

Cummins Connection

June 2020, Edition 204



The Cummins Our Town team are in the discovery phase of our research and are looking for people to talk to about their experiences of Mental Health in Cummins.

If you live in Cummins and have a lived experience or support someone who does we would love to hear from you and include your voice in our research.

Also, if anyone in the community has data, statistics or has read any literature they think we should see then please reach out to our committee.

Discovery is our opportunity to learn and understand so we can come up with a plan for our community's mental health future.

This is where we look at what we know already, what we want to learn and what others are doing.

Cummins Our Town Team:

- Sarah Dickinson
- Emma Gale
- Rachel Hunt
- Amanda Puckridge
- Mick Traeger
- Rhianna Foster
- Kris Speed

contact one of our team members
or email mentallyfitep2@gmail.com

**"Solutions for our community,
driven by our community!!"**





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Available through





For enquiries or to
book a driving lesson
please call Mel



**THE CUMMINS LIONS CLUB WOULD
LIKE TO THANK MATT GUPPY FOR
HIS GENEROUS DONATION OF FIRE
WOOD.**

**FIRE WOOD IS CUT, SPLIT & SOLD BY
CUMMINS LIONS CLUB VOLUNTEERS.
THE PROCEEDS ARE RETURNED TO
COMMUNITY VIA SPONSORSHIP,
PURCHASES & DONATIONS.**

**TO ARRANGE YOUR LOAD OF LIONS
CLUB FIRE WOOD THIS WINTER
PLEASE CONTACT IAN ROGERS
ON 0429 336 692**

FIRE WOOD



**CUMMINS COMMUNITY
OP SHOP**

RE-OPENS TUESDAY, JUNE 9TH

SHOP HOURS: 10am - 4pm Tuesday to Friday

PHONE: 8676 2245



Interested in solar?

Jedd Dunbar Electrical can design, supply and install solar to your home or business.

Call Jedd on 0433 212 160 for obligation free advice and quote.

www.jdeservices.com.au



WANTED land to lease on Lower Eyre Peninsula

LAND WANTED TO LEASE ON LOWER EYRE PENINSULA FOR THE 2021 SEASON.

OPEN TO SHARE FARMING AGREEMENT.

CURRENTLY RESIDING IN EDILLILIE AREA WITH 20+ YEARS MIXED FARMING EXPERIENCE.

CONTACT MATTHEW FOSTER
ON 0400 342 016

CUMMINS CONNECTION

INFO DUE THURSDAY 18 JUNE

For planned distribution on
Thursday 25th June (subject to change)
please send content to cdec@dclep.sa.gov.au



Expertise

Convenience

Reliability

8676 2246

40 BRUCE TERRACE
CUMMINS
SOUTH AUSTRALIA



A note from

Cummins Thrifty Link
Hardware;

Expecting freight in
Cummins?

Cummins Hardware is a
curtesy drop off point not a
paid contractor.

If contact details are on the
freight note the freight
company should contact
you. Not guaranteed.

Please call us and we can
advise if here or not.

If not you will need to
**TRACK YOUR OWN
FREIGHT**

Anyone that does not
respect this will have
freight refused to be left
here.

Thank you

Regards Management

CUMMINS HOTEL

Our doors are OPEN and we have seats available for you to join us for a drink, meals or coffee.
Bookings open now!

We are grateful for all your support during these difficult times and we can't wait to have your familiar faces, smiles and chatter through the doors.



OPEN FOR BOOKINGS 1st JUNE
Large and Small - Group Bookings Max 20



Book to avoid disappointment for Meals,
Drinks and Coffee/Cake as seat are limited



Entire Menu available Take-Away as per
current services during dining hours

CUMMINS HOTEL CONT...

Our capacity restrictions have significantly changed from pre Covid-19, so please call us to BOOK your table.
For a group of work mates catching up, or to dinner for two, a coffee with your friends; we want to serve you, so call us and we will arrange a table for you.

RECEPTION, ADMIN + TA COFFEE 9:30 AM MONDAY - SATURDAY

CALL 8676 2002 OR CALL SMS 0431 439 085

OUR FACILITIES:

- BAR
- DINING
- COFFEE
- ACCOMMODATION
- ATM
- TOILET
- BABY CHANGE TABLE
- CONFERENCE

Trading HOURS



MONDAY	3:00 pm - 8:30 pm
TUESDAY	3:00 pm - 8:30 pm
WEDNESDAY	11:00 pm - 8:30 pm
THURSDAY	11:00 am - 8:30 pm
FRIDAY	11:00 am - 10:00 pm
SATURDAY	11:00 am - 10:00 pm
SUNDAY	11:00 am - 2:00 pm

MEAL HOURS

5:30 pm - 7:30 pm
5:30 pm - 7:30 pm
12 - 2 pm & 5:30 - 7:30 pm
12 - 2 pm & 5:30 - 7:30 pm
12 - 2 pm & 5:30 - 7:30 pm
12 - 2 pm & 5:30 - 7:30 pm
CLOSED

LOWER EYRE FAMILY PRACTICE

ask that ALL PATIENTS REMAIN
IN THEIR CARS when attending
their GP appointments.

PLEASE CALL RECEPTION ON
ARRIVAL (86762210) AND
REMAIN IN YOUR CAR

YOU WILL BE CALLED WHEN
THE GP IS READY

This will assist with achieving appropriate social
distancing

Please alert reception if you require urgent attention or if it is
unsafe for you to remain in your car.

DISTRICT COUNCIL OF LOWER EYRE PENINSULA

CREATING CONNECTIONS **CANCELLED**

To protect the welfare of participants,
we regretfully advise that our Creating
Connections program has been
temporarily suspended until further
notice.

We apologise for any inconvenience.

2
0
2
0



LIT YOUR FIRE YET?

KINDLING BAGS FOR SALE

**\$5 per bag approx 6kgs
prepared by Cummins Men's Shed
phone 0427 601 201 to arrange collection**



A message from Paul Whillas (taken from the Cummins Community Notice Board, Facebook Page)

My wife, Judy, and I have been retired in Cummins for over 5 years now. During that time, she had a stroke, and I spent 7 weeks in hospital, recovering from having new heart valves installed.

I thought it was past time to say a huge thank you to the whole community, and many individuals, who have made this time so special. Certainly, the Corona virus has emphasised the strength, resilience and community spirit of the community, but this was evident from the first day we settled here, after my retirement, on Christmas day 2014, in the way we were welcomed, the friendly smiles and greetings for comparative strangers.

If i miss anyone I apologise, but there are some people I want to especially thank.

The best neighbours in the world. ie Louise and Dennis and Yvonne and Roger.

The many people who reached out and thought of us when each of us was in hospital, especially those who checked on Judy while I was in hospital

Liz Mickan who brought us some home cooked meals during the epidemic.

Sandra Wallace who messaged me because she was concerned that I hadn't been in for my weekend coffees and wanted to make sure we were well.

The other neighbours up and along the road who offered help and who responded so generously when I was talked into collecting for red cross about a week before the virus hit.

The lovely library ladies who kept us supplied with books etc.

The book club and Can Do fitness, who provided Zoom opportunities during the isolation period. (Even if I was too ancient to make the most of them.)

The frontline workers in every establishment, who were prepared to stick it out, before we found out things weren't going to be catastrophic, and who rapidly adapted with innovative ways to keep Cummins going.

Thanks, especially, to the chemist and Iga, who home delivered essential supplies to Judy, while I was in hospital, and to the meals on wheels volunteers who kept her fed.

A big thank you to the home care and health workers, who continued with their work, under especially trying times. I've had more contact with these people; from doctors, nurses and all the other workers involved, than I wanted, over the last five years, but the care and professionalism shown by all has been second to none.

Thanks to Amy, our gardener, who does a brilliant job, and provided us with wood when we ran out during the last cold/wet spell.

Friends and family have of course also helped us, but it has been the Cummins' community who have carried us through our time here, as i suspect they have supported many others.

We are not very involved with the community, especially given both our health issues, but try to support and give back where we can.

We don't intend in going anywhere, or dying, anytime soon 😊 but I felt the need to publicly thank the community.

We lost our house at Moonlight bay during the 2005 bushfire, while I was teaching at Tumby Bay, and the only thing which brought me to tears at the time was the kindness and generosity shown by so many people, including locals from the lower Eyre Peninsula.

Personally, there is no other place I would rather live, than within these communities.

Want a great Equipment Finance rate?



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WANTED

for the photo-board in the Cummins RSL Hall.

Service Portraits of Servicemen & Servicewomen

whose place of birth / hometown or
Residential locality on Enlistment or
Place of Enlistment
is included in the list below.

Please email **JPEG** copies to: CumminsYeelanna@rslsa.org.au

Don't forget to include the person's name and if known their Service Number

Thank you

The Cummins-Yeelanna RSL "area" covers such towns / localities as:

Cummins	Yeelanna
Brimpton Lake / Lake Brimpton	Mount Greenly
Brooker	Mount Hope
Cockaleechee	Mount Isabella
Coomaba	Murdinga
Coulta	Peachna
Edillilie	Perlah
Frenchman Bluff	Pilana
Frenchman Lookout	Tooligie
Frenchman Turn	Tooligie Hill
Kaldow	Ungarra *
Kapinnie	Wangary / Lake Wangary
Karkoo	Wanilla
Koppio	Warrow
Marble Range	Warunda
Moody	Wildeloo
Mount Drummond	Yallunda Flat
Mount Dutton	Yeltukka

and all places in between

* depending on family circumstances, but most Service personnel affiliate with Tumby Bay RSL

Please note these Service Portraits will also be posted on the
Cummins Yeelanna RSL FaceBook Photo Albums
unless informed otherwise.



**You can now purchase/order your weekly
and Saturday Advertiser, Sunday Mail,
Port Lincoln Times and Stock Journals
through Cummins IGA.
Call in or phone us on 8676 2004 if you
would like to organise your papers.**

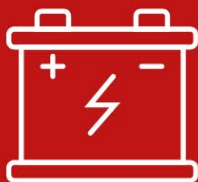


VEHICLE SERVICE

Is your vehicle service due? Don't delay booking it in at Cummins Garage. Avoidable damage could be occurring and compromising your safety and budget.



**Be Smart.
Be Safe.
Book Now.**

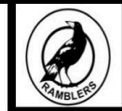


FREE BATTERY CHECK

Did you know that batteries are prone to failing in cold weather? If your vehicle has been hard to start then call in for a free battery check at Cummins Garage.

8676 2246

40 BRUCE TERRACE
CUMMINS
SOUTH AUSTRALIA



CUMMINS RAMBLER CLUBROOMS

BOOKINGS NOW TAKEN THROUGH
CUMMINS MGA

PH: 86763000
EMAIL: CUMMINS.RECEPTION@MGA.COM



Please Note!

Due to COVID-19 and current restrictions

Our Trading Hours have changed

Monday - Thursday
7am until 7:30pm

Friday
7am until 8pm

Saturday
8am until 8pm

Sunday
9am until 7pm

Kitchen closes half an hour before closing

We apologise for any
inconvenience
Hours are subject to change



THANKS FOR YOUR PATIENCE

The Library is now **OPEN to the public
AFTER SCHOOL HOURS and **Saturday mornings**,
for browsing and borrowing.**

Please Observe:

- ♦ School age patrons to borrow during the school day to avoid public opening times
- ♦ Social distancing rules: 1.5m apart. Please observe floor markings to maintain social distancing.
- ♦ Hand sanitiser is a condition of entry.
- ♦ 15 minute time limit within library
- ♦ Only 2 PC computers are available for 15 minute use.
- ♦ 10 person maximum within library: you may need to wait outside.
- ♦ Please DO NOT enter the Library if you are feeling unwell
- ♦ Delivery service still available to 70+ age group
- ♦ Please ring 86762476 with any queries

Rest assured we are following sanitising and hygienic practises as recommended by the Australian Library and Information Association, Safe Work Australia and the Local Government Association of SA.



Gear up to grow.

