

The Coffin Bay Sun

September 2020



Initiative of the Coffin
Bay Progress
Association

coffinbaysun@gmail.com



Coffin Bay Progress Association



PRESIDENTS REPORT

Hello Coffin Bay,

For those that haven't seen the District Nurse update on the CB Community Notice Board here's just a short version. For the remainder of 2020 the new service of home visits by the DN will stay as is, when you make an appointment just ask if you will be seen at home or in the clinic as the Nurse sometimes still uses the Clinic. In the New Year the service will be running from Dr Quigley's rooms next to the Pizza Takeaway. You will be able to drop in or have home visits, your choice. I know that some people have been having trouble making appointments but I have been told that they have rectified this problem. I am having another meeting with the health department in November for a catch up and I will let you know if there are any changes, hopefully there won't be. Its Grant application time again, not my favourite time of the year but it has to be done. We need a lot of work done to the roof and some ceilings in the Hall. We can't continue with upgrades of the Hall until the roof is repaired. The Bar is almost finished, just the mini orb to go on the front of the bar and it's all done. It's looking bright and fresh and it's so much nicer to work in.

It's also time to do some fundraising and fingers crossed we stay Covid19 free in our area and we can start in October. On the long weekend, on market day we will be holding a book sale, so if you have any books that you no longer require and would like to donate them please let us know and we can pick them up or you can drop them off when the Hall is open. That weekend we will also be putting on another BAMB on the foreshore, there has been great response from stallholders so should be a great day. On the weekend of the 24 th /25 th we will be involved with the Open Garden in CB. We will be on the gate and serving refreshments all weekend, a huge job but worth doing. That same weekend Fi Gordon is holding her fundraiser in the Hall with money raised going towards the repairs of the swimming pontoon. So make sure you visit the Open Garden one day and pop into the Hall for a bargaining the other.

The Community Garden is slowly moving forward, talks with the Council the first step. It was very sad to hear today that a long-time member of the CB Tai Chi group had passed away, Emmy Vanwangaarden lived in Coultla and drove to CB every Saturday morning for the TC class. She had had a stroke some years before and had read how beneficial TC could be for her. She was a quite sole and said very little but as time went on she opened up, enjoyed our company, helped at one of the Cancer Council Biggest Morning Teas and felt so much better for taking up TC. She was very dedicated and would practice every day, something that I don't think anyone else does. She really will be missed.

Cheers
Carol Fathers

CONTACT US

President: Mrs Carol Fathers 0400 854 441

Secretary: Mrs Tracey Matheson 0431 424 790

Treasurer & Hall Booking Officer: Mrs Linda Christian 0409 092 168

Vice President: Ms Rachel Saxby 0417 858 122

Public Officer: Mrs Carol Fathers 0400 854 441

Coffin Bay Sun: Holly Gill 0424 989 360

Hall Flag: Sandra Peters 0408 895 674 – Peter & Lorraine Bradford 0428 854 138

Next Progress Association meeting is 2nd Tuesday of the month at 7.30pm in the kitchen of the Coffin Bay Hall. All welcome to attend

Gardening Tip

by Phil Siviour

Coffin Bay Gardening Service

With Spring upon us, it's time to give all of your plants a good handful of fertiliser. Give your shrubs and perennials a sprinkling of blood and bone and fast-growing leafy greens, regular liquid plant food. Fruiting plants and roses will benefit from a fertiliser that promotes flowering and then fruiting.

You can plant zucchinis and pumpkins now. Remember that they like good drainage and lots of organic matter in the soil. You can grow them in raised beds or individual mounds. Plant two seeds in each mound and mulch in between.



In partnership with..

34° SOUTH CATERING..

Bookings & Catering: 0429 856 104

Club Function Hire: Cassie 0428 873 131

www.coffinbaysportingclub.com



BOWLS

Wednesday & Saturday Competition..

have a roll any other time!

Contact MIKE: 0428 395 754

GOLF

The new Golf season starts 1st April..

Full Member \$165

Juniors \$39

Contact STEVE: 0427 854 379

Green fee players WELCOME

Thursday MENS competition - names in by noon

Tuesday LADIES Summer Season - names in by 11am

Sunday MENS & LADIES - names in by noon

-Meet the Locals Birds -

BUSH STONE CURLEW

We are staying with our daughter and family in Darwin for a few weeks. The house is surrounded by large trees, and close by is a mangrove forest. Wildlife abounds. Birds chorus all day long. Orange-footed Scrub-fowls have built a huge nest mound by the back fence. Two pythons live between the roof and ceiling and keep the house free of rodents. At sunset, micro bats start flitting through the tree canopy, chasing insects. Flying Foxes flap their way to raid gardens of tropical fruits. Geckoes emerge from their hiding places emitting loud yaps as they hunt light attracted moths and beetles across the ceiling. Large-tailed Nightjars tock-tock-tock to each other through the night; and occasionally we hear the tormented wail of a Bush Stone Curlew.

Once common throughout Australia they are now mostly confined to the tropics, out of the range of foxes. There are still occasional reports of them in our area, but I have never been lucky enough to see one. A typical place to find them during the day, and also where they nest, is under the shade of a tree or bushes in the middle of an open paddock. Their grey/brown topsides, buff-white undersides and all over streaking make them difficult to spot. In fact, they camouflage so well, that a pair successfully raised two chicks under a tree in the schoolyard where my daughter teaches. Night-time is when they become active and hunt for prey such as insects, small rodents, frogs and reptiles. Many a camper, including my Annie, has been shocked awake on a still night by the blood-curdling scream of a curlew.

