

CUMMINS CONNECTION



**APPLY
NOW**

Community Bank · Cummins District

Cummins District Community Investment Program

A Community Grant can support your organisation
when it needs it the most.

Applications open Tuesday 1 August 2023.

bendigobank.com.au



Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL/Australian Credit Licence 237879 1409006-1409008 OUT_30614908

VOL
237

CUMMINS, SA

August 2023

THIS MONTH



90 Birthday Cummins & Yeelanna CWA

Tuesday 29 August 2023
Cummins Hotel
11:30 / 12 noon for lunch

An Invitation is extended to
all present and past
members.

Contact

Marie Charlton 0427 762 950
for catering numbers.

If anyone has any CWA
Memorabilia please let Marie
know.



Looking Through My Back Door

Pop Up Art exhibition for SALA South Australian Living Artists

Local Artists Rosii Pedler,
Jane Andrew & James Pedler

9 - 18 August 2023

10 to 4:30

Closed Saturday

Open Sunday 13th 12 - 4:30

Street Art demonstration by
James Pedler on Sunday only

In ex hairdresser building
next to IGA



AGM

Monday 14 August 2023
1pm at
Op Shop

All Welcome



Stay up to date with all
the events
in Cummins!
Scan the QR code to
explore!



WORDS FROM THE COMMUNITY

Have you got news to tell the community? Maybe you'd just like to thank someone, write a little poem for everyone's enjoyment, or simply highlight the little things that make Cummins such a special place. Whatever it is you need to say, simply email it to cdec@dclep.sa.gov.au

Thanks to Cummins Lions Club

The visit by the Lions Skin Cancer Screening Unit last week was an opportunity for locals to book in for free skin checks. The fully trained, certified and professional supervisors were efficient and informative about keeping aware of changes in your skin through regular checks, and how to conduct self checking.

The Lions Members are congratulated for the organisation of the visit and managing bookings.

Cummins Lions Club actively supports worthy causes.

For 2022/2023 donations amounted to \$14,682 :

- > Cummins Area School (organ for music student)
- > Kerry Anne Benefit
- > Royal Flying Doctor
- > Careflight
- > Prostrate Cancer
- > Childhood Cancer
- > Cranio Facial
- > Cummins Hospital Auxilliary
- > Eye Health
- > Mirioma Place (outdoor setting)
- > Cummins Hospital (Transfusion pumps)
- > Hearing Dogs

The Lions members are congratulated for their efforts supporting our community.

A Blast from the Past!

An early edition of Cummins Connection makes interesting reading. Two more pages of the third edition distributed in August 2000 are included in this Connection edition.

A couple of enterprising locals spent time each month putting the Connection together, printing it and then getting it out to the community. Trevor Guppy was the main editor.

You may need to read it with a magnifying glass but definitely a worthwhile read! Enjoy the recall of our history, and what our town was doing 20 years ago.

CUMMINS CONNECTION

INFO DUE
23 AUGUST 2023

For planned distribution on
31 August 2023

Please send content to
cdec@dclep.sa.gov.au
or scan the QR code to submit via
our website.





Looking Through My Back Door

A Pop Up Exhibition for SALA

JANE ANDREW ROSII PEDLER JAMES PEDLER
LAURA SMITH

Hairdressers Building next to IGA Bruce Terrace CUMMINS
August 9th - 18th 10am-4.30pm Closed Saturday.
Sunday 13th 12-4.30pm

Street Art painting demonstration by James on Sunday Afternoon





A: 19-21 Tumby Bay Rd

P: 08 8676 2210

E: admin@cumminsmedical.com.au



Please join us in congratulating Dr Gerard Quigley for being awarded the Medal of the Order of Australia (OAM) for service worthy of particular recognition.

MEDAL (OAM) OF THE ORDER OF AUSTRALIA IN THE GENERAL DIVISION

Dr Gerard QUIGLEY, Cummins SA 5631

For service to medicine.

General Practice

- Principal Medical Officer, Cummins and District Memorial Hospital, since 1990.
- General Practitioner, Lower Eyre Family Practice, since 1990.
- Visiting Medical Officer, Port Lincoln Aboriginal Health Service, 2007-2008.

Australian College of Rural and Remote Medicine

- Former Pre-Employment Structured Clinical Interview Panellist.
- Fellow, current.

Eyre Peninsula Division of General Practice

- Chairman, 2011-2012. • Rural Chapter Representative, 2006-2012.
- Medical Director, 2006- 2011.

Adelaide to Outback

- Board Director, General Practitioner Training, 2007-2016.

Awards and Recognition includes

- Peter Graham "Cohuna" Award, Australian College of Rural and Remote Medicine and Rural Doctors Association of Australia, 2022.
- Australia Day Honour Award, District Council Lower Eyre Peninsula, 2007.

The Award was announced as part of the King's Birthday Honours on 12 June, 2023.

"This year's Honours recipients exemplify the enormous commitment that rural doctors across Australia have to their communities," RDAA President elect, Dr RT Lewandowski, said.



**RAH mobile Bone
Density Van
Service
will be visiting
Cummins**

**18-22 September
2023**

**Located between Lower Eyre Family Practice
and Miroma Hostel, Tumby Bay Rd.**

To make an appointment call

08 7074 5400 or 1300 724 319

**Please note—You must have a referral from
your doctor before calling to arrange an
appointment.**

Coffin Bay Clinic

Dr Leanne Schroeder-Perrang

Tuesdays from 2pm

Dr Gerard Quigley

Wednesdays from 2pm

Please call **08 8676 2210** to secure an
appointment
or go to hotdoc.com.au

Visiting Locum

Dr Willem Joubert

**Sunday, July 30
to**

Saturday, August 12





CUMMINS AREA SCHOOL

McFarlane Street
Cummins SA 5631

p. 8676 2388
f. 8676 2288

www.cumminsas.sa.edu.au
dl.0754_info@schools.sa.edu.au

CUMMINS AREA SCHOOL CANTEEN/KITCHEN – FACILITIES UPGRADE URGENTLY REQUIRED:

Our CAS School Canteen has become a vital part of our school life and provides healthy, well balanced, and home cooked recess snacks and lunch options every day to Junior, Primary and Secondary students, staff, and visitors to the school. We have two paid Canteen manageress who time share the working week and our parent school community volunteers who help each day also.

Before the COVID pandemic our successful Breakfast programme was run by our Cummins Area School Chaplaincy group and assistance from our local community volunteers also utilized the existing School canteen facilities daily and stored their equipment and essentials in the kitchen area also.

The Breakfast programme has been on hold due to the urgent upgrade of the existing kitchen and canteen facilities and we are requiring more efficient workspaces and storage areas to accommodate the many users of our canteen. Our Canteen has been operational for over 57 years and there has been no major maintenance done over that time. After so many years of operation the facilities are inadequate for its operation and is desperately requiring an upgrade. Our Canteen Committee along with valuable support from the CAS Chaplaincy Group have been working on suitable but basic plans along with sourcing available funds to cover this big upgrade since 2021. Our plan was submitted, and we were recently quoted over \$200,000 for the full upgrade which included, new cabinetry, increased work spaces, newly wheelchair accessible serveries and windows, new flooring, painting, electrical and hand washing station.

We have been very fortunate to have been successful with Grants through our own local community Bank, Cummins Community Hotel and the Cummins Community Op Shop, Lower Eyre Council and Variety SA. The Canteen has also proved very profitable over the past 6 years with thanks to our hard working Canteen Manageress's and the QKR app implementation to provide financial funds of \$40,000 with the School also committing \$15,000 towards our project.

Our School Canteen has not been in any receipt of any financial benefit from the Department of Education at all and it is a completely self-funded entity reliant on its own profits and supported through volunteer hours. The Education Department has now confirmed they will contribute funds towards the removal of the asbestos and some electrical costs which has now ensured that we will enough funds to commence the full upgrade. At this stage we are still waiting to hear back from Ventia about the commencement date, but we are very hopeful for a new Canteen in early 2024.

We are very extremely grateful and very thankful for the following financial commitments gifted to us for our Canteen/Kitchen upgrade and their continued support for our School and its Canteen and ensuring our upgrade can commence. This upgrade would not be possible without any of their financial commitment, and we would like to acknowledge their wonderful support for our project.

Bendigo Bank Community Challenge Group in 2022 - \$40,700

Cummins Community Hotel 2022 - \$10,000

Cummins Community Op Shop – 2022 - \$3500

Lower Eyre Council – 2023 - \$7500

Variety SA – 2023 - \$40,000

We are looking for the support of this project from our school community, students, and staff especially when the upgrade begins there may need to a closure of the school Canteen for a few weeks to ensure it is completed quickly.

We feel that the new Kitchen/Canteen upgrade will support the wider school and its community through further providing a more efficient and workable environment, especially for the return of our breakfast programme and enabling further student based programs working with the Chaplaincy group, our School Chaplain and community volunteers.

Mel Degner - Principal



Government of South Australia
Department for Education

CWA 90TH BIRTHDAY

CUMMINS



Coming soon!! Cummins and Yeelanna both celebrating their 90th Birthdays

Next Cummins Meeting: 1.15pm CWA Rooms, **Wednesday July 26**. Bring a Christmas article.
A Handicraft Day was held recently with Yeelanna teaching embroidery and knitting.

* If anyone has any CWA memorabilia please ring Marie Charlton on 0427 762 950

and ring if you would like to attend the birthday celebrations.

Where: Cummins Community Hotel

When: 11.30 - 12 o'clock 29 August 2023

Any past Members most welcome!!

Cummins CWA Report 1989:

*Mrs **Dawne Cooper** re-elected President, and Mrs **Lou Fuss** as Secretary. Retiring Secretary Gloria Harder summarized the year's activities with the highlight being the formation of a link with the Rudall Branch. Seven members attended our 55th birthday when Mrs **R McCullum** and Foundation member Mrs **Iris Hill** took part in the cake Ceremony. Four local ladies delighted members with a musical item and four others presented a humorous send up of a CWA meeting. Eighteen members recently travelled to Rudall to join with them in a Luncheon.*

A visit to the Port Neill Museum and a BYO lunch shared with Karkoo members was an enjoyable time.

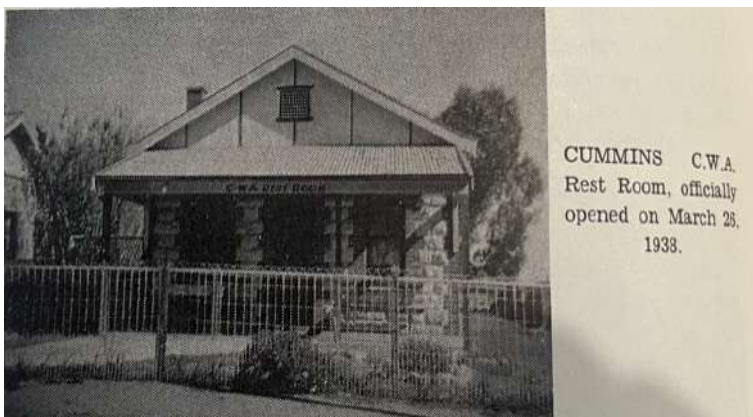
*Members attended the Ploughmans Lunch at Yeelanna and travelled in the local community bus to attend the Garden Party at the home of Mrs **Mary Edwards**.*

Two knee rugs made by members have been raffled and trading tables have been conducted to raise funds for new toilet facilities. A donation to the Cummins

*Hospital went towards the purchase of a lift for patients. Mrs **Thora Trigg** read a poem she had written after the visit to Rudall when members were not allowed to cross their legs.*

THE CUMMINS CWA REST ROOM

was opened in March 26, **1938** by Miss Sadie Carter. Yeelanna planted 700 trees at the Cemetery. All branches contributed towards a new aeroplane for The Australian Aerial Medical Service, a forerunner of the Royal Flying Doctor Service of today.



CUMMINS C.W.A.
Rest Room, officially
opened on March 26,
1938.



CUMMINS SCHOOL COMMUNITY LIBRARY



cummins.library@libraries.sa.gov.au



www.libraries.sa.gov.au/cummins



86762476



Follow us on Facebook or Instagram



SERU
Special Education Resource Unit



We invite you to view the
Specialised Inclusive Resources
available at the Cummins Library,
in partnership with SERU/SIES and
Lower Eyre Council. Wed. August 9
11.30am: Health Professionals
1.00pm: Community members
3.30pm: SSO and Teaching Staff

Specialised Inclusive Resources for Families: available soon in our Library!

We invite families, health professionals and staff to the launch of the pilot program, where targeted, specialised resources and materials, which support children with learning difficulties, will be available to borrow from our library.

We are excited to be part of this pilot program with SERU/SIES and Lower Eyre Council, where these inclusive resources will be displayed for browsing and borrowing within the community, as well as curriculum information to support each individual resource.

SIES (formerly SERU) support eligible children and young people from birth to year 12 with a disability or functional need to access, engage, participate and attain within the education system.

We are delighted to have the opportunity to partner with SIES and Lower Eyre Council, hosting Specialised Inclusive Resources within our library for community members and professionals to access.

Please RSVP to the Cummins Library on 8676 2476 to attend one of these sessions.



(08) 8235 2871



72a Marlborough Street
Henley Beach SA



<https://web.seru.sa.edu.au>



SERU.Library740@schools.sa.edu.au

WHAT'S ON AT OUR TOWN CUMMINS

RAILWAY TCE CUMMINS

Our Town

Youth Hub

A SAFE SPACE FOR OUR YOUTH TO CONNECT WITH THEIR PEERS

TERM 3 OPEN TIMES

WEDNESDAY WEEKS 1,3,5,7,9

THURSDAY WEEKS 2,4,6,8,10

3.30PM-5.30PM

FOR 12 - 17 YEAR OLDS

Our Town

YOUTH HOT DESK

Monday Arvo's
3:30 - 5:30pm
at The Village

DO YOU NEED A QUIET PLACE FOR HOMEWORK OR STUDY?

THE VILLAGE WILL BE OPEN EACH MONDAY FOR USE FOR HOMEWORK AND HELP IF YOU NEED IT.

YOU WILL NEED TO ACCESS YOUR OWN INTERNET IF NEED BE, BUT WE CAN SUPPLY A DESK, STATIONARY, SUPERVISION AND PROBABLY A SNACK OR 2!

Our Town

RIVERLAND YOUTH THEATRE

ONLINE CREATIVE CLUB

Wednesdays 5.15pm - 6.45pm
via Discord, during school terms
with Alysha Herrmann | FREE

Weekly digital hangs for young people in regional Australia. Supported by RYT's Digital & Community Artist, participants will explore and experiment with digital creation - writing, visual art, video-games, film-making, performance skills and more. This group is about connection, creation, curiosity and courage. The group will be organising ways to share their work online throughout the year. Join us (online)!

variety

Be Heard

Every story deserves to be heard.
Especially yours.

OPEN TO HEAR YOU THURSDAYS 12-2PM

You can also book to chat on 0476 651 327

Confidential, Informal Volunteer Support.

Be Heard is a free, walk in 1:1, mental wellbeing support service. Run by volunteers, our listeners are there to hear the stories you need to share through moments big and small. Our listeners will help you to share the weight of the stories that make us human.

Our Town

CUMMINS LUTHERAN PARISH



Worship Times

Pastor Peter Klemm

All are welcome to join us for worship!!

Aug 6 Tumby Bay 9 am LR
Cummins 10.30 am LR

Aug 13 Cummins 9 am
Tumby Bay 10.30 am HC

Aug 20 Tumby Bay 9 am
Cummins 10.30 am HC

Aug 27 Cummins 9 am
Tumby Bay 10.30 am HC

CUMMINS LUTHERAN PARISH



Worship Times

Pastor Peter Klemm

All are welcome to join us for worship!!

Sept 3 Tumby Bay 9 am
Cummins 10.30 am HC

Sept 10 Cummins 9 am
Tumby Bay 10.30 am HC

Sept 17 Tumby Bay 9 am
Cummins 10.30 am HC

Sept 24 Cummins 9 am
Tumby Bay 10.30 am HC

Any Interest?

There are many talented people in this district !
There are numerous options to showcase what
exists in our own patch !

Do you have ideas for reviving the Arts/ Music/
Performance/ Entertainment experiences in this
district?

If keen to provide ideas contact
Wendy Holman 0439 870066.

If enough interest in having a chat then a group will
be arranged and plans made.

BAGS of RAGS for Sale

Available from Cummins Men's Shed

Open every Tuesday & Thursday

5kg bags @ \$6 each

If required when Men's shed is closed

CONTACT Barry 0418 762 319

WE'RE HIRING

Admin and Instrumentation Laboratory Technician

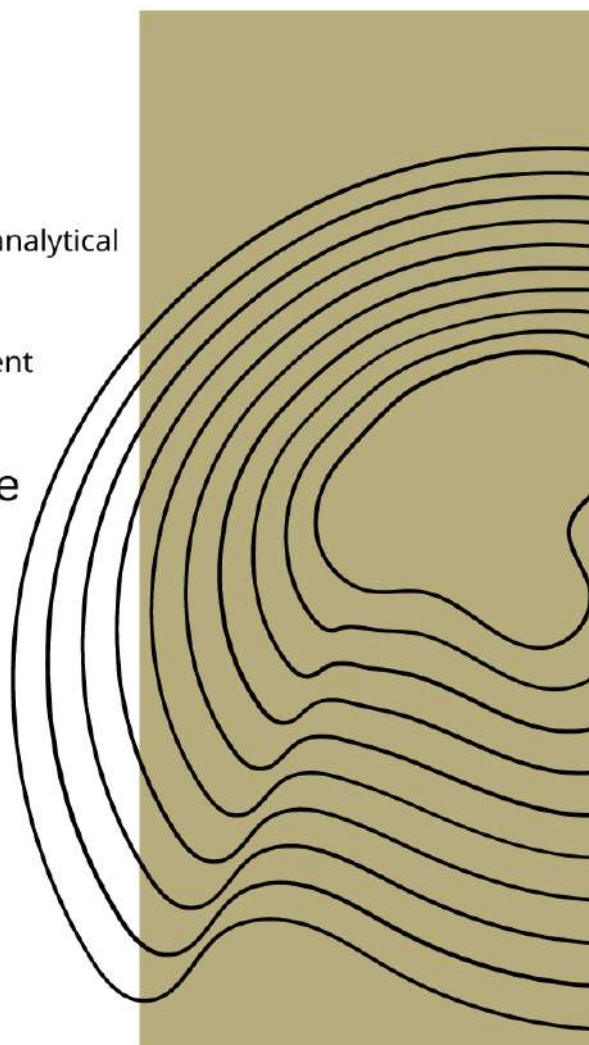
Desired Skills:

- Minimum Year 11 Sciences,
- Detail orientated,
- Knowledge or willingness to learn equipment and analytical software,
- Problem solving and troubleshooting skills,
- Work both independently and in a team environment

Certificate IV traineeship available

Full job description available upon request

**Send your
application and CV to:**
info@epanalysis.com.au





Regional Development Australia Eyre Peninsula (RDAEP) is delivering the Small Business Fundamentals Program to the Eyre Peninsula and Far West. The program supports small businesses to build their fundamental knowledge and capability in areas critical to long term business sustainability and growth.

The objectives are:

- Increase the skills, capability and capacity of South Australian small and family businesses, and social enterprises, and their workforces
- Support small and family businesses, and social enterprises, to improve profitability and competitiveness and employ more South Australians
- Provide equitable access and support to under-represented business owner groups.

The program will consist of:

- 12 bespoke workshops delivered at no cost to participants in at least 6 towns on the Eyre Peninsula to develop fundamental business knowledge and capability in areas critical to long-term business sustainability and growth, and
- 1:1 mentoring and training sessions delivered addressing the business needs identified by participants during the workshops, at a subsidised cost to Participants.

Any queries please contact Julie Wynne, Program Officer on 0408 516468 or julie.wynne@rdaep.org.au.



CUMMINS COMMUNITY
OP SHOP

AGM

Celebrating 30 Years of Supporting the Community

14th August 2023

@ Cummins Community Op Shop

@ 1 pm

ALL WELCOME

Urgently needing volunteers!

☎ 8676 2245
ABN 79 704 403

🕒 Tuesday - Friday 10am - 4pm
cumminsopshop@gmail.com

PO Box 49
54 Bruce Tce
Cummins SA 5631



OUR



Giving Village

LOCALS SUPPORTING LOCALS

NOMINATIONS NOW OPEN

To nominate a worthy family or individual, scan the QR code or collect a hard copy from Our Town Cummins.



We realise that many people in our community will experience adversity. That's why **Our Town Cummins** has partnered with **Empowering Lower Eyre** and **Community Bendigo Bank - Cummins District** to create a "locals supporting locals" initiative. Aimed at reducing stigma through a whole-of-community support system, we want to lend a hand to those in our Cummins community who are going through major life changes, enduring financial or personal hardships, or even just having a bad week. We are ready to gift community members vouchers, help around the home, a listening ear, or any way their nominators see fit.

CONTACT: OURGIVINGVILLAGE@GMAIL.COM

PROJECT PARTNERS:



OFFICE SPACE AVAILABLE



*Picture for illustrative purposes only

FEATURES

LOCATION:

Cummins Institute
46 Railway Tce, Cummins SA

Private Office

Partly furnished, private workspace, customise to your needs, can be used as an office or pop-up shop.

Central Location

Easy walk to cafes and shops.

Flexible Leasing Options

Budget-friendly rates, and flexible term options suitable to your needs.

Located at the Cummins Institute, this very inviting and attractive office space is available for full-time, part-time, or daily lease. Partly furnished, the office includes a storage area, reverse cycle air conditioning, central foyer with seating for waiting area, shared kitchen facilities, and ample parking space.

FOR FURTHER INFORMATION,
PLEASE CONTACT

CDEC@DCLEP.SA.GOV.AU

Lower Eyre Physiotherapy

Tamara Bartel and Mark Cooper of Lower Eyre Physiotherapy are consulting at Cummins Hospital Tuesdays and Fridays. General physiotherapy service with interests in sports injuries, neck and back pain, work injuries, massage and acupuncture. For appointments contact Cummins Hospital ph. 86762463. Also consulting at Mortlock Clinic in Port Lincoln ph. 86822291

YALLUNDA 2000

The Lions Club of Cummins and Tumby Bay will be conducting a Black Tie Ball at Yallunda Flat on Saturday 16th September, in aid of the Royal Flying Doctor Service.

This will be the premier event in this district in 2000. The night will feature quality entertainment including a live band. There will be complimentary pre-dinner drinks, a five-course meal, and complimentary buses from Cummins and Tumby Bay to ferry you to and from this event.

Tickets will be sold by the table at a cost of \$80 a ticket (i.e. \$800 dollars a table of 10). Tickets are still available from David Frick.

Local organizations will benefit from tendering for various tasks.

Cummins & District Memorial Hospital Inc Women's Auxiliary Report 1999/2000

It gives me pleasure to report on the activities of the Auxiliary for the past busy year.

As is the custom, the meetings have been held Bi Monthly, and again are very well attended, with an average attendance of 19 Ladies.

The aim, to raise funds, support the Hospital in a practical way, and keep informed has again been realised, and at the same time, the members have enjoyed each other's company while working and socialising together.

We have appreciated the input of the EO/DON Tiffany Gross at our meetings keeping us informed, as well as guiding us with ideas of ways we could help in both financial and practical ways.

During the year we've had the following Guest Speakers:

Mrs Helen Casanova, 'From Bush Tracks to Big Smoke'

Mrs Ann Baldissera, Her Role, as Cummins Medical Clinic, Health Care Coordinator

Mrs Meredith Treloar 'Palliative Care'

Mrs Mollie Crettenden and myself have attended the Cummins Advisory Sub Committee Meetings, as Auxiliary Representatives.

Major Fundraisers this year have been (approximately)

Catering United Yeelanna, Football /Netball Members Dinner \$1905.00

The Melbourne Cup Lunch. \$1957.00

Street Stall on Referendum Day.... \$674.00

Catering for Murnanes Clearing Sale \$ 580.00

Providing Supper at the Brian Letton Concert \$122.00

We supported the Miroma Place Fete, with goods and scones for Devonshire Tea Sold Calendars for the Pt Lincoln Rotary Clubs, Hospital Fundraiser on Eyre Peninsula. The latter, resulted in a cheque for \$4,076.90 a 'Wonderful Surprise' from the generosity of the Rotary Members, as they themselves sold the bulk of the 2000 printed Calendars. They split the profit between the 11 Health Units on E P, depending on how many each area sold. This Money purchased an Oxypleth Unit for the Hospital, to help monitor very sick patients.

Curtains have been made for the Hospital Flat and members provided packs of Christmas Biscuits to Doctors and Staff of the Hospital and Miroma Place, in appreciation of their dedicated service throughout the year.

We appreciate the monetary donations from the CWA and Bureau Branches towards meats for the Melbourne Cup Luncheon again this year. It has been passed to pay \$5,000 towards furnishing the Flat within the Hospital, to be used by visiting staff, or others needing emergency accommodation, when Family are hospitalised, or need a private area. \$1500 is to be made available to help with a hot water system for Miroma Place Hostel. Funds are in hand to be distributed, as the need arises within The Hospital or Miroma Place Hostel.

I wish to Thank you all for your generous untiring support of the Auxiliary, in Time, Talents, and Gifts, and personally, for the support of All Members and Office Holders for making my term of Office a very rewarding one. Thank You, Ronda Glover President

The Annual Meeting of the Auxiliary held on 18/7/00

New Office Holders are

President	Gladys Hall
Secretary	Desma Gerschwitz
Assistant Sec	Wendy Treloar
Vice President	Ronda Glover
Second Vice	Margaret Carr
Treasurer	Margaret Carr
Catering Convenor	Maureen Thiele
Catering Committee	Mollie Crettenden Edna Dahlitz Joyce Harris

The Auxiliary have a busy time ahead in the next few months, with several lots of catering in the planning, including the Yeelanna Members Dinner, the Music Hall Suppers, on two consecutive nights, and the Annual Melbourne Cup Luncheon.

We would welcome any New Members to the group, which meets in the Board Room at the Hospital, bi Monthly on the third Tuesday at 1.30 pm.

If you are able to help with the catering for the Yeelanna Members dinner on 19th August please contact Maureen Thiele ph. 86762958

Cummins Hall

As mentioned earlier the Arts council and the Hall committee got together for 'St. Patrick's in May'. I would like to thank the Arts council members for their support of the hall and to those who joined us for Irish stew, Irish beer, Guinness and a delightful mix of jazz, blues and rock by 'Sahara'.

In order to have the new stage curtains ready for the music hall later in the year the hall committee wrote to the District Council requesting a loan of \$5000. Council who have supported us in the past with the exterior painting and the new toilets has approved this. Thanks to council we will soon have new curtains that actually work.

Tidy Towns

With Toby and Chris Kennett moving on to what ever they decide to do next they have also had to leave Tidy Towns. Toby and Chris have been two of the most dedicated members of Tidy Towns and Traders and have been as responsible as anyone for much of the developments around the town carried out by these groups. Thanks Toby and Chris for all the hard work.

This means that Tidy Towns have very few members with much still needing to be done. Adrian Thiele has taken over from Toby as chairperson but we are in need of others who would like to see Cummins continue to develop and become a more attractive town to live in. We meet every other month on the first Monday at the Council chambers at 6pm. Our next meeting is in October. Please come along if you are interested.

We recently had a working bee at the railway triangle and erected the new play equipment, which is part of the redevelopment of the area. Thanks to David Hall and Jonty who provided the expertise needed and gave us access to council equipment that made the job a lot easier. Trevor Guppy

Wanted

Agapanthus to be planted out in rose gardens northern end of town oval. Contact Adrian Thiele - ph 86762958

Cummins Memorial Swimming Pool

The AGM for the swimming pool held on 31st July had to be cancelled due to the lack of a quorum. The AGM has been re scheduled for Monday 21st August at the Cummins Hotel conference room at 8 pm. This committee has worked hard over many years to not only run the pool and keep it up to the standard required by law but also improve the facility as well. Just last year they installed solar heating so that we could all get more use out of the pool. The committee now needs the support of all pool members so that they can continue to provide us with this important facility. If you are a pool member please try to attend this important meeting.

Preparation begins for Bowls Season

With winter well under way members are already getting organized for next season. With a new tuft green to be planted there will be lots of working bee activity during August & September. A massive gate valve has been fitted at the dam to retain the water at maximum capacity to ensure sufficient water for at least one summer for all three greens.

As a matter of interest the valve was originally fitted at the bottom of the retaining wall at the Tod reservoir. The AGM elected Ian Pearson as the new President with Robert Wedd continuing as Secretary. Ladies elected were Diana Harder as President and Lou Fuss as Secretary.

With a large cross section of the district being members of the club it truly represents the area. The excellent facilities at the Clubhouse and the competitive nature of the district in sporting activities makes it the envy of many bowls clubs on Eyre Peninsula.

An open invitation is extended to all men and women of the district to become members and enjoy both the social and sporting activities of the club. All you need to do is speak to any member and you will be made most welcome.

CHIRP 'n' CHEAP
Cummins Community Opportunity Shop

HAVE MOVED - JUST UP THE ROAD - TO THE BUILDING FORMERLY KNOWN AS "GRACE'S"

OUR EXISTING PREMISES HAVE BEEN SOLD, AND WE HAVE NOW BOUGHT OUR OWN PLACE

OPENING ON TUESDAY, 1st AUGUST.

FOR A SHORT TIME ONLY WE WILL BE TRADING FROM THE REAR OF THIS BUILDING, AND ENTRY WILL BE THROUGH THE SIDE DOUBLE DOORS

THANKS TO YOUR ACTIVE SUPPORT IN THE PAST WE HAVE BEEN ABLE TO TAKE ON OUR SIGNIFICANT COMMITMENT SO PLEASE HELP US KEEP ON HELPING OUR COMMUNITY WITH YOUR CONTINUED PATRONAGE AND DONATIONS.

CUMMINS AREA SCHOOL LED-STEER COMPETITION

Many thanks to Roger Laube and the Australian Barley Board for once again sponsoring the School's Steer Project. This organization donated 2.0 tonnes of lupins and 2.0 tonnes of barley.

Wet weather has meant the students' task of yard cleaning, feeding and grooming has not been easy. Nonetheless, work and weight gains for the steers are progressing.

There are only five more weeks before the 20 or more students, and 5 steers, will head for the Royal Adelaide Showgrounds. The school first participated in this competition more than 15 years ago, but it was not until 1993 that the event became a yearly competition for us. In the past seven years the number of entries from our school has increased from one to four or five a year. Over the years we have gained a better understanding of what to expect. Success should not only be considered in terms of ribbons but participation, team work, enthusiasm and experience for the students.

This year we intend showing "Mad-Dog", the Limousin from Mrs. Keatley's Stud (Mt. Pleasant), and "Optimum" and "Rat" the Murray Greys from Rodney Gregurke. The Hereford "Warren" is from Peter Fitzgerald, and "Wyndham Angus" is an Angus from Jim Hackett at Clare.

Good luck to our Year 10 students and hopefully the market specifications are correctly matched and the steers (and students!) behave.

Graeme Doyle: Agricultural Studies Teacher

Cummins Garden Club

At the recent Cummins garden club AGM Earle Heidenreich was elected president, Gloria Harder secretary, and Jim Secker treasurer. The club has 24 financial members and we wish to keep members interested and encourage more garden enthusiasts to join the club. Our aim is to share our gardens, ideas, problems and plants with others.

In August we will visit Valerie Slater's garden and for the September meeting Mr. Peter Sheridan will speak on plant and animal control. Watch for posters in shop windows, notices in the school newsletter or ask Denise at the garden shop for a programme.

Visitors are most welcome to attend any meeting to hear guest speakers who may be of special interest.

DEADLINE for all articles, notices and advertising in 'Cummins Connection' September 20, 2000

Leave at Cummins Pharmacy preferably on disc [discs can be collected from pharmacy]. Or email at umaguma@ozemail.com.au

MARBLE RANGE CWA

Marble Range Group of CWA will hold another Christmas Tree Festival Competition on 15th December in the Uniting Church Hall to coincide with the Traders Christmas Festival.

We need support from all CWA members, Cummins businesses and other groups and individuals to enter a tree to be judged. There will be 4 categories - Traditional, Religious, Modern and Novelty. Trees to be decorated between 9-11am with judging from 11am - 12.30pm

The Hall will be open to the public from 1pm to 8pm on Friday and 9-12noon on Saturday morning for viewing, with trading tables, raffles and afternoon tea.

More details in next edition of the Cummins Connection and in the School Newsletter.

Expressions of interest to Group President Dawne Cooper 8676 2334 and Group Secretary, Maureen Fuss 8676 5045.

CUMMINS HOMES COMMITTEE

The Cummins Homes Committee was set up in 1981 and has operated since then with a mix of community and Council representation. The current Committee comprises five community members and two Council delegates, and, following the resignation of Mrs Heath, there is an opening for one more community representative.

The Community Representatives are Jeff Hall, Margaret Camilleri, Helen Hammond, Peter Aired and Doreen Loller. Council delegates are Councillors Brian Treloar and Bill Watkins.

Mr Jeff Hall was re-elected Chairman at the meeting held on 31 July. He has held this position since 1983. A Public Meeting will be held each year and six community names will be put forward from that meeting for membership of the Committee.

The Committee's function is to consider policy issues pertaining to the management and development of the Cummins Homes complex and make recommendations to Council. Day to day operational and maintenance matters are dealt with directly by Council.

Nell Heath recently resigned from the Cummins Homes Committee after acting as a community representative for eleven years. Her commitment and contribution to the Committee during this time has been greatly appreciated, particularly in conjunction with her many other community commitments including the Church, Hospital and CANDOT.

Any person having an interest in becoming a member of the Committee is invited to put their name forward for consideration prior to 4 September 2000. Mary Kearsley will receive registrations of interest in writing at the Cummins Council Office.

AN INTRODUCTION TO YOUR COUNCIL

The District Council of Lower Eyre Peninsula is chaired by Cr Bill Watkins, supported by Councillors Brian Treloar (Deputy Chairman), Julie Low, John Rogers, Bill Ford, Gaile Bobridge and Peter Thyer.

They all represent YOU and appreciate YOUR involvement.

A welcome is extended to all members of the public to attend Council meetings.

Meetings are held regularly on the third Friday of each month as follows:

- Finance Committee Meeting at 9:00 am;
- Works Committee Meeting at 10:00 am;
- Council Meeting at 1:30 pm.

An agenda is available to make it easy for people to follow the meeting. The Agenda is retained in the Chambers, but copies can be purchased if required. Copies of Council's agendas, reports and minutes are available on email and disk at no cost.

Diary Dates

- | | |
|--------------------|---|
| Aug 21 | Swimming Pool AGM
Cummins Hotel Conference Room,
8pm |
| Sept 16 | Black Tie Ball Yallunda Flat
[see article] |
| Oct 28 | Music Hall - Tumby Bay |
| Nov 3&4 | Music Hall - Cummins Hall |
| Dec 15 | Cummins Traders
Christmas Festival
Carols by Candlelight
Christmas Tree Festival |

Humans of Cummins

CHAPTER THREE: Emma Gale

I lost my Mum to breast cancer when I was 19 years old. My memories from the time she had been diagnosed to her passing are a bit blurred in terms of timelines but there are some real significant parts of this experience that have stuck with me.

I was around 13 and my sister Lou was 15 when we got home from school one afternoon and there was no one around. There were 4 kids in total in our blended family and it seemed strange to be so quiet on this day.

Mum had recently been in Adelaide for appointments and looked at both of us when we were home and said "I need to speak to you girls". Then continued to say, "I've got breast cancer".

I looked at her and burst out laughing hysterically for 5 mins. I thought it was a joke. That she was playing a joke on us. I soon realised that she was serious, and that hysterical laughing turned into hysterical crying. The 3 of us ended up crying altogether trying to make sense of this.

Mum had a friend who was quite close to us growing up who died at 29 years old after being sick with cancer. It was something that stuck with me a lot and hearing Mum had cancer I guess we instantly went to that place in our minds that maybe that meant she would die too.

