

The Coffin Bay Sun



March 2023

Initiative of the Coffin
Bay Progress
Association

coffinbaysun@gmail.com

Featured in this Month's Edition:

- Upcoming BAMB Markets happening in April!
- New Businesses Advertising
- Wow the Coffin Bay IGA Raised \$1000 for the CB SAAS!

There's lots to see & do in the Bay!

CONTACT US

President: Georgina Lewis

Vice President: Jacki Egan

Secretary: Tracey Matheson 0431 424 790

Public Officer: Tracey Matheson 0431 424 790

Treasurer & Hall Booking Officer: Linda Christian 0409 092 168

Coffin Bay Sun: Holly Gill 0424 989 360

Hall Flag: Sandra Peters 0408 895 674 – Peter & Lorraine Bradford 0428 854 138

Next Progress Association meeting is 2nd Tuesday of the month at 7pm in the kitchen of the Coffin Bay Hall. All welcome to attend

Happy
Easter

EASTER SUNDAY BAMM

Easter Sunday, April 9th 11am-4pm

Beach

Arts

Music

Markets

Coffin Bay Foreshore



Proudly presented by Coffin Bay Progress Association



EP TECH

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MAKE YOUR TRIP SAFE, MEMORABLE & ENJOYABLE

KING ISLAND

6 DAYS 26th - 31st MARCH 2023

\$3,960 pp inc return flights ADL MELB KI

VICTORIAN HIGH COUNTRY & AUTUMN LEAVES

10 DAYS 23rd APRIL - 2nd MAY 2023

\$3250 pp Spectacular!

LORD HOWE ISLAND

8-16TH MAY 2023

\$6010 pp Inc all flights

SUNSHINE COAST, GOLD COAST & BRISBANE, SCENIC RIM

19 DAYS 25th MAY - 12th JUNE 2023

\$6390 pp Will be super!

COASTLINE OF WA & NORTHERN TERRITORY

42 days 21st June - 1st August 2023

\$17,850 pp filling fast!

WHALES HEAD OF BIGHT

14th - 17th August 2023

\$1950 pp inc return Adel - Pt Lincoln flights

HAWAII, CANADA & ALASKA

22 DAYS 31st AUG - 23rd SEPT 2023

\$18,200 pp plus flights

CANBERRA HIGHLIGHTS & FLORIADE

3rd-12th October 2023

\$2890 pp Very popular!

KANGAROO ISLAND

23RD - 28TH NOV 2023

HAWAII NOV/DEC 2023

JAPAN CHERRY BLOSSOM FESTIVAL 2024

NEW CALEDONIA 2024

LIGHTNING RIDGE - APRIL 2024

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Coffin Bay Sun Advertising Pricing 2023

| | |
|------------------|---|
| Front page | 2/3 page \$20 per month |
| Meet the locals | ½ page free (one per month) |
| Business listing | Business name + phone number \$5 per year |
| 1/8 page | \$3 per month or \$30/year |
| ¼ page | \$5 per month or \$50/year |
| ½ Page | \$8 per month or \$80/year |
| Full page | \$15 per month |

Invoices will be sent from The Coffin Bay Progress Association on booking.
Please contact the editor coffinbaysun@gmail.com to arrange your advertising for 2023.
Please keep your adverts up to date and include any monthly special events.

CEA-SIDE STITCHERS

We meet Friday mornings 9-12 at Coffin Bay Golf Clubrooms.

We extend an invitation to anyone (residents or visitors) interested in **quilting, sewing or needlework** to join us at our weekly get together.

Bring along your machine or knitting etc. All welcome.



Coffin Bay Playgroup

Meet at the Coffin Bay Hall on Mondays 10am-12 noon during school term. Bring \$2 entry and a piece of fruit to share.

Visitors are welcome.



CUMMINS OP SHOP

Celebrating 30 Years of Supporting the Local Community.

**Open Tuesday – Friday
10am – 4pm**

**Urgently Needing New
Volunteers!**

Contact 8676 2345 or Jane 0418 697 179 if you're interested in volunteering or if have any donations!