Curlews can be harbingers of tragedy in aboriginal mythology. One dreamtime story from the Tiwi Islands explains the origin of death. Bima, while her husband Purrukapali was hunting, left her infant son Jiani, under the shade of a tree while she went into the forest with her husband's brother, Japara. One hot day she spent too long away and came back to find her son dead. Her distraught husband decreed that all living things, previously immortal, would now succumb to death. He killed Japara who became the moon which dies for three days every month, and on new moon re-emergence, its cratered face represents the wounds that Purrukapali inflicted. Then Purrukapali walked into the sea with his dead son and became a deadly whirlpool which will sink any canoe venturing too close. Bima became the curlew bird that still roams the forest at night wailing over her misdeeds and her lost son.

Yesterday we had a wonderful encounter with a curlew; it must have known I was writing this article. We were at a crowded foreshore coffee shop when one walked in, checked the place over, and wandered out. Although curlews are quite common in Darwin, it was a first and a thrill for us to see a normally shy bird so bold.

Doug Clarke Aug. '20.



Mum, Dad and Junior
in a linear park
between Darwin
university and the
sea.



Inside the coffee shop!

"Yachty" News

**Coffin Bay Yacht
Club**

*Do you like "mucking
around in boats"??*

*THEN COME ALONG TO THE YACHTY
BEACH FOR*

**“COME AND
TRY SAILING
DAY”**

*** SUNDAY 27TH*

SEPTEMBER 10.30 –

*3.30***

*All ages welcome : experienced club
trainers will assist you and all
equipment is supplied.*

******it's your chance to have a go******

.....
*****YACHTY HISTORY. Information provided by Val Arnold / Rogers**

The new club needed to move from the beach to
its own clubrooms so when Otto Harders
store, (yes the one that sold homemade square ice
blocks to the kids), was put up for sale, it was
an obvious choice.

The shellgrit and cement structure was to become a cosy clubhouse with archways cut into internal walls for a kitchen / lounge / small bar area..

Volunteer workers became the backbone of the club and the tradition continues today. Plans for stage one extensions were drawn up by builder / members Merv Aird and John Rogers (the inaugural Commodore) and with an enormous input by volunteers, work was started on a new kitchen , lounge area and bathrooms. The eastern side of the current clubrooms.

Building regulations were much easier in those
days, but a glitch occurred when work was
halted by Council. Neighbours had queried
boundaries and things were looking a bit grim in
terms of getting on with the project.!!!

***** More of the Yachties early days
next month*****



The Coffin Bay Yacht Club is a vibrant community club that is run and worked by VOLUNTEERS!

We need your help in our family friendly club, by volunteering your time in the kitchen. Just once a month on the roster would be appreciated!



Coffin Bay Bowling Club Needs You!!

With several members having retired from bowls or moved away, we are needing new players to join our club and enjoy our fantastic sport.

Our friendly group of members will welcome any interested persons, regardless of playing ability or experience to come along and enjoy the game of bowls. Our facilities are arguably the best on Eyre Peninsula, and members can enjoy bowls from social bowls through to pennant competition.

If you think you might like to give bowls a try, contact **Paul Phillips - 0411 881 474** or

Peter and Lorraine Shepperd 0427 103 492



Volunteer in your Community



Lower Eyre
Coastcare
Association

Enjoy the outdoors growing plants and exploring the coast? Need help identifying a bird or a plant? Want to get some exercise and help look after our coast? Do you have other skills to contribute such as social media management or graphic design?

Join us outdoors and get some gentle physical exercise, improve your mood and life and a sense of achievement in volunteering. We undertake varied activities around the coastline of Lower Eyre Peninsula.

Join us for an hour or two or for the morning, last Monday of the month. Meet at Coffin Bay boat ramp BBQ area, 8.30 am. Visitors most welcome. Or contact us if you would like to assist in other less physical ways

Check us out on Facebook to stay up to date with our current projects.
For more information email lowereyrecoastcare@gmail.com or

call Kerry 0498 387 961

Volunteers caring for our coast

Pricing 2020

Front page	2/3 page \$20 per month
Meet the locals	½ page free (one per month)
Business listing	Business name + phone number \$5 per year
1/8 page	\$3 per month or \$30/year
¼ page	\$5 per month or \$50/year
½ Page	\$8 per month or \$80/year
Full page	\$15 per month

Invoices will be sent from The Coffin Bay Progress Association on booking.

Please contact the editor coffinbaysun@gmail.com to arrange your advertising for 2020

All advertising is editable at any time throughout the year at no extra charge.

Please keep your adverts up to date and include any monthly special events.



ADVERTISE HERE
CONTACT HOLLY

coffinbaysun@gmail.com



Friends of Coffin Bay Parks

President: Graham Baker

Secretary: Bernadette Saunders

Treasurer: Sonia Richards

PO Box 152

Coffin Bay 5607

dettes46@bigpond.com

Anyone interested is very welcome

Membership fees \$10.00 per year

Tea and Coffee provided

*Volunteers working with DEW in conserving and
managing our national parks*

CEA-SIDE STITCHERS

We meet Friday mornings 9-12
at Coffin Bay Golf Clubrooms.

We extend an invitation to
anyone (residents or visitors)
interested in **quilting, sewing or
needlework** to join us at our
weekly get together.

Bring along your machine or
knitting etc. All welcome.

TAI CHI – Every Saturday Morning 8.50am for a 9am start – 9.45am

HELD EVERY SATURDAY MORNING AT THE YACHT CLUB OR ON
THE LAWNED AREA NEXT TO THE CLUB

Gold coin donation which is given to a charity.