It seemed unbelievable and surreal. My mum was an active and sporty person. She was a state basketballer when she was 19. Her whole family were basketball fans. Our home was generally fun and playful. We spent a lot of time in the pool, playing 2 on 2 basketball in the backyard or having a hit of tennis against our carport wall. There was a lot of laughter and fun and many family-friend

visits. Mum was very much a people person. Flirtatious by nature and she warmed to anyone and everyone.

After Mum was diagnosed, she had her treatment in Adelaide. We continued to go to school at Cummins while Min looked after us along with Jade and Binge. She came and went during chemotherapy but stayed the whole-time in Adelaide during radiotherapy.

The next couple years were a blur but then mum seemed to get the all clear from the oncologists.

From my recollection she had regular appointments for a few years and then one day found a lump in her neck. She went to the doctor and not long after, she received the news that she was riddled with cancer. It had spread to her bones and major organs throughout her body.

This required another round of chemo and radiotherapy. Mum also looked into alternative medicines to help. I still remember clearly the carrot and beetroot juice cleanses, reiki treatments and maybe the most bizarre, shark cartilage tablets that were horrendous if your burped afterwards! She always gave us the impression that she had it all under control, that it wouldn't be easy, but she



was up for the fight.

Min and Mum had a surprise wedding the day before they got the results from the last lot of treatment. Initially I thought this was for some peace of mind for mum. But now I think this was more for us than for them. I think Mum knew within herself that it was not good news so decided to bring some joy to all of us among the sadness of finding out the treatment was not working, and that the cancer was continuing to grow and spread.

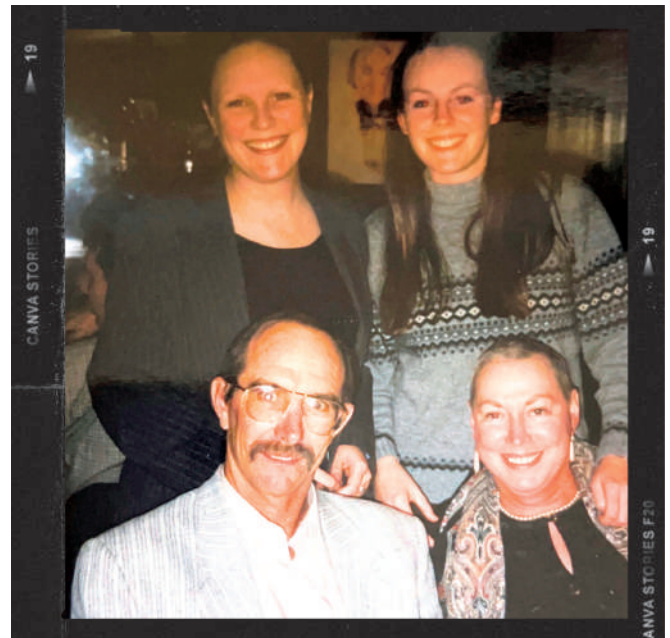
At the beginning of the end, Mum was determined to stay at home and be looked after there. But I remember some weird things started happening. One night while visiting for tea she got up from the table and walked to her room. Soon we heard a really loud thump. I can't remember who else was sitting at the table. But we knew she couldn't get up. Min went up to the bedroom and then all we could hear was her crying because she couldn't get herself off the floor. She had already lost feeling in her arms and now it had gone to her legs. We were all terrified.

She was flown out by air ambulance the next morning and she was never able to use her legs again.

I left the farm that night thinking her body was trying hard and just not coping. The cancer was attacking the nervous system and I didn't realise at the time that this was death coming.

At the time, I was working casually at the Tumbly Bay Pub and a friend of Mum's from the Cummins Golf Club recognised me from the times I would drive Mum out for social visits with the ladies. She said to me, 'I heard about your mum, what are you doing here?'. I replied, 'I am only casual, and I don't have enough money saved up to get over there right now'. This kind lady paid for my flights to get me to Adelaide to see Mum the next day. A gesture to this day that I have never forgotten. The kindness she showed me in that moment was life changing. I had not ever had someone give so selflessly, expecting nothing in return. Just to help me get to my Mum so we could be together in such a difficult time.

Mum was in immense pain and had no strength in her arms and legs. We found out in April 1999 that it was terminal. My sister Louise is a nurse and was doing her Grad program in Adelaide at the time, moved back to be Mum's carer so she could stay at home. A place she loved to be with her new kitchen and beautiful rose garden. But it soon became apparent that Mum would need round the



clock care. She also became frightened about being at home, and the impact that caring for her would have on Loui, Min and my grandparents after she was gone. The ambulance transferred her to the Cummins Hospital, and sadly she never came out.

My grandparents came and lived at the farm during this time, from Mount Gambier. Louise, Min, Nanna and Grandpa were at the hospital every day. Min was still farming at this time, so I guess he came in between working and I would pop in daily on my work breaks with an almond magnum for Mum and some funny pub story to entertain them all.

Due to the pain, she was heavily medicated and slept a lot. At this point I still didn't think she was going to die. I knew it but I didn't believe it.

Mum had a way of hiding from me how bad it really was the whole way through her cancer journey. I never went to any doctor's appointments. I think that was her way of protecting us.

Mum had a way of hiding from me how bad it really was the whole way through her cancer journey. I never went to any doctor's appointments. I think that was her way of protecting us.

In August 1999 I received a phone call that changed my life. 'You need to come to the hospital now, it's happening'. I rang my work, sobbing uncontrollably to let them know. I could not speak when my boss picked up, I was just crying and I remember him saying "Em is that you, oh Em I am so sorry. Go do what you need to do and let us know you're okay". And then I drove myself the 40 minutes to the Cummins Hospital.

When I arrived, she looked up and asked everyone except for Lou and I to leave the room. "I want to talk to my girls", when it was just the three of us, she said "I thinking I'm dying.... I can hold on if you're not ready but I'm really tired..... I can hold on if you're not ready. I will try". Lou and I both looked at mum and said, "if you're ready its ok, we will be ok."

Mum was scared. I remember sitting on the end of her bed. I felt broken, lost and completely afraid. As I sat there rubbing her legs I was overcome with emotion. We both said we will be ok. We would be fine. She came to the sudden realisation about her impending death and sadly so did I.

To me, Loui seemed to handle the situation better than me at the time. Given her nursing experience I guess she knew there was a small window of time to ask more practical questions. It was important to Lou that we all knew what mum wanted at her funeral and to honour her wishes. I just had no words, only tears. I am grateful to Lou for recognising the importance of understanding what Mum would want after she had passed.

The pain was becoming unbearable and so the morphine was increased.

The next day friends were invited to say goodbye as she hadn't had many visitors apart from family during this time. This was a beautiful day for Mum full of all her favourite people.

The few months after the funeral were very dark for me. I felt sad all the time. I kept thinking how unfair this was. Why did my mum have to die so young. So many other people have had cancer and survived.

Losing a parent is hard. Being 19 and losing my mum was so hard. Parents love you unconditionally. You can be dramatic, rude, out of control and they still love you. They guide you, teach you, be your sounding board. Whatever mistakes you make it doesn't matter; they still love you.

I lost that and I grieve that. When I was 19, I didn't know anyone my age who had experienced losing a parent. All my friends were partying and drinking. I was too, pretending to be ok but I wasn't.

I thought the sadness would be there forever. I had great support, but I still felt very alone - like I was the only person in the room feeling like this.

I found grief very isolating and a very personal experience. I didn't know how to do it with other people. I still don't know how to now. I find it hard to grieve openly.

One of the things I think I found the hardest about losing my mum was that sense of home. I always felt at home on the farm. When Min sold the farm that sense of home was a bit lost for me. And the questions. Questions about every day and random things that you can only ask a mum without feeling stupid. Like, what temperature do you cook a roast? And for how long?! There were so many young adult / mum moments I missed out on.

I find it triggering when people treat their mums poorly because I haven't had my mum around for so long and I would give anything to have her back. And Mother's Day, this day is always tough for me.

I miss my mum immensely but Denise, my mother-in-law is the next best thing. I am really very lucky to have her in my life. The beautiful part about this, is that I have known Denise my whole life. And Braden knew and remembered my mum too, so I didn't have to explain her to them. Denise has become a very important person to me.

Mum was 44 years old when she died. The age I will turn at the end of this year. I have started having thoughts about how mum would have felt at this age knowing she was going to die. I still feel so young.

I have an 11, 10 and 5-year-old. I can't imagine dying at this age. I feel so sad when I think about it. It makes you question your own mortality and what that means for your family and the people around you. Would Bess my 5-year-old even remember me?

It's been 24 years now. I have lived longer without my mum now than I did with her. I mostly feel like I am going ok but every now and then, moments catch me off guard and mum's absence sneaks up on me. Mostly when I least expect it and my eyes start leaking a little bit.

Losing mum is one of many life changing experiences I have had. A few years after Mum died, I lost a boyfriend in a tragic accident, and I have had friends pass away unexpectedly. They have all been really tough times experiencing grief, and at times I did not know if I would get through. But I'm proud to say I got through and it is because of these experiences I choose to work in the space I do trying to support, comfort and care for people in our community during difficult times."

COUNCIL NEWS

Speed Limit Survey – Bruce Tce

Public consultation is now open to gauge community support for reduced speeds along Bruce Terrace in Cummins.

Visit Council's website to complete the survey or click [here](#).

DrumMuster

The next drum collection service will be held at the Cummins Waste Transfer Station on the 25th and 26th of July. This service is ran successfully twice per year, and enables farm chemical users to return their empty, cleaned, non-returnable, steel, and plastic farm chemical containers. Containers must be triple rinsed, clean, and dry, have lids removed, and metal drums should be punctured.

Bookings are essential and can be made by contacting the Cummins Council Office on 8676 0400.

Draft Cummins Township Master Plan – Stage 2

Stage 2 of community consultation for the draft Cummins Township Master Plan is now open and will close 24 July.

View the plan for Cummins and provide your feedback by clicking the survey link [here](#).



Employment Opportunities

Applications are currently open for an Accounts Administration Officer and Wastewater & Infrastructure Team Member.

For more information, please visit Council's website:

<http://www.lowereyrepeninsula.sa.gov.au/>.

Dog registrations are due now.



Dog Registrations

A reminder that dog registrations are due August 31. If you are registered to receive your notice via email, please check your junk mail if you have not yet received a renewal notice.

To register or renew, please visit www.dogsandcatsonline.com.au.

Feel free to contact the Council Office with any enquiries!

Rates 2023/24

Property rates for the 2023/24 financial year were declared July 19, 2023. Annual rate notices will be sent out and received early August, with first instalments being due September 7.

If you wish to receive your rate notice electronically, visit Council's website and register through [EzyBill](#).

Battery Recycling

Did you know that the Cummins Council Office, North Shields Post Office and the Coffin Bay Post Office are household battery collection points. You can drop your batteries to these locations during business hours.

Road Closure – Katies Lane

Due to flooding, please be advised that Katies Lane, Wangary will be closed until further notice.

My Local Services

A reminder that you can report issues, get reminders, and keep up to date with Council news by downloading the My Local Services App on your phone or tablet.



COMMUNITY NEWS

Our Town – Table Talk 2023

Our Town Cummins are inviting community members to attend the 2023 Table Talk where they will be developing ideas for community wellbeing.

Table Talk will be held at 48 Railway Terrace on July 25 at 6pm with Brock McLean being the special guest speaker.

Please RSVP to Emma Gale if you are interested in attending.

emma@ourtowncummins.com.au

2023 Australian of the Year Awards

People are encouraged to nominate someone worthy for the 2023 Australian of the Year Awards to show their appreciation for their contributions. Categories are;

- Australian of the year
- Senior Australian of the year (65 years and over)
- Young Australian of the year (aged 16-30)
- Australia's Local Hero

To nominate, click [here](#) and explain who they are and their achievements. Nominations close 31 July 2023.

Expressions of Interest – Reconciliation Action Plan (RAP) Artwork Invited

As part of the development of the RAP, Council is seeking Expressions of Interest from Aboriginal artists to create original artwork that will be used in the final design of our RAP and Associated corporate materials.

In addition to the RAP, it is anticipated the artwork (either in full or in part) may be displayed upon Council signage and structures to visually connection the community and visitors to the traditional owners of the land.

Visit Council's website for more information. Expressions of Interest close 5pm, 25 July 2023.