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IN ASSOCIATION WITH SALT FESTIVAL

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THREE DAYS OF LIGHT AND MUSIC
FEATURING IMMERSIVE LIGHT SHOW

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FRI 28 APR

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SAT 29 APR

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AND THE
KINGFISHERS
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March 2023



Lower Eyre Family Practice



What's New At

A: 19-21 Tumbay Bay Rd

P: 08 8676 2210

E: admin@cumminsmedical.com.au

Coffin Bay Clinic

Dr Leanne Schroeder-Perrang **Dr Gerard Quigley**

Tuesdays from 2pm

Wednesdays from 2pm

Please call **08 8676 2210** to secure an appointment or go to hotdoc.com.au

Please be Aware

If you are attending the practice for any reason, masks are still a requirement of entry.



**University of
Adelaide
Medical Students**

We welcome our next 5th Year
Medical Students
for placements in 2023.

**Katherine Dumas
&
Owen Taylor**

Katherine and Owen will be with us from
27 March, 2023 to 19 May, 2023

Please help us to make them feel welcome
during their stay, by saying hello if you see
them out and about.

We send our best wishes to one of our
original Clinic Nurses as we farewell
EN Karen Lynch.

Karen has been an invaluable part of the
team since December, 2010.



Karen's main focus has been providing
Health Assessments for our Over 75 patients, which has
included Home Visits. She has been an amazing contact
for those involved, showing much care & we're sure has
shared quite a few laughs along the way.

Karen will be missed & we wish her all the best for
whatever lays ahead & thank her for her time with us.



Ordering Repeat Scripts & Referrals Online

This is an easy convenient way to order
repeat scripts & repeat referrals without the need for a
Doctor's appointment.

A fee of \$20 applies for this service

Booking appointments

Choose your preferred Doctor for your preferred day, at
your preferred location - Cummins or Coffin Bay
Go to hotdoc.com.au or download the app

Lower Eyre Family Practice

Will be Closed

*Monday, March 13th for the
Adelaide Cup Public Holiday*

*For After Hours or Emergency please call
Cummins & District Memorial Hospital*

on 86760200



COMING SOON

**COVID-19 VACCINATION BOOSTERS
WE WILL ADVISE VIA FACEBOOK WHEN WE
COMMENCE TAKING APPOINTMENTS .**

Coffin Bay IGA donates to local SA Ambulance Service

This month the Coffin Bay SAAS crew would like to say a massive thanks to Coffin Bay IGA for their donation of \$1000. The funds will be used to purchase a lifting chair for our ambulance – a specialist piece of equipment that helps us provide the best possible care for our community. These funds were raised by you, the Coffin Bay community! When you purchase a Community Co. product from Coffin Bay IGA a portion of the sale goes back into your community through donations like this. Locals supporting locals!

We've been out and about with training in February, with a mission down the bottom of the cliff at 'Flatties'. We were joined by a couple of members of the SAAS Remote Team – local paramedics who have been trained by the SAAS Special Operations Team in technical rescue skills including vertical access and steep incline. The lone surfer at Flatties that night said he had never felt so safe surfing alone at dusk.



Interested in volunteering with SA Ambulance Service in Coffin Bay? Call the Regional Team Leader on 0428 822 031 or the Volunteer Support Unit on 1300 175 584 (Monday to Friday, 8.30am to 4.30pm). Or apply through the SAAS website: www.saasvolunteer.sa.gov.au or email SAASvolunteer@sa.gov.au.

SAAS provide the necessary training, which is totally free of charge, and at the end of your training you'll walk away with a nationally accredited Certificate IV in Health Care.



With flexible rosters that can work around your lifestyle, you don't always need to be at the ambulance station when on-call. There's no better time to take control in an emergency, to help save the lives of others.



COFFIN BAY LIBRARY

✉ cummins.library@libraries.sa.gov.au
🌐 www.libraries.sa.gov.au/cummins
☎ 86762476
📺 Follow us on Facebook or Instagram



Welcome Haley!

It was lovely to recently share Library Lovers' Morning Tea together, have a 'blind date with a book' and welcome our newest staff member to the library, Haley Diment!

Haley currently works at Cummins Library on Fridays, assisting with Baby Bounce and Nature Play. She also manages our Book Delivery Service within Cummins, plus processing new books, shelving and customer service.