We follow an easy Tai Chi DVD by Master George Lee of
Adelaide.

Come and give it a try!

Carol PH: **8685 4442** M: **040 085 4441**



COFFIN BAY COMMUNITY CHURCH

CNR HAGGARTY & TAPLEY STS

(LUTHERAN & UNITING CHURCHES IN AUSTRALIA, WORSHIPPING TOGETHER
IN CHRISTIAN UNITY.)



WORSHIP SERVICES - EVERY SUNDAY 9:00AM

EVERYONE WELCOME!

YOU CAME FROM HEAVEN TO EARTH TO SHOW THE WAY, FROM THE EARTH TO THE
CROSS MY DEBT TO PAY FROM THE CROSS TO THE GRAVE, FROM THE GRAVE TO THE
SKY; LORD I LIFT YOUR NAME ON HIGH.

MONTHLY CATHOLIC MASS – FIRST SUNDAY OF EACH MONTH AT 6PM

Cummins Recyclers

We are in Coffin Bay
Sunday September 6th

10am till 1pm
6-8 Lawrie Street
Phone Heather: 0429 082 656

CUMMINS OP SHOP

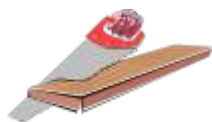
Open Tuesday – Friday 10am – 4pm

The Cummins Op Shop now no longer accepts goods on consignment.

Need donations of good quality Summer clothing to restock our Store

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adventures, Nocturnal wildlife tours etc.

Mobile **0408 896 258**
www.dunebustersportlincoln.info

Pilates classes at the Community Hall!

Every Tuesday morning at 9:30am
(10am during school holidays).

Please contact Alyssa on
0438 021 638 for more information.

Everyone is welcome, however
numbers are limited



ADORE YOUR CORE
PILATES

Coffin Bay Pharmacy

Please kindly note that the operating timing for
pharmacy has changed

MONDAY to FRIDAY: 9:30 AM TO 5 PM
SATURDAY: 9:30 AM TO 12 PM
SUNDAY AND PUBLIC HOLIDAYS: CLOSED

Address: 2 Flinders Avenue, Coffin Bay, SA-5607
Phone: 08-8685 4080

JENKO ELECTRICAL SERVICES

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Coffin Bay Pizza & Takeaway

are now located at Shop 4/61 Esplanade
next door to 1802 Restaurant

Business Hours are Wednesday - Monday 4pm - 9pm
Tuesday Closed

Open all Public Holidays except Christmas Day

Phone 0458 248 725 or Leave a Message on our FB
Page under "Coffin Bay Takeaway "

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Government
of South Australia



COMMUNITY FIRE SAFE

MEETING

The Community Fire Safe Program is designed to assist residents living in high bushfire threat areas by forming community action groups. With the assistance of a CFS Community Education Officer, residents learn about fire behaviour and bushfire preparedness. Community Fire Safe Groups develop survival plans and community strategies that reduce the bushfire threat and increase the community's preparedness.



WHEN & WHERE

**program to be delivered in 4 parts over
4 Thursday afternoons and repeated each Thursday evening
July 30, August 13 and 27, September 10
1-3pm or 7-9pm**

**As each day will cover different content,
attendance on all 4 weeks is recommended
Coffin Bay Yacht Club**

FURTHER DETAILS:

**registrations essential to confirm Workshop
can proceed within COVID 19 restrictions
so please contact Therese Pedler
CFS Port Lincoln 0428 114 234 or 86 212 409**

Say Hello to Our Local SAAS Team Members

Maz Lovegrove

What was your reason for joining SAAS as a volunteer?

When I moved from London to South Australia, I was very impressed with the volunteer culture and wanted to contribute somehow myself. SAAS seemed the obvious choice for me as I worked full-time in the London Ambulance Service for nearly 6 years back in the 90's and loved it.

Did you have any experience with health learning?

I hadn't done any health learning in Australia prior to joining SAAS as a volunteer but that didn't matter, as the training SAAS has given me has been excellent and very comprehensive. No prior experience is needed to become a SAAS volunteer, just enthusiasm.

We're there many changes to your every day life?

I live in Port Lincoln, so doing a volunteer shift isn't quite as simple as putting the pager on and staying available around the house but not living in the relevant town, doesn't make it impossible to volunteer. I do shift work for my paid employment, so often, I will do my volunteer shifts by sleeping at the ambulance station over night or during the day. Alternatively, I will spend the day in Coffin Bay and play golf with the pager on. My crew mate, Ann (Who also volunteers) and I have been known to abandon our clubs mid round, and run up the fairway in response to a call on the pager! The main thing to remember, is Chris, our regional team leader, understands we all have our lives outside and do as much as we can, within our individual circumstances.

How often do you do training?

Every Wednesday during school term time. Because I do shift work, I would guess I make training, 3 weeks out of every 4 on average.

Has training enhanced your skills?

Yes, most definitely. The training SAAS has given me, goes way beyond the first aid training I get through my current employer.

What is your family dynamic, and would you recommend volunteering for SAAS?

I am married with no kids, I live 40km from Coffin Bay Ambulance Station and work full time shift work. I would highly recommend volunteering for SAAS, even if you don't live in the area you volunteer. I get the cost of my fuel covered so I'm not out of pocket in that regard. I have made some really lovely friends volunteering and met lots of interesting people, be them patients, paramedics, other volunteers or general community members. For me, I have found a small, but really rewarding way to contribute in the wonderful volunteer culture of the EP and South Australia.