Contact your local branch for more
information about Equipment Finance
from Rural Bank.



Farmer focused.
Future driven.



Available through



Cummins Golf Course is OPEN to the public

Green Fees \$10 Adults, \$5 Juniors

These can be paid at the course in front of the clubhouse or EFT is accepted

BSB: 633-00 ACC: 172 872 988 REF: Name

Half price membership is available to all community members,

Adults \$70, Juniors \$30.

Competition golf to recommence soon and club house
to reopen when Covid restrictions are lifted.



CUMMINS GOLF CLUB

Membership

Surname: _____

Name: _____

DOB: ____/____/____ (required for Golf link Number)

Address: _____

Town: _____ Postcode: _____

Mobile No: _____

Email: _____

Full Membership: \$140

Pensioner: \$ 95

Covid Member \$ 70

Junior U 16 \$ 30

BSB: 633-000 Account: 172 872 988 Ref: Name

Please pay either Club Treasurer, Secretary or by EFT.

(Full membership must be paid to receive a Golf Link number and be eligible
to win competition.)

COUNCIL NEWS

Oyster HQ car park

Council deferred making a decision on Oyster HQ's application to build a carpark on the Esplanade in Coffin Bay at its May meeting. Council staff and Elected Members will inspect the site and will reconsider the request at its June meeting. *For the full report, refer Agenda Item W145 W&I/28/20 in the May agenda & minutes.*

Draft Budget 2020/21 update

Council held a second workshop on May 18 to progress the draft 2020/21 budget. Council will hold a special meeting at 2.30pm next Friday, May 29 to consider amendments arising from the second workshop and endorse the draft for community consultation. The draft budget will be released for public consultation on June 9, with submissions to close on July 3. Members of the public will have the opportunity to make a verbal submission for the consideration of Council at another special meeting on July 6 before the budget is formalised for adoption at Council's ordinary meeting on July 17.

Patrol grading

Roads due to be graded, weather permitting, in the fortnight from May 25 are:

Patrol O: Clarks Lane, Haigh Drive, Woods Road, McFarlane Road; Patrol N: Warrow Road, Glover Road, Lawrence Road, Douglas Well Road; Patrol P: Hyde Road, Fishery Bay Road, Sleaford Bay Road; Patrol Q: Warrow Road, Duck Lake Road. Please note: Newly graded roads during rainfall can become slippery, and while roads are monitored, Council encourages road users to be mindful and drive accordingly.

Coffin Bay car park design

Council has adopted a concept design for the town centre car park (at the rear of the yacht club) in Coffin Bay. *For the full report, refer Agenda Item W145 W&I/30/20 in the May agenda & minutes.*

Runway upgrade finished

Council staff have finished upgrading unsealed runway 15/33 at the Port Lincoln Airport. The runway is mainly used by General Aviation, the Royal Flying Doctor Service, Angel Flight, Country Fire Service for water bombing and Regional Express when the main runway unavailable.

Port Lincoln Airport flight schedule

Due to COVID-19, please be advised of a change in schedules for RPT flights to/from the Port Lincoln Airport.

Long weekend:

- Friday, June 5: arrival 1850 and departing 1910; Tuesday, June 9: arrival 1805 and departing 1825. There will be no flight on the Monday of June long weekend – it will be on Tuesday morning instead (normal 8.10am departure).

Ordinary schedule:

Adelaide to Port Lincoln:

- Monday, Depart Adelaide 7am
- Thursday, Depart Adelaide 7am
- Thursday, Depart Adelaide 3.05pm (changing to 5.15pm departure from June 4)

Port Lincoln to Adelaide:

- Monday, Depart Port Lincoln 8.10am
- Wednesday, Depart Port Lincoln 4.35pm
- Thursday, Depart Port Lincoln 8.10am
- Thursday, Depart Port Lincoln 4.15pm (changing to 6.25pm departure from June 4)
- Friday, Depart Port Lincoln 4.35pm

Closing today - Moveable Signs Policy

Feedback is invited on a new policy drafted by Council which provides guidance to businesses on the placement of moveable signs. The policy also outlines the materials signs should be constructed from and how many are permitted per premises (amongst other items). Comments on the draft policy can be sent to mail@dclep.sa.gov.au prior to 22 May 2020.