Haley will be supporting our Digital Assist program currently on offer, visiting the Coffin Bay Library every Thursday morning between 10.00 - 12.00.



We are very excited for Haley to join our team - her friendly, bubbly nature is delightful and her youthful enthusiasm and energy, much appreciated!

Please drop in and make yourself known to Haley on Thursday mornings!



SAVE THE DATE:

**SURPRISE, POPULAR AUTHOR VISIT
THURSDAY APRIL 13**

MORE DETAILS TO FOLLOW...STAY TUNED.



Cummins Recyclers

We are in Coffin Bay

Sunday 19th March

10am till 1pm
6-8 Lawrie Street
Phone Heather: 0429 082 656



Lower Eyre
Coastcare
Association

We meet for our regular monthly workdays on the last Monday of the month and other workdays as required. Check us out on [f @lepcoastcare](#) to stay up to date with our current projects and workdays.

On the last Monday we meet at the Coffin Bay boat ramp BBQ area, 8.30 am. Visitors most welcome.

We undertake varied activities around the coastline of Lower Eyre Peninsula, including collecting native plant seed, growing native plant seedlings, organising the annual Greenly Beach planting day, beach cleanups, coastal erosion management and increasingly campsite management.

Contact us for more information or to register your interest.
email lowereyrecoastcare@gmail.com
or call Kerryn McEwan 0498 387 961

Volunteers caring for our coast



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Mobile **0408 896 258**
www.dunebustersportlincoln.info

Pilates classes at the Community Hall!

Every Friday morning
at 9:30am.

Please contact Alyssa on
0438 021 638
for more information.

Everyone is welcome,
however numbers are limited



ADORE YOUR CORE
PILATES



Telephone:

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Email

Poestman1@bigpond.com

65 Shepperd Ave poestman1@bigpond.com

Peter Oestmann

ABN 63261361771

Handyman

General Maintenance

Painting

Coffin Bay Pharmacy

Please kindly note that the operating
timing for pharmacy has changed

MONDAY to FRIDAY: 9:30 AM TO 5 PM

SATURDAY: 9:30 AM TO 12 PM

SUNDAY AND PUBLIC HOLIDAYS: CLOSED

Address: 2 Flinders Avenue, Coffin Bay, SA-
5607

Phone: 08-8685 4080



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COFFIN BAY TOURIST ASSOCIATION

PO Box 35 Coffin Bay SA 5607
Email: mjackson@discoveryparks.com.au



**SUPPORTS LOCAL BUSINESS, CLUBS & ACCOMMODATION PROPERTIES
IN COFFIN BAY & SURROUNDS**

Membership Forms: <https://coffinbay.net/contact/membership-application/>



If you are a local business or a member..
the new local 2023 visitor brochures and tear off maps are available from
the Discovery Park, Coffin Bay. Drop into the office to collect!

The website www.coffinbay.net has all the
current information regarding the exciting
“**Baylight 2023**” event.

Please book a ticket now for the best view,
which is right on the foreshore lawns!



The website continues to be a valuable tool for businesses, visitors
and locals, providing links to park passes, local tour information,
accommodation, dining out, local business directory and much more.



Follow “COFFIN BAY” on Facebook & “coffinbay5607” on Instagram

Volunteer in your Community



Coffin Bay Bowling Club Needs You!!

With several members having retired from bowls or moved away, we are needing new players to join our club and enjoy our fantastic sport.

Our friendly group of members will welcome any interested persons, regardless of playing ability or experience to come along and enjoy the game of bowls. Our facilities are arguably the best on Eyre Peninsula, and members can enjoy bowls from social bowls through to pennant competition.

If you think you might like to give bowls a try, contact **Paul Phillips - 0411 881 474**

OR

Peter and Lorraine Shepperd 0427 103 492



The Yacht Club has been built on the strength of its volunteers. From building the clubhouse, running the kitchen and the bar, offering sail training to the community, volunteers have provided the energy, skills and commitment every step of the way.

Are you looking for a chance to give back to your community? Are you new to town and want to meet some locals? If you can spare a few hours a month to help in our kitchen or bar, then come & join our team with the added bonus of an amazing view, a free meal & drink on the night and a voucher to return with your family or friends in your own time.

The club's focus is to foster a love for the sea, to promote sailing and water sports in our bay, and to provide a meeting place for locals, families and visitors. Well known for the friendly and welcoming atmosphere, the Coffin Bay Yacht Club strives to continue to be a vital part of the Coffin Bay community.

Volunteer on your own, with a friend or even in a group of friends. To join, contact cbyc01@gmail.com or 0486 046 448 or drop in to the club.



Lake Wangary School Fundraiser

LWS has positioned bottle and can recycling trailers in Coffin Bay (behind the hall), at Lake Wangary School (visible from Farm Beach Rd) and at Farm Beach Caravan Park.

We thank all those who donate bottles and cans. The money goes towards our learning programs and facilities. Please contact the school if you have high levels of bottles and cans you need removed and we may be able to help. Thanks from LWS.

Please NO Rubbish

WINE Bottles are OK



Remove ALL Lids

ONLY 10c Deposit Items

Need a Painter?

Experienced Painter with over 40 years in the trade. Quality workmanship and very reliable. Previously worked for high profile clients.

Phone Ray on 0408 860 944 for a free quote!



WHAT'S ON AT THE COMMUNITY HALL IN MARCH

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|----------------------------------|-----------------------------|---|--|---|-------------------------------------|--------------------|
| | | | 1 Dr Rowe (clinic room) Yoga 6-7pm | 2 Dr Rowe (clinic room) Library a.m. | 3 Pilates class 9.30 - 10.30a.m. | 4 Library a.m. |
| 5 | 6 Playgroup 10am-12noon | 7 Country & Outback Health (clinic room) | 8 Dr Rowe (clinic room) Yoga 6-7pm | 9 Library a.m. | 10 Pilates class 9.30 - 10.30am | 11 Library a.m. |
| 12 Market 10 a.m. – 2.30 p.m. | 13 Public Holiday | 14 C & O Health (clinic room) CBPA Meet 7pm | 15 Dr Rowe (clinic room) Yoga 6-7 pm | 16 Library a.m. Dr Rowe (clinic room) | 17 Pilates class 9.30-10.30am | 18 Library a.m. |
| 19 Drum Circle 1.30-3.00pm | 20 Playgroup 10am-12noon | 21 | 22 Dr Rowe (clinic room) | 23 Library a.m. | 24 Pilates class 9.30-10.30am | 25 Library a.m. |
| 26 | 27 Playgroup 10am-12noon | 28 C & O Health (clinic room) | 29 Dr Rowe (clinic room) Yoga 6-7pm | 30 Library .am. | 31 Pilates class 9.30-10.30am | |

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ULTIMATE CELEBRATIONS

Are you visiting Coffin Bay for a special occasion?

Looking to decorate your accommodation or venue for an event?

Do you need extra chairs, tables, glassware or other hire items for your guests? We also have a huge list of hire items for weddings, parties, anniversaries, memorials and corporate events

Ultimate Celebrations also supply balloons, from personalised balloons, gender reveal, balloon arch, bouquets, surprise boxes, party supplies and much more.

Contact the team to place your balloon order or to arrange the supply and delivery of hire items for your next 'Ultimate' event



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Shop:
20 Lewis St Port Lincoln
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Port Lincoln Hire is your local equipment hire company servicing the Lower Eyre Peninsula!

COFFIN BAY SURF CO.



With our love of the Surf and Sea, we are passionate about promoting and supporting our community. We have developed a range of items from hoodies, tee's and pants to bags, hats, towels and much more.

Browse online at:

www.coffinbaysurfco.com.au
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COFFIN BAY POST OFFICE & GIFT SHOP

Friday March 17th, 2023

Pop down make donation to a fabulous cause and purchase some goodies
from the bake stand on the day.

(if you wish to make a donation to the bake stand
(sausage rolls, cakes etc.) that would be appreciated.

With kindness

Fi



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**COFFIN BAY COMMUNITY CHURCH
CNR HAGGARTY & TAPLEY STS**

(A JOINT INITIATIVE OF THE LUTHERAN & UNITING CHURCHES
IN AUSTRALIA, WORSHIPING TOGETHER IN CHRISTIAN UNITY.)



From March - Sunday Service will be at
9am on the 1st, 3rd & 5th of Each
Month

WELCOME!

**Catholic Mass 6pm on the First
Sunday of each month**

Jesus said, "I have come that you may have life and
have it to the full," John 10: 10 TNIV

Mt Dutton Bay

~ WOOLSHED ~

State Heritage Listed(c1875)

- Licensed Café *open 10-4pm Fri Sat & Sun
- Museum – shearing, fishing & farming items
- Heritage Stone Cottage Accommodation
- Hostel Retreat Accommodation
- Caravan Park WIKI Campsite
- Onsite Manager

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P 0886 854031 M 0427 603 041

www.duttonbay.com Find us on Facebook!



Bookings - Catering - Club Function Hire - Enquiries
Call: **08 8685 4302**

Email: coffinbaysportingassociation@gmail.com

www.coffinbaysportingclub.com

BOWLS

Wednesday & Saturday Competition

..have a roll any other time! Contact PAUL 0411 881 474

GOLF

Full Member \$185.. Juniors \$44

Contact STEVE 0427 854 379

Motorised Golf Cart Hire \$40 – Contact IAN 0415 290 921

Drivers Licence Essential

Thursday MENS competition – names in by noon

Tuesday LADIES competition – names in by noon

Sunday MENS & LADIES – names in by noon

Green fee players **WELCOME!**

**Come on up to the Club
for a delicious MEAL**

~ Served by the team from 1802 ~

THURSDAY Night

\$15 Chicken Schnitzel plus regular menu

5.30 pm - 8.30 pm

SATURDAY Night 5.30 pm - 8.30 pm

SUNDAY Breakfast 9.00 am - 11.00 am

Please call or text **0423 459 167**

to book your table!

Follow the link for MENU details...

www.mryum.com/coffin-bay

Bar **OPEN** from 5pm

Find us at the top of
Giles Road, COFFIN BAY



Home-made Breakfast every Sunday
cooked by Chef Andy & Chef Kevin

Breakfast MENU



Contact Us:
0423 459 167

Eggs On Toast - With either home-made white sourdough or home-made 5 seed rye & butter \$12.50

Choose: Poached, Scrambled or Fried

Build your own breakfast by adding:

Bacon \$6 Avocado \$3.50 Wilted Greens \$3.50 Smoked Salmon \$7.50

Pork Sausage \$6 Hollandaise \$2.50 Home-made Hash Brown \$5

Extra Egg \$2 Gluten-Free Bread \$2

Beastie Breakfast - Home-made hash brown, wilted greens, tomato, \$25.50
Burger fried duck egg, smashed sausage, bacon, hollandaise & cheese

Herbed Falafel - Sweet potato hummus, pitta chips & miso glazed \$23.00
cauliflower GF, Vegan

Add: Smoked Salmon \$7.50 Pork Sausage \$6 Bacon \$6 Extra Egg \$2

Crispy Pork - Wilted greens, balsamic onion, homemade \$25.00
Belly Benny hash brown & hollandaise sauce GF

Add: Avocado \$3.50 Extra Egg \$2

Smoked Salmon - Potato hash, horseradish & dill yoghurt, poached \$28.00
Hash egg & spinach GF

Add: Avocado \$3.50 Extra Egg \$2

Strawberries & Cream - Whipped mascarpone, spiced maple syrup \$21.00
French Toast & fairy floss Veg

Add Bacon \$6

Scan the QR Codes on the table to order.
Ask our Staff for help if required.

Coffin Bay 2023 Oyster walk coastal reserve weed control and vegetation management project



The Lower Eyre Coastcare volunteers have received funding from both the Lower Eyre Council and the Landscape Board to undertake weed control and revegetation of degraded areas in the coastal reserve in Coffin Bay surrounding the Oyster walk.



Polygala

We will be engaging a bushcare accredited contractor to undertake the appropriate removal of a range of larger weedy trees and shrubs that have escaped from gardens. One weed everyone can keep a lookout for and remove from your own garden is *Polygala myrtifolia*. This weed is highly flammable alive or dead and not one you want around your house. It also readily seeds and spreads into the native vegetation. A good replacement in your garden is the local native plant Cockies tongue *Templetonia retusa*). If you would like help to identify Polygala get in touch.