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**“Reach Out”
in Coffin Bay**



Do you want assistance or information about how to access Red Cross support services? Come see one of our helpful staff at our **“Reach Out.”** session.

When: Last Tuesday of the Month

Where: Coffin Bay Library

Time: 10:00am – 12:00noon

Bookings Required

Phone: Cummins Library 8676 2476

Please contact our Port Lincoln Red Cross office for more information.

20 Edinburgh Street, Port Lincoln P: 08 8683 0551

Office hours: 9am to 5pm Monday to Friday



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COMMUNITY GRANTS

Now Open

**APPLICATION FORMS AND GUIDELINES
AVAILABLE BY CALLING 8676 0400 OR
ONLINE AT**

www.lowereyrepeninsula.sa.gov.au

Community Capital Support Grant
Community Reserves Support Grant

Closing on October 1, 2020

Country Health Connect

Coffin Bay Community Nursing Service

Coffin Bay Nursing Services are a valued service to the Coffin Bay community. Services are available every week on a Monday, Wednesday and Friday, excluding Public Holidays.

We want to ensure the service is provided as efficiently as possible whilst managing physical distancing requirements that support the safety and wellbeing of our clients and community. To enable this Community Nursing services are available in either the clinic or in the client's home.

To manage physical distancing requirements and support in home services we have introduced a Booking-In system.

To book an appointment or make a referral please phone 8683 2200, and ask to speak with the Intake Officer. A nurse will then phone you to discuss a suitable appointment time.



**COUNTRY
HEALTH
CONNECT**

Call us on 1800 944 912

www.countryhealthconnect.sa.gov.au

Funded by the Australian Government Department of Health. Although funding for these services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.



Driver Safety Program

Young Driver Awareness Program

Date: Friday, October 9, 2020

Time: 8.30am-5pm

Location: Matt and Jodi Mickan's farm, Cummins

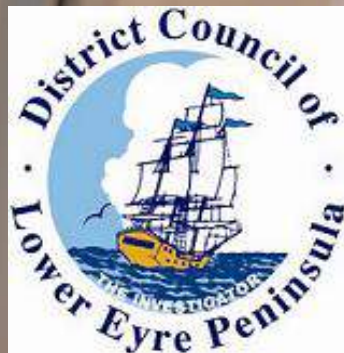
Cost: \$30/driver

Vehicle: All participants are required to bring their own vehicle. L-Plate drivers must have a fully licensed supervising driver with them in the vehicle.

Bookings: Contact District Council Economic and Community Development Officer Julie Crettenden on 8676 0400 or email juliec@dclep.sa.gov.au for permission form and payment details.

Community Bank
Cummins District

 Bendigo Bank



Library News



We have a lovely variety of **NEW** adult non-fiction for September. There's sure to be something there for you!

The less Waste No Fuss Kitchen *Simple steps to shop, cook and eat sustainably* by Lindsay Miles.

A Naturalist's Guide to the Birds of Australia by Dean Ingwersen.

Red Raw *One Woman's Courageous Journey to Free Her Voice* by Kayleen Greagen-Castle



Beetles, Bugs and Butterflies *A Crochet Story of Tiny Creatures and Big Dreams* by Lydia Tresselt

Back Roads *The Stories Behind Some of Australia's Most Remarkable and Inspiring Rural Communities* by Heather Ewart & Karen Micheltore



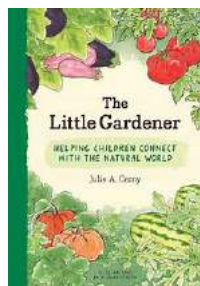
Welcome to Country *A Travel Guide to Indigenous Australia* by Marcia Langton.

Love is Strong as Death *Poems Chosen* by Paul Kelly

Abandoned Australia by Shane Thomas.

Vegan in 30 Minutes by Women's Weekly.

Native Orchids of Southern Australia *A Field Guide* by David & Barbara Jones.

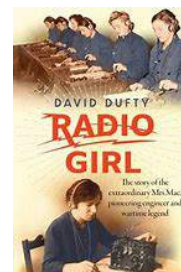


The Little Gardener *Helping Children Connect with the Natural World* by Julie A. Cerny

Backyard Farming *The Little Veggie Patch Co's Guide* by Fabian Capomolla and Mat Pember.

Top End Girl *A deadly memoir about being bold, black and brave in work, life and love* by Miranda Tapsell

Radio Girl *The story of the extraordinary Mrs Mac, pioneering engineer and wartime legend* by David Duffy.



Australian Railways *Their Life and Times* by Robin Bromby.

Leopard Rock *A Life of Adventures* *A memoir from bestselling author Wilbur Smith* by W Wilbur Smith.

The Last Train *A Holocaust Story* by Rona Arato.

Margaret Preston *Recipes for Food and Art* by Lesley Harding

“

Learn one new thing every day.

ADULTLEARNERSWEEK.ORG



September is Adult Learners Month. What better time to learn a new skill? We are offering a variety of Digital Skills every Tuesday morning 10.00am - 12.00pm through our **Be Connected Program**. Whether you are new to the world of digital technology or ready to try something new, talk to Barbie about what she and Georgia can offer. Bookings are recommended - **phone 8676 2476**, message www.facebook.com/CoffinBayCommunityLibrary

or email cummins.library@plain.sa.gov.au

Want to know more?

Coffin Bay Branch Hours:

Tuesday 10.00 - 12.00 noon
Coffin Bay Hall

Saturday 10.00 - 12 noon
(08) 8676 2476

www.libraries.sa.gov.au/cummins





General Classifieds

Dr Claire Rowe

Every Wednesday 9-5pm
1st & 3rd Thursday of the month
9-5pm

She works out of the
Coffin Bay Community Health Centre, Corner of Hawson St & Flinders Ave.

