

# Coffin Bay Sun



November 2023

Initiative of the Coffin Bay Progress Association

coffinbaysunegmail.com

2023

# MELBOURNE CUP LUNCHEON



# Coffin Bay Sports Club

Tuesday November 7 @ 12 Noon

# **Contact Us**

President: Therase Hutchens 0478 057 918

Vice President: Pending

Secretary: Tracy Matheson 0431 424 790

Public Officer: Tracy Matheson 0431 424 790

**Treasurer & Hall Booking:** Linda Christian 0409 092 168

Coffin Bay Sun: Holly Gill 0424 989 360

Hall Flag: Sandra Peters 0408 895 674 - Peter & Lorraine Bradford 0428 854 138

Next Progress Association meeting is Tuesday 14th November 2023 at 7pm in the kitchen of the Coffin Bay Hall. All welcome to attend.



#### Hello Coffin Bay Community

Just a brief note to let you all know that Coffin Bay Progress Association has held there Annual General Meeting. We welcome and Congratulate the following people.

> President - Therase Hutchens Vice President - Pending Secretary - Tracey Matheson Treasure & Hall Booking - Linda Christian Public Officer - Tracey Matheson Committee Member 1 - Leanne Kemp Committee Member 2 - Sarah Wells

All the Management Committee and Members would like to thank Georgina Lewis for taking on President for the last 12 months and for all the hard work which she achieved.

Coffin Bay Progress Association is holding a Dress Up Disco on the 3rd November at the Town Hall from 6pm - 9pm, Gold Coin Donation, BBQ Available & Bar Facilities. All enquiries to Therase Hutchens or Tracey Matheson.

Come in and join our Friendship Group on Fridays from 2pm - 4pm, @ The Town Hall in the Kitchen everyone is welcome. For more enquires please contact Tracey Matheson 0431 424790 or Christine Marshall 0411 528244



Regards Tracey Matheson Secretary Coffin Bay Progress Association

# n Bay Mark

Sunday 12th November @ the Hall





# 2023

# MELBOURNE CUP LUNCHEON



# Coffin Bay Sports Club

Tuesday November 7 @ 12 Noon

\$30 D/D

Complimentary Drink (Champagne or Soft Drink)

Chicken and Salad Bar

Smorgasbord of Sweets

**Sweeps and Calcutta** 

**Best Hat** 

Limited to 90 persons

Suggested Tables of 8

Bookings: D. & L. Shepperd

0427103492

0429399054



# 5 CHARTERS



Fully hosted. Pick up Adelaide, Mt Barker, Cowell, Whyalla, Tinman or anywhere en route

# MAKE YOUR TRIP SAFE. MEMORABLE & ENJOYABLE

#### KANGAROO ISLAND

23rd - 28th November 2023 Remarkable Rocks, Raptor Domain, Eucalyptus Farm, Honey Farm, Zoo without fences, Lavender farm, Parndarna plus more

\$2340 pp ex EP \$2120 pp ex Adelaide

#### HAWAII

9th - 16th March 2024 Lei's, Luau, Pearl Harbour, Waterfalls, Waikiki Beach, Lava tubes plus more 0ahu & Kona Islands inc 6 flights, accom, most meals and activities \$8430 pp

21st March - 4th April 2024 15 days, Tokyo, Kanazawa, Takayama, Mt Fuji, Hiroshima, Bullet Trains,

Cherry Blossoms plus so much more. \$11,550 pp inc airfares

LIGHTNING RIDGE, BROKENHILL, SILVERTON, WHITE CLIFFS & WESTERN PLAINS ZOO 14th - 23rd April 2024 \$3975 pp

**NORFOLK ISLAND MAY 2024** 7th - 14th May 2024 \$4900 pp

TOWNSVILLE, CAIRNS, COOKTOWN & THE SAVANNAH WAY 24th May - 29th June 2024 so many highlights \$17,170 pp

21st July - 15th Aug 24 \$19,950 pp plus airfares

LONGREACH - WINTON SEPTEMBER 2024 \$7160 departs Adelaide 30/8 \$6960 departs Eyre Peninsula 31/8 Returns 16th Sept - Outback adventure, simply fabulous!

CANBERRA HIