

CUMMINS CONNECTION



Landowner Information Service



Do you need help understanding resources exploration, mining and quarrying activities on your land?

Our Landowner Information Service will help you understand the often complex technical and legal processes involved.

This free, factual and impartial information service helps landowners, farmers and community members who are new to the exploration, mining or quarrying processes or have had negative experiences in the past.

The Landowner Information Service supports you by:

- Providing easy-to-understand information about the processes and consultation required by the resources industry with landowners.
- Helping facilitate respectful and open conversations between the resources industry and landowners.
- Explaining landowner options, responsibilities and rights and those of the resources industry.
- Empowering landowners to make informed decisions.



Free, independent and confidential.
FREECALL 1800 836 211
ruralbusinesssupport.org.au



The Landowner Information Service is an initiative of the Government of South Australia, delivered by Rural Business Support and supported by the primary production and resources sectors.



THIS MONTH

JUNE

Dates to Note

2/6 Little Bang Discovery Club 11am

3/6 Live Music @ Cummins Hotel

4/6 Greenly Beach planting day
10am -3pm

8/6 On line consultation via Zoom for
LEP Council's 2023-24
Business Plan 7:30pm start.

10 - 12/6 Mortlock Shield weekend

11/6 Live Music @ Cummins Hotel

12/6 King's Birthday Public Holiday

13/6 CDEC Meeting 7pm
Hall Supper room

16/6 Cummins Shed Men
Hosts Terry Habner & Bob Blacker

20/6 Cummins Hospital Auxilliary
meeting @ Hall Supper room 1:30

22/6 Women's Health Night -
Community Library 5pm
Winter Solstice: Shortest Day

30/6 Close of Public consultation on
LEP Council Budget/ Business plan.



Cummins Men's Shed

AGM

THURSDAY 29 June
BBQ Lunch @ 12 Noon
Cummins Men's Shed

Interested locals are
invited to come for
lunch and the AGM will
follow.



Stay up to date with all
the events
in Cummins!
Scan the QR code to
explore!



WORDS FROM THE COMMUNITY

Have you got news to tell the community? Maybe you'd just like to thank someone, write a little poem for everyone's enjoyment, or simply highlight the little things that make Cummins such a special place. Whatever it is you need to say, simply email it to cdec@dclep.sa.gov.au

Noteworthy:

The Railway Triangle Park is now fully fenced. Community Infrastructure grant funding has allowed Council to progress improvements to the Railway Triangle Park. After replacement of the playground equipment and soft fall the park is now fully fenced.

Thank you to Council for developing this public space in Cummins which continues to be well patronised and appreciated.



Thankyou

Once again I am indebted to our Ambulance Service for their prompt and reassuring presence at my time of need followed by medical attention. We are so lucky to live in Cummins.

I also thank the man in Blue, our local policeman John, for his help and professionalism.

Genny Secker

CUMMINS CONNECTION

INFO DUE
22 June 2023

For planned distribution on
30 June 2023

Please send content to
cdec@dclep.sa.gov.au
or scan the QR code to submit via
our website.



**Cummins Hospital Auxiliary Meeting
Tuesday June 20th
Cummins Hall Supper Room
1.30pm**

**Guest Speakers
Diane Hartwig & Linda Symonds
from West Coast Community Services**

Everyone welcome to come along

from Eyre Peninsula Tourism Talk - May 2023

“ The Eyre Peninsula achieved a record \$503 million in visitor expenditure in 2022 and is the first of all SA regions to achieve its 2030 target. Also, the revised Eyre Peninsula Visitor Guide is due to hit shelves early June - so keep an eye out. “

Local Tourist growth

As a matter of Interest a tally of visitors to Cummins Caravan & Cabin Park from Jan 1 2023 to 30 April 2023 has shown significant activity.

Over the 4 months the Park has had 231 reservations (average of 58/ month) which totalled 590 paid site nights. The average stay in Cummins was 3 nights per booking. While one third of these visitors were South Australian residents the remaining two thirds were visiting from all other states

Travellers are from mainly Victoria, Queensland, NSW and Western Australia with several from Tasmania, NT, ACT and 3 from overseas.

“Wikicamps” records customer satisfaction about places to visit and stay around Australia. Cummins continues to experience good visitation through the this App with numerous positive comments by travellers. Our friendly community is often mentioned. Thank you to the businesses and residents for their support in welcoming people to our town.



CUMMINS SCHOOL COMMUNITY LIBRARY



✉ cummins.library@libraries.sa.gov.au
🌐 www.libraries.sa.gov.au/cummins
☎ 86762476
📱 Follow us on Facebook or Instagram 📷

Women's Health Night: Thursday June 22 @5.00pm



Join us as for an information session around women's continence and pelvic health, supplied by our knowledgeable physiotherapist, Connie Andrew.

Topics covered will include:

- bladder and bowel incontinence
 - urgency
 - pelvic organ prolapse
- menopause and it's implications to the pelvic floor including sexual pain

RSVPs to 86762476

**COMING SOON:
'CRAFT-ER-NOONS'**

Looking to enjoy a creative afternoon, with like-minded people, working on your UFOs? We can offer a weekly space for you! Register your interest for either a Monday, Tuesday or Wednesday afternoon, in the comfort of the library, with tea/coffee and snacks provided. Contact us on 86762476



We invite you to:
the launch of SIES/

(Statewide Inclusive Education Services-
formerly SERU)

Community Library initiative.

Wed. Aug. 9 @1.00pm

Afternoon tea supplied by Lower Eyre Council.

RSVP to 86762476

We will be showcasing the Specialised Inclusive Resources, allocated for access from the Cummins School Community Library, plus how to access additional resources and support from SERU/SIES



What's New At

A: 19-21 Tumby Bay Rd

P: 08 8676 2210

E: admin@cumminsmedical.com.au



**PUBLIC & PRIVATE
influenza vaccine
AVAILABLE NOW**

Ring the clinic for appointments on
8676 2210.

Covid-19 Boosters also available

Visiting Locum

Dr Willem Joubert

Sunday, June 4, 2023

to

Saturday, June 17, 2023



**University of
Adelaide
Medical Students**

We welcome our final 5th Year
Medical Students, for placements in 2023.

**Samantha Hauptman
&
William Cowling**

Samantha & William will be with us for eight weeks, through until
mid August.

Please help us to make them feel welcome
during their stay, by saying hello if you see them out and about.



You may have noticed
another new face
around Cummins.

Dr Nazma Sultana, is a
Trainee Medical Officer who will be with us
for twelve weeks.

Based mainly in the Cummins and District
Memorial Hospital, she will work with our
Aged Care residents both there and in
Miroma Hostel.

She will also consult from the medical
practice from time to time.

If you meet Nazma in any of these settings
or around Cummins, please welcome her.



[Ordering Repeat Scripts & Referrals Online](#)

This is an easy convenient way to order repeat scripts & repeat referrals
without the need for a Doctor's appointment.

A fee of \$20 applies for this service

[Booking appointments](#)

Choose your preferred Doctor for your preferred day, at your preferred location
Cummins or Coffin Bay

Go to hotdoc.com.au or download the app

[Booking appointments](#)

Choose your preferred Doctor for your preferred day.

Go to hotdoc.com.au or download the app



Lower Eyre Family Practice

Will be Closed for the
King's Birthday Public Holiday
Monday 12 June, 2023

For Emergency and After Hours, please contact the
Cummins & District Memorial Hospital on
08 86760 200

Coffin Bay Clinic

Dr Leanne Schroeder-Perrang

Tuesdays from 2pm

Dr Gerard Quigley

Wednesdays from 2pm



Please call **08 8676 2210** to secure an appointment or go to
hotdoc.com.au



COUNCIL NEWS

Fortnightly Patrol Grading

Schedule – Commencing May 29

- Patrol P: Merintha Creek Road, Exchange Road, Settlers Road, Gerschwitz Road.
- Patrol Q: Settlers Road, Warunda Road, Strawberry Hill Road.
- Patrol R: Chapman Road, White Flat Road, Clarkes Lane.
- Patrol S: Warrow Road, Cemetery Hill Road, Settlers Road.

Please note: Subject to change.

Public Consultation

Public consultation will open on June 1 for the following documents:

- 2023-24 Annual Business Plan
- 2023-32 Asset Management Plan

• Coffin Bay Boat Ramp Permits
All three documents will be available on Council's website with written submissions closing at 5pm, Friday, June 30.

Submissions can be made via email to mail@dclep.sa.gov.au or via post to PO Box 41, Cummins SA 5631. Council will host an electronic public presentation on the Draft 2023/24 Annual Business Plan via Zoom at 7.30pm on Thursday, June 8 (to join, access electronic meeting link from Council's website).

Employment opportunity

Applications are open for an Economic Development Project Officer – learn more via Council's [website](#). Applications close June 9.

Rates Reminder

Fourth Quarter Rates notices have been issued and are due on June 7. Council is reminding ratepayers to please keep an eye out in your emails and mailboxes. To make payment, or register for an electronic notice, please visit Council's website.

Coffin Bay Vegetation Works

Vegetation works along Coffin Bay's coastal area will be carried out in coming weeks, thanks to a partnership between Lower Eyre Council and Lower Eyre Coastcare Association with funding from the Eyre Peninsula Landscape Board's Grassroots Grants program and Council.

- Works to be undertaken include:
Weed removal by a qualified contractor, with follow up work by the community, led by Coastcare volunteers.
- Revegetation of the Council trial sites where dead timber was removed. Assessment of these trial sites by the EP Landscape Board found these areas to be prone to overgrowth of highly flammable weeds and has a negative impact on remaining native vegetation. The findings recommend revegetating the trial sites to suppress the growth of the highly flammable vegetation types.
- Revegetation of areas where weeds have been removed or vegetation has been illegally cleared over the last five years and in line with the Coffin Bay Foreshore Management Plan 2013.

The revegetation works is being coordinated by Lower Eyre Coastcare and will involve students from Cummins Area School and Lake Wangary School as part of National Tree Day. Members of the community are also invited to participate in the upcoming works through weed removal and planting days.

If you would like to be involved, receive weed identification information or want to volunteer to water newly planted seedlings during summer, please contact Lower Eyre Coastcare via email lowereyrecoastcare@gmail.com

COUNCIL WEBSITE

www.lowereyrepeninsula.sa.gov.au

MAIN OFFICE

Mon-Fri 9am-5pm

Address

32 Railway Terrace
PO Box 41 Cummins

Phone

8676 0400

BRANCH OFFICE

Mon-Fri 9am-1pm

Address

38 Washington Street
PO Box 130 Port Lincoln

Phone

8623 0600

EMAIL

General: mail@dclep.sa.gov.au

Rates: finance@dclep.sa.gov.au

Accounts: reception@dclep.sa.gov.au

Works: works@dclep.sa.gov.au

Development: development@dclep.sa.gov.au

COMMUNITY NEWS

Little Bang Discovery Club

Cummins School Community Library will restart its Little Bang Discovery Club from Friday, June 2 (11am). The pre-school STEM program is built around discovering science in every-day life, while building and encouraging children's' natural curiosity. Register by calling the library 8676 2476.

Greenly Beach planting day

Lower Eyre Coastcare and Lake Wangary School will host their annual Greenly Beach planting day on Sunday, June 4 from 10am-3pm. Enquiries to Kerry on 0498 387 961.

Mental Health Support line

The Department of Health and Aged Care has launched the Head to Health Intake and Assessment Phone Service, designed to help people find the most appropriate mental health support for their needs. Anyone can call 1800 595 212 to seek advice about mental health services and/or have a chat to determine the care they may require.

READY TO SWITCH

TO SOLAR?

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AND MANAGE YOUR
OWN ENERGY WITH
JEDD DUNBAR
ELECTRICAL.**



connect with us
**0433 212
160**



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With fixed rate and variable rate options on a Rural Bank Farm Management Deposit (FMD) Account, you can set aside pre-tax income so it's available when you need it most.

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Available through  Bendigo Bank



Enjoy the company. Play cards, chat or have a project. Visitors welcome

**OPEN EVERY
TUESDAY &
THURSDAY**

NOW AVAILABLE FROM MEN

RAGS

5KG BAGS

If required when Men ed is closed

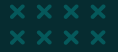
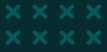
Contact Barry 0418 762 319

Kindling

as wood fire

available @ \$6 bag

WINTER AT THE



CUMMINS HOTEL

Monday	10am - 10 pm
Tuesday	10am - 10 pm
Wednesday	10am - 11 pm
Thursday	10am - 11 pm
Friday	10am - Late
Saturday	10am - Late
Sunday	10am - 4 pm

Sunday 11th June

*Public holiday

OPEN 10-9

BAR + MEALS

MEALS 12-2PM | 5-8PM *8:30 SAT + SUN

***Public holidays will vary**

What's happening ...

LIVE MUSIC

SATURDAY 3RD JUNE

caravan messiah - our favourites

SUNDAY 11th JUNE

glen dranfield - from uncle fungus

NEW MENU

LUNCH MENU + MAIN MENU

check them out on facebook or on our website www.cumminshotel.com.au



CALL US 8676 2002



We invite you to attend the launch of our Statewide Inclusive Education Services (SIES), formerly SERU, Community Library collaboration initiative:

at the
Cummins School Community Library
on
Wednesday 9th August at 1-3pm

(Afternoon tea provided courtesy of Lower-Eyre Council)

We support the inclusion and achievement of diverse learners through developing partnerships with families, sites, DfE and non-DfE agencies by providing:

- services
- professional development
- advice and
- specialised support materials

to enable educators to personalise teaching and learning programs through the implementation of adjustments.

We support eligible children and young people from birth to Year 12 with a disability or functional need to access, engage, participate, and attain in the:

- Early Years Learning Framework (EYLF)
- The Australian Curriculum
- South Australian Certificate of Education

We see families as critical partners working with school and service providers to support your children and young people. You can access our collection as a guest or become a registered borrower on our website [SERU – Special Education Resource Unit](#).

We will be sharing with you the Specialised Inclusive Resources allocated for access from the Cummins School Community Library and how to access additional resources and support from SERU.

For more information/RSVP contact:

Kelly Tracey: Kelly.tracey750@schools.sa.edu.au or

Bronnie Whitelaw: Bronwyn.whitelaw360@schools.sa.edu.au

t 8235 2871

e SERU.Library740@schools.sa.edu.au



Recently on Facebook



RURAL
GENERALIST
PROGRAM
SOUTH AUSTRALIA

A day in the life of a
Rural Generalist

March 2022



Dr Gerard Quigley

Dr Gerard Quigley is an experienced Rural Generalist working at the Lower Eyre Family Practice and Cummins and District Memorial Hospital.

In this month's 'A day in the life of Rural Generalist' news article, Dr Quigley tells us about the benefits of studying, living and working in a rural community and the opportunities associated with pursuing a career in rural generalism.

Dr Quigley lives and works in Cummins, which is situated in the very heart of the Lower Eyre Peninsula, South Australia, a short 70km drive from the regional centre of Port Lincoln located along spectacular coastlines and is a key service hub for surrounding areas (as pictured below).

Gerard grew up in Adelaide, SA, and reflects that he was fortunate to have gained early exposure to rural by undertaking some of his undergraduate, Bachelor of Medicine and Bachelor of Surgery (MBBS) with The University of Adelaide, elective components in Yorketown located in the southern Yorke Peninsula of SA.

"As a resident, I enjoyed obstetrics and gynaecology and anaesthetic posts as well as Emergency Department (ED) work. A Rural Generalist role, as it's now called, gave me the opportunity to pursue all these areas and to develop vital skills in General Practice.

The bit that is a bonus is the community side of it including designing and delivering care in a team-based approach."



Cummins Lookout, Eyre Peninsula, Source Tourism Australia, Photographer Greg Shell

Connect with us on social media – click the links below



Rural Generalist Program South Australia | www.ruralgeneralist.sa.gov.au

Email: health.SARuralGeneralist@sa.gov.au



RURAL GENERALIST PROGRAM

SOUTH AUSTRALIA

A day in the life of a
Rural Generalist

March 2022

The Lower Eyre Family Practice where Gerard works has a focus on preventative care and coordination of care and is supported by a GP led Primary Health Care Team. Gerard also works at the Cummins and District Memorial Hospital, where there is an ED and he provides care to acute inpatients and medical care for older adult patients.



The Cummins and District Memorial Hospital provides acute, outreach and aged care services to the communities of Cummins and outlying smaller communities. The hospital is located on Tumby Bay Road, alongside the Lower Eyre Family Practice, where Dr Quigley also works.

Dr Quigley shared with us that the type of clinical experiences and tasks performed to support and meet the healthcare needs of your community do evolve and change over time (and can include adapting service delivery due to the closure of theatres or delivery suites), but he can't imagine doing anything else.

When asked about his experience living and working in a regional area and connecting with the local community, Dr Quigley says:

"The level of support provided to me by the community I work in is, I am sure, related to the deep regard and feeling of ownership these towns have for their health service. I do feel respected, and while our work is seen as essential, there is also an understanding about respecting privacy and time off, as it is a necessary circuit breaker.

I enjoy the people, hearing their stories and sharing some of their most important moments. Being let in when people are happiest, saddest or most vulnerable is a privilege."

For Gerard, one of the best things about living and working in rural has been having a young family who have had all the benefits of living in a nurturing community.

Gerard would give the following advice to trainees considering training in rural and becoming a Rural Generalist:

"Do it! Think what you want to be and then make it happen where you want to live."

Connect with us on social media – click the links below



Rural Generalist Program South Australia | www.ruralgeneralist.sa.gov.au
Email: health.SARuralGeneralist@sa.gov.au