For appointments and messages for Dr Rowe please call **8683 2077**

A.A. MEETINGS

Please Contact
0427 854 585
0427 944 985

WASTE TRANSFER STATION OPERATING TIMES

Coffin Bay

Facility is open to the public during the following hours:

Tuesday – 2pm to 4pm

Wednesday – 9am to Noon

Sunday – 9am to 12 Noon

www.lowereyrepeninsula.sa.gov.au

Make sure you send the editor the details of your events and what your community groups are achieving at **CoffinBaySun@gmail.com** before the **24th of the month** to get into the next issue of 'The Coffin Bay Sun'!!

If you would like your copy of the Coffin Bay Sun emailed to you (in COLOUR!) then let us know via coffinbaysun@gmail.com

Coffin Bay Gardening Service

Phil Siviour – 0428 868 545

Steve's Gardening & Handyman Service

Steve Nettle – 0427 854 379

Origin Energy Agent

Steve Nettle – 0427 854 379

John Gill Electrical – 0407 556 096

Ken Cairns Plumbing – 0427 854 585

Stotty's Building

Klint – 0439 339 407

Qualified Carpenter

Shannon Fry – 0422 595 852

Qualified Carpenter

Peter Bald – 0419 824 233

Local Carpenter – House Maintenance & Improvement

Marty Bratasiuk – 0433 071 640

Noel's Flyscreen Service

Noel Saxby – 0400 233 366

Coffin Bay Linen Hire & Laundry Service

Sharon – 0488 515 132

Rendering & Plastering

Steven – 0413 126 347

Majoor Contracting

Luke Majoor – 0421 752 537

Open Eyre Events

Charmaine – 0428 668 642

Reptile Removal and Relocation

Including injured bird rehabilitation
Rob – 0427 563 685

Justice of the Peace (JP)

Ian Gordon – 8685 4417

Local Graphic Designer

Holly Gill - 0424989360



South Australian Bushfire Garden Revival Lower Eyre Peninsula

“Calling on gardeners to help restore gardens in SA’s bushfire affected areas”

SA Bushfire Garden Revival is an initiative run by volunteers who grow plants and collect seeds, bulbs and other garden related tools and ornaments to assist re-establish gardens impacted by fires in South Australia

The group was founded by Kristy Barnes after the Sampson Flat fire, then provided assistance after the Pinery fire and is now back in action following the fires in SA over the 2019/20 summer. The project is about assisting those affected by bushfires to recover and re-establish gardens and home orchards burnt in the fires. This is being done by engaging volunteers to grow the plants and collecting donations of garden equipment such as garden tools, pots, ornaments and garden furniture, all things that make a garden.

The project is about so much more than just growing plants to hand over to recipients. There is a strong emphasis on the benefits of gardens and gardening for mental health and helping those impacted by bushfire to not only re-establish their gardens but also their wellbeing through sowing the seeds of renewal through a new garden. For many people gardens are such an important part of their lives as places of enjoyment, creativity and contemplation. In some cases, people have lost gardens that they have been tending for years and this is another big part of their loss. An important consideration often overlooked is that home gardens are often not covered by insurance. This is where the SABGR group can assist.

SABGR is growing and collecting for all areas in SA affected by bushfire, but due to biosecurity issues with sending material to Kangaroo Island only financial donations and donations of gardening equipment such as tools and pots, etc. may go to there. The group now has 25 collection points extending from Adelaide and surrounds down to Port Elliot and now to Eyre Peninsula.

The Lower Eyre Peninsula group is calling for anyone interested in growing to contact them to find out how they can help. They are also calling for donations of most plants, pots, tools, seeds, bulbs, hoses, sprinkler, all sorts of garden related equipment. They would love support from businesses too.

The timeline is for propagating plants now through to June with the collection points opening for receiving plants from June onwards until the end of July. The plants and garden equipment will be made available through garden centre style open days free for recipients ready for spring planting.

If you would like to donate or be a volunteer grower or register for assistance you can contact Kerryn McEwan 0498 387 961 email sabgrlep@gmail.com

or check  [SA Bushfire Garden Revival Lower Eyre Peninsula](#)

FIREY *Women* WORKSHOP



A free bushfire safety workshop for women

The workshop includes information and practical sessions in a fun and practical environment

Topics include:

- Understanding bushfires and warnings
- Deciding when to leave early or stay and defend
- Identifying hazards at your home
- Preparing yourself emotionally
- Operating fire pumps and equipment
- Preparing a Bushfire Survival Plan



WHEN:

September 19th and 20th 2020

9am – 5pm

attendance on both days is required

WHERE:

COFFIN BAY HALL

BYO lunch box

tea/coffee and snacks supplied



FURTHER DETAILS:

numbers are limited, and registrations are essential, to confirm Workshop can proceed within COVID 19 restrictions, so please contact

Therese Pedler Community Engagement Officer
CFS Port Lincoln 0428 114 234 or 86 212 409

Why a program for women?

