure.

Housing

It is critical for Cummins' economic future that the quantity and quality of housing is suitable to meet the demographic characteristics, housing aspirations and support the attraction and retention of employees. Housing challenges are not new to Cummins; and Lower Eyre Council has undertaken a range of initiatives over the last 15 years to attract more residential housing to Cummins, with varying success.

Both the market analysis considered in balance with the feedback provided through both the community and stakeholder consultation, reinforces that Lower Eyre Council's objectives to initiate additional serviced residential allotments and bring new housing to market is critical to support the future growth of Cummins. As a result, this goal remains a critical priority focus for the Cummins Township Master Plan.

Cummins Institute

In the short term, the continuation of community activities under the control of the CDEC (Cummins & District Enterprise Committee) is appropriate at the Cummins Institute. However, it is essential that there are reliable costings prepared for the securing of the long-term structural integrity of the building. Additional costings should be prepared for a range of alternative construction / demolition proposals and robust income streams projected for the various scenarios. Only then will Council be in a position to determine the future direction of the Institute.

Childcare

There is a shortage of childcare spaces within Cummins township. Existing places are provided through the Department for Education Rural Care and Preschool service. Opportunities to address this shortfall include the following:

- Attraction of a private sector operator;
- Provision of subsidised accommodation by Council to attract an operator;
- · Council operation of its own childcare centre;
- Preparation of proposals to attract additional subsidised places through the Department of Education Rural Care Preschool service.

Tourism

The Caravan Park site is relatively small (c.1 hectare in area) and therefore limited in its ability to accommodate short stay tourists and longer stay seasonal workers. Expansion of the facility could assist in Council's broader objectives of providing additional accommodation (albeit of a specific quality and market appeal) to support employment needs in the town, and to provide a more attractive short stay option for tourists. Improved amenities and a more attractive irrigated setting would be a desirable outcome for the existing site. The options available to grow the Caravan Park include the area immediately south of the current caravan park location on Tod Highway, south of Mortlock Street, or utilising part of the Showgrounds site off Mortlock / Ford Street or off Ponton Grove.

Main Street & Rail Corridor Enhancement

The rail corridor is a major dilemma for the township. On the one hand, its existence provides a visually interesting, heavily vegetated linear strip through the centre of town, which has great potential to be developed as a strong positive feature of the town. However, its control by One Rail and the uncertainty surrounding its possible re-establishment as a freight route limit the opportunity to invest in the alignment and creates considerable risk to the long-term holding of that investment. As of early 2023, One Rail and Viterra have made a request to the State Government for consideration to reopening the rail line, but no further action has occurred.

Accordingly, rather than progressing a comprehensive plan over the whole of the railway reserve, it is our view that a more responsible approach is to seek the rail operator's agreement to permit Council to landscape and invest in only selected portions of the rail reserve that are most critical to the beautification and functioning of the town centre.

Road Rail & Infrastructure Upgrades

The least intrusive option for the upgrade of Bruce and Railway Terrace in terms of avoiding tree removal and the need for acquisition of railway land is to create a slow speed environment along Bruce Terrace through signage, protuberances, landscaping, and threshold paving, which provides for maximum on street parking and nominated truck parking areas. The provision of parking at the rear of the retail premises and an additional link across the railway reserve to Railway Terrace then become non-essential optional additions that could be pursued by Council but are not fundamental to the success of the concept. Other features could include upgraded pedestrian paving to highlight the centre of township activities on both Bruce Terrace and Railway Terrace, selection of distinctive tree species to create a recognisable town centre precinct and the creation of picnic and play areas adjacent to the main retail shopping point for passing traffic.

Need further information

Holmes Dyer have been engaged to work with Council on this important project. Should you wish to ask questions or require further information on the Cummins Township Master Plan please contact Holmes Dyer on:

Phone: (08) 7231 1889

Email: engagement@holmesdyer.com.au

HOLMES DYER