Railway crossing signs

Stop signs are being replaced with 'Railway not in use' signs across the district. One Rail Australia got permission from the Minister for Transport to change crossing signs on the railway lines on the Eyre Peninsula network.

Council has given permission for the signs to be changed on Council-owned roads.

Hardship Policy / COVID-19 Assistance

Council have adopted a new Financial hardship policy to assist ratepayers who are experiencing financial difficulty, with the policy including reference to emergency events - refer council website.

In relation to the current health pandemic Council have resolved

to waive fines and interest on payments for March through to August (inclusive) for those customers that can demonstrate a reduction of 30 per cent or more in business income, or who are experiencing a reduction in working hours due to the COVID-19 pandemic. Anyone experiencing difficulty is encouraged to contact the council office and discuss the options available to them on 8676 0400.

COVID-19 update - As at 13 May 2020

Council playgrounds & skate parks:

In line with current advice from the State Government, Council-owned playgrounds and Skateparks have been reopened and regular cleaning of the toilets associated with those reserves (where in place) is being undertaken.

All users of the facilities are expected to adhere to good hygiene and social distancing practices and ensure no more than 10 people are using the facility. Please note that if you arrive at a playground or Skate Park and there are 10 people in the area, you will need to return at a different time.

Council campgrounds: The Farm Beach and Louth Bay Campgrounds have been reopened and signage has been put in place to advise patrons to leave sufficient spacing between camp sites and ensure good hygiene and social distancing is observed.

Council facilities and services

The following Council assets / services currently remain closed or suspended:

Council owned & operated public BBQs;

Hiring of the community bus; Creating Connections (over 50's program); and

The Cummins Institute (including the public toilets).

While Community Halls have been permitted to reopen by the State Government, the Cummins Institute is being utilised by a third party for the provision of health services at this time, therefore reopening can not yet be facilitated.

Council office hours: The current opening hours for each office are outlined below:

Cummins Council Office: Monday to Friday, 9am – 12pm

Port Lincoln Branch office: Monday only - 10am - 1 pm & 2pm – 4pm

Appointments can be made outside of these times via prior arrangement with the relevant

staff members, and Council staff will continue to be available via phone (86760400) or email (mail@dclep.sa.gov.au) between 9am and 5pm, Monday to Friday. A return to ordinary opening hours will be assessed in early June.

Dog registration fees

Council has set dog registration fees for the 2020/21 year. Some fees include: Standard dog (desexed & microchipped): \$30 or \$16 for concession; Working Dog: \$15; Breeder: \$75. *For the full report and all charges, refer Agenda Item D119 DES/07/20 in the May minutes.*

Reminder - Microchip your dog

Just a reminder to please microchip your dog so if it is lost Council staff can identify the dog and its owner. With winter approaching there is an increased chance of dogs going missing during storms so please book in with your local vet.

COMMUNITY

Cummins & District Talent Show

People are encouraged to get on board the Cummins & District Talent Show, hosted by Lower Eyre Family Practice.

Submit a video to the Facebook page for it to be posted and voted on. Go in the draw to win a \$100 voucher to a local business. Enter before May 29!

Our Town

Cummins volunteers are gearing up for 'Our Town' - a mental health initiative that will ultimately see three South Australian towns receive 10 years funding to find sustainable, community-based solutions to mental health challenges. Our Town is an opportunity for Cummins as a community to build our capacity to support each other through the development of good mental health and wellbeing practices. Our Town is unique in that our voices lead what is to be done in our community, for our community.

If you would like to speak to any of the volunteers about your ideas for the future of Mental Health initiatives in Cummins, reach out to anyone on the team: Emma Gale, Sarah Dickinson, Amanda Puckridge, Kris Speed, Rhianna Foster, Rachael Hunt and Michael Traeger. Our Town is funded by the Fay Fuller Foundation and supported by The Australian Centre for Social Innovation, Clear Horizon and the FRRR.