Research has shown that:

- There are differences in skills, knowledge, experience, roles and behaviours between men and women in regard to bushfire
- Those with fire fighting skills (generally men) are either fighting the fire or protecting the larger property / neighbourhood / district
- People are generally poorly prepared for bushfires
- Many people are unaware of what to do and how to be prepared
- Many people underestimate the risk and over estimate their capacity
- Women and children are more likely to evacuate. Late evacuations are a major cause of civilian casualties
- Most people do not plan for a bushfire, nor do they expect one
- **Women and children make up a large percentage of civilians killed by bushfires**



South Australia State Winner
National: Highly Commended

For more information contact:

SA Country Fire Service
Community Education Unit
Level 7, 60 Waymouth Street
ADELAIDE, SA 5000
Telephone: (08) 8212 9858
Facsimile: (08) 8463 5510
Email: community.ed@cfs.sa.gov.au



PREPARE. ACT. SURVIVE.

Bushfire Information Hotline **1300 362 361** (TTY 133 677)
www.cfs.sa.gov.au



Firey Women

A free fire safety workshop for rural women, providing information and hands-on practice.



Bushfire Information Hotline
1300 362 361 (TTY 133 677)
www.cfs.sa.gov.au

PREPARE. ACT. SURVIVE.



The CFS has developed a workshop designed to provide women with a safe non-threatening setting to learn new skills to protect their families and livelihoods.

These workshops provide both information and practical skills over two days or four evenings.

The aim is to assist women take important steps towards empowering and protecting themselves, their family and their community.



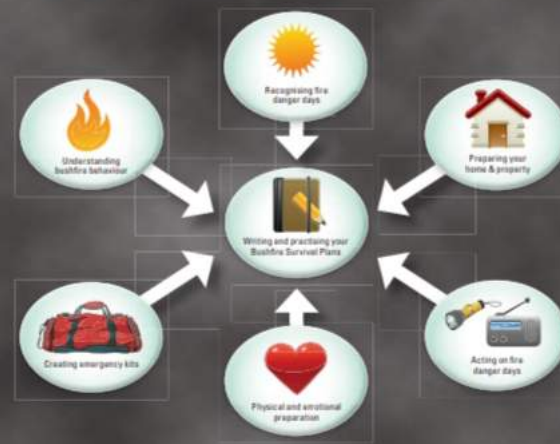
Workshop topics include:

- Understanding bushfire behaviour
- Understanding Fire Danger Ratings and bushfire warnings
- Deciding when to 'leave early' or 'actively stay and defend'
- Preparing a Bushfire Survival Plan
- Preparing yourself emotionally and physically for a bushfire
- Preventing injury
- Preparing survival kits
- Identifying hazards around the home
- Operating pumps and fire fighting equipment.

Participants are provided with a course folder containing a detailed workbook, CFS Fact Sheets and a template for a Bushfire Survival Plan. This information can also be accessed from the CFS website.



"I made the decision to leave as soon as I realised the fire was heading this way. The Firey women course helped me make the decision. I felt so empowered and in control!"
Roxanne - Yorke Peninsula



YOUR 7 KEYS TO BUSHFIRE SURVIVAL

DONATIONS WANTED

JOIN US FOR A PONTOONS FUNDRAISER!

THE FUNKY JUNKY N'MORE POP-UP SHOP

Furniture in good used condition, tagged electrical items, clean clothes, toys and other funky junk are most welcome!

Lets reuse and recycle. Talk to Fi Gordon at the Post Office about how you can help. Call 0421 927 309.



All proceeds will go towards repairing the Coffin Bay community swimming pontoons.

OCT 24 & 25 10AM TO 4PM
Coffin Bay Community Hall





COFFIN BAY GENERAL STORE

MENU

08 8685 4052



BREAKFAST MENU

BACON & EGG SANDWICH \$7
BACON & EGG BURGER \$8

BREKKIE BURGER \$9.50
BACON, EGG, HASH BROWN
CHEESE, TOMATO

CAFÉ BREAKFAST \$14
2 RASHERS OF BACON,
2 EGGS (POACHED OR FRIED),
TOMATO, TOAST

ALSO AVAILABLE WITH
HASH BROWN \$1.80
SAUSAGE \$1
MUSHROOMS \$1

HOT CHIPS

SMALL \$5
MEDIUM \$7
LARGE \$8

GRAVY
SMALL \$2
LARGE \$2.50

WEDGES \$8
WITH SOUR CREAM & SWEET CHILLI SAUCE

CHIKO ROLL \$3.50

SMALL DIM SIM \$1.50

LARGE DIM SIM \$3

CHEESE KRANSKY \$2.50

POTATO CAKE \$1.50

HASH BROWN \$1.80

CHICKEN NUGGETS 80c

DEVIL CHICKEN WINGS \$2

BATTERED SAV \$5

FISH (EACH)