Cockies tongue

Adopt a Patch: if you would like to adopt a patch of the foreshore vegetation to look after we would love to hear from you. It only has to be a small patch. Perhaps you have a favourite spot that you walk through regularly or a spot that's special to you for whatever reason or you can just want to keep an eye on things. This could be picking up litter, reporting any weeds, and keeping an eye on new plants if they are planted in your area and reporting things like rubbish dumping. We will look over the patch with you so you can tell the weeds from the native plants if you're not sure. Adopting and caring for a patch is a great family activity.

A reminder that the coastal reserve is Crown Land managed by council. Under the Native Vegetation Act it is an offence to clear any native vegetation without a permit. *Clearance* includes the killing or destruction of native vegetation **and** the severing of branches, limbs, stems or trunks of native vegetation. This is also public land where Council has provided several properly constructed access points for the public to access the Oyster walk and the water. Clearing a private pathway through the vegetation is a criminal act.

Sadly, there have been several recent occurrences of illegal clearing of native vegetation along the Oyster walk coastal reserve. These areas will be replanted along with three areas where council undertook a trial of dead wood removal and other areas where weeds are removed. The trial results showed that the areas that were cleared of dead wood were now more prone to increased growth of flammable weeds and wind and water erosion and the recommendation was for the sites to be revegetated (for more information check the council meeting agenda and minutes from April 2022).

Save the date: Sunday May 7th 9am-12pm Coffin Bay Clean up Australia Day.

An Initiative of the Coffin Bay Tourist Association, Coffin Bay Progress Association and Lower Eyre Coastcare Association. Details coming.

Contact us at lowereyrecoastcare@gmail.com



General Classifieds

A.A. MEETINGS

Please Contact
0427 854 585
0427 944 985

WASTE TRANSFER STATION OPERATING TIMES

Coffin Bay

Facility is open to the public during the following hours:

Tuesday – 2pm to 4pm

Wednesday – 9am to Noon

Sunday – 9am to 12 Noon

www.lowereyrepeninsula.sa.gov.au

DR CLAIRE ROWE.

153-154 Esplanade (COFFIN BAY COMMUNITY HALL)

Open Every Wednesday and the 1st and 3rd

Thursday of the month

Consulting from the front room - please use the Library as the waiting room. Front and side door will be open.

PHONE NUMBER to book and leave messages:

08 7078 7801

Also an online booking service will be available for 2021 bookings using hotdoc.com.au - just search for Dr Claire Rowe and you can book an appointment anytime without having to ring!

Make sure you send the editor the details of your events and what your community groups are achieving at CoffinBaySun@gmail.com before the **24th of the month** to get into the next issue of 'The Coffin Bay Sun'!!

If you would like your copy of the Coffin Bay Sun emailed to you (in COLOUR!) then let us know via coffinbaysun@gmail.com

Coffin Bay Gardening Service
Phil Siviour – 0428 868 545

Steve's Gardening & Handyman Service
Steve Nettle – 0427 854 379

Origin Energy Agent
Steve Nettle – 0427 854 379

John Gill Electrical – 0407 556 096

Stotty's Building
Klint – 0439 339 407

Qualified Carpenter
Shannon Fry – 0422 595 852

Local Carpenter – House Maintenance & Improvement
Marty Bratasiuk – 0433 071 640

Qualified Carpenter & Handyman
Steven Egan - 0439896840

Noel's Flyscreen Service
Noel Saxby – 0400 233 366

Port Lincoln Hire
Callan Hutchinson – 0427 849 616

Coffin Bay Linen Hire & Laundry Service
Sharon – 0488 515 132

Majoor Contracting
Luke Majoor – 0421 752 537

Open Eyre Events
Charmaine – 0428 668 642

Reptile Removal and Relocation
Including injured bird rehabilitation
Rob – 0427 563 685

Justice of the Peace (JP)
Ian Gordon – 8685 4417

Eyre Peninsula Lawn Mowing Service
Lawn & General Yard Maintenance
Angus Hender – 0428 313 688