HOKI \$2
GARFISH \$5.50
BUTTERFISH \$7
LOCAL FLAKE \$7
LOCAL WHITING \$8

CALAMARI RING 80c
SEAFOOD STICK \$3

FISH PACKS

2 PIECES OF FISH, CHIPS
LEMON, TARTARE SAUCE

GARFISH \$14
BUTTERFISH \$17
LOCAL FLAKE \$17
LOCAL WHITING \$19

1 PIECE OF FISH, CHIPS
LEMON, TARTARE SAUCE

GARFISH \$9.50
BUTTERFISH \$11
LOCAL FLAKE \$11
LOCAL WHITING \$12

FISHERMAN'S BASKET \$16
1 PIECE GARFISH, 2 CALAMARI RINGS
2 SCALLOPS, 2 PRAWN CUTLETS, CHIPS
LEMON, TARTARE SAUCE

CALAMARI PACK \$9.50
6 CALAMARI RINGS, CHIPS
LEMON, TARTARE SAUCE



KITCHEN HOURS AND PRICES ARE SEASONAL
SEE STAFF OR CALL US FOR DETAILS

BURGERS

CHEESE BURGER \$8
BEEF, ONION, CHEESE
TOMATO SAUCE

HAMBURGER
BEEF SCHNITZEL BURGER
STEAK SANDWICH

PLAIN \$10
LETTUCE, TOMATO, CHEESE
ONION, TOMATO SAUCE

WITH THE LOT \$12.50
LETTUCE, TOMATO, CUCUMBER, CARROT
BEETROOT, ONION, PINEAPPLE, EGG
BACON, TOMATO SAUCE

CHICKEN SCHNITZEL BURGER

PLAIN \$10
LETTUCE, TOMATO, CHEESE
MAYO

WITH THE LOT \$12.50
LETTUCE, TOMATO, CARROT, CUCUMBER
BEETROOT, RED ONION, PINEAPPLE
BACON, MAYO

YIROS \$10
LAMB OR CHICKEN WITH
LETTUCE, TOMATO, CHEESE
RED ONION, TZATZIKI SAUCE

SWEET CHILLI CHICKEN WRAP \$9.50
2 CHILLI CHICKEN TENDERS, LETTUCE
CHEESE, TOMATO, CUCUMBER
SWEET CHILLI SAUCE, MAYO

FISH SUB \$10
HOKI
LETTUCE, TOMATO, TARTARE SAUCE



HOT DOGS

WITH SAUCE/MUSTARD \$6
WITH CHEESE & SAUCE/MUSTARD \$7

DOUGLAS DOG \$8
BACON, CHEESE, ONION, BBQ SAUCE

DRUMMOND DOG \$8
HAM, CHEESE, PINEAPPLE, SAUCE

DUTTON DOG \$8
HAM, CHEESE, SAUCE/MUSTARD

MEAL PACKS

DEVIL CHICKEN WING PACK \$10
3 CHICKEN WINGS WITH CHIPS

CHICKEN NUGGET PACK \$8
6 CHICKEN NUGGETS
CHIPS, TOMATO SAUCE

SCHNITZEL PACK
WITH CHIPS & GRAVY
CHICKEN OR BEEF
\$12.50

CHIPS & GRAVY \$7.50

POPCORN CHICKEN PIECES
\$6 A BUCKET





Coffin Bay Emergency Ready Committee (CBERC)

The CBERC is a group of local residents who are interested in how the Coffin Bay Community will respond in the event of a local emergency. The Committee agrees that the most likely emergency to confront the Community is a bushfire.

The logo – designed by a Wangary School student represents the types of emergencies that could occur – Storm, sea mishaps, fallen trees, and of course - fire.

We are currently in the process of developing a 'phone tree' of locals who would be willing to assist in the event of an emergency. We will also look at what training and OHS&W issues could be needed..

If you think that you might be interested in being a member of the 'phone tree' then please forward your name, phone number and email address to info@coffinbay.biz and a member of the group will get back to you.

In an emergency the CBERC would respond to direction from the SA Police – SAPOL. However for example, on a catastrophic fire day our local police rep. could be called out to events on other areas of Lower Eyre Peninsula and could even be cut off from returning to Coffin Bay – another of the reasons to have a team of emergency ready locals.

Don't forget the old Boy Scouts motto – "Be prepared"

You are invited to attend our meetings which are held in the local SAAS/SAPOL offices.

Our next meeting will be at 10.00am on MONDAY 7TH SEPTEMBER. The meeting after that is on Monday 2nd November 2020.

These are open meetings for all and any local resident, so come along, even if only to develop an awareness for what this Committee is doing on your behalf.



ELEGANT EYRES' 15th BIRTHDAY
Friday 11th SEPTEMBER 2020

REMEMBER THIS!!!!!!
"The original invitation"

"Refusing to become invisible when they hit a certain age, women are joining a sisterhood and taking the world by storm."

*Coffin Bay has discovered the **Red Hat Society** and extends an invitation to
ALL LADIES OVER 50 OR NOT QUITE THERE YET!
Friday 16th September at 12 noon*

"WELL NOW WE ARE TURNING 15!!!!"

**IF YOU HAVE BEEN A RED HATTER OVER THE MANY YEARS THAT WE
HAVE BEEN HAVING "FUN" COME ALONG TO THE COFFIN BAY HOTEL
@ 12 NOON ON FRIDAY 11th TO CELEBRATE WITH US .
BYO LUNCH (buy your own lunch) BUT...WE WILL HAVE A DELICIOUS
BIRTHDAY CAKE TO CELEBRATE.**

*Contact by Monday 7th September is you can come along :-
(So we can book tables)*

*Kay Breden T.86854298/ M.0407035047 kaybreden@gmail.com
Carol Fathers M.0400854441 lesfathers@bigpond.com*

PIC•COLLAGE

What's On Around Coffin Bay

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29 Coffin Bay Reach Out, 10-12pm Library Ladies Golf, names in by 12pm	30				
	1 Pilates 9:30am, Town Hall Coffin Bay Library 10-12pm Ladies Golf, names in by 12pm	2	3	4 Cea-side Stitchers 9-12pm, Coffins Sporting Complex	5 Tai Chi, Yacht Club 9am Coffin Bay Library 10- 12pm	6 Coffin Bay Markets 10am – 2:30pm Cummins Recyclers 10-1pm, 6-8 Lawrie St
7	8 Pilates 9:30am, Town Hall Coffin Bay Library 10-12pm Coffin Bay Progress Association Meeting 7:30PM Coffin Bay Hall	9	10	11 Cea-side Stitchers 9-12pm, Coffins Sporting Complex Night Owls Grand Final 6:30pm – Late Sporting Club	12 Tai Chi, Yacht Club 9am Coffin Bay Library 10- 12pm	13
14 'Catch up in Coffin Bay' 1-3pm at the Hall	15 Pilates 9:30am, Town Hall Coffin Bay Library 10-12pm Ladies Golf, names in by 12pm	16	17	18 Cea-side Stitchers 9-12pm, Coffins Sporting Complex	19 Tai Chi, Yacht Club 9am Coffin Bay Library 10- 12pm	20
21	22 Pilates 9:30am, Town Hall Coffin Bay Library 10-12pm Coffin Bay Progress Association Meeting 7:30PM Coffin Bay Hall Ladies Golf, names in by 12pm	23	24 Coffin Bay Sun Submission Deadline	25 Cea-side Stitchers 9-12pm, Coffins Sporting Complex	26	27

Breakfast until 11am

Beachy Works

Bacon , 2 Eggs (poached, fried or scrambled),
sausage, tomato, sautéed mushrooms and
baked beans on toasted muffin **\$20**

Bacon and Eggs

Bacon and 2 Eggs (poached, fried or scrambled) on
toasted muffin **\$14**

Eggs Benedict

2 poached eggs with baby spinach and hollandaise
sauce on toasted muffin **\$13**
with ham, bacon or smoked salmon **\$18**

	Bacon & Egg	Ham & Cheese
Sandwich	\$7.50	\$6.30
English muffin	\$8.50	\$7.30
Croissant	\$9.00	\$8.00

Pancakes

2 fluffy pancakes with ice-cream and fruit
drizzled with maple syrup **\$12**

Avo Smash

Smashed avocado with fetta, chilli flakes, lemon
and mint on toasted muffin **\$13**

Muesli

Crunchy muesli with yoghurt, milk and berries **\$11**

Cinnamon Fruit Toast \$5

Extras

Egg	\$2.50	Chorizo	\$4	Mushrooms	\$3
Sausage	\$3	Bacon	\$5	Tomato	\$3
Wilted spinach	\$3			Hash brown	\$2
Smoked Salmon	\$5				
Gluten free bread	\$1.50				



What else is at Beachcomber?

Fresh sandwiches, rolls and wraps made to order

House-made cake and sweets

Coffee from early morning

Milkshakes and ice-creams

Fuel, ice, fishing bait and tackle

Groceries

Souvenirs

And much more!



Licensed café and store

113 Esplanade

Coffin Bay

(Next to the caravan park)

Phone orders welcome

86854057

Kitchen open all day

**Dine inside or alfresco
or takeaway**

Pets welcome

All Day Menu

Fish and Chips One fillet (battered, crumbed or grilled (GF) with chips, tartare and lemon

Whiting (local) **\$14**

Ocean Jacket (local) **\$11**

Butterfish **\$11**

Lemon Pepper Squid (GF) with chips, tartare and lemon **\$13**

Fisherman's Platter for two 4 fresh prawns, 4 pieces of lemon pepper squid, 2 battered fish fillets, 4 crumbed ocean jacket cheeks, 4 natural oysters and chips **\$50**

Kid's Fish Pack **\$9**

Fish Wrap Battered or grilled fish fillet, lettuce, red onion, tomato and tartare **\$14**

Chicken Wrap Grilled Chicken breast, bacon, red onion, mixed lettuce, parmesan and mayo **\$13**

Yiros Chicken or lamb with lettuce, tomato, red onion and tzatziki **\$10**

Plain Hot Dog with sauce **\$5.50**

Calypso Hotdog with bacon, cheese and sauce **\$8**

Add side salad **\$4**

Add side of chips **\$3**

Bucket of Prawns Local Spencer Gulf prawns with cocktail sauce and lemon **6 for \$12**
wedges **12 for \$22**

Beachy Salad Lettuce, tomato, cucumber, olives, red onion and fetta **\$12**
add beef, lamb, or chicken **\$16**
add salmon **\$17**

Beachy Burger Seasoned beef pattie, bacon, egg, cheese, onion, tomato, lettuce and tomato sauce **\$13**

Plain Burger Seasoned beef pattie, lettuce and tomato sauce **\$9**

Marble Range Burger Grilled chicken breast, avocado, sun-dried tomato, fetta, red onion, baby spinach and mayo **\$13**

Gunyah Burger Battered fish, lettuce, tomato, red onion and tartare sauce **\$12**

Veggie Burger Veg pattie, lettuce, tomato, beetroot and mayo **\$9**

Steak Sandwich with the lot Grilled topside steak, bacon, egg, cheese, onion, tomato, lettuce and tomato sauce **\$13**

Steak Sandwich plain Grilled topside steak, lettuce and tomato sauce **\$9**

Gluten free bread **\$1.50**

Add pineapple **70c**

Add beetroot **70c**

Fresh Coffin Bay Oysters **6/12**

Natural with lemon (GF) **\$14/22**

Japanese with pickled ginger, soy sauce, wasabi and sesame seeds **\$16/25**

Thai with chilli, lime and fish sauce dressing **\$16/25**

Kilpatrick cooked with bacon and house made sauce (GF) **\$18/28**

Closed takeaway only **\$10/18**

Hot Chips (GF) Cup **\$4**
Small **\$6**
Medium **\$7.50**
Large **\$9**

Chips & Gravy Small **\$8**
Large **\$10**

Sweet potato wedges with sweet chilli and sour cream (GF) Small **\$10**
Large **\$12**

Chicken Nuggets Each **\$0.60**
6 with chips **\$6**

Chiko Rolls **\$4**

Potato Cakes **\$1.50**

Tub of Gravy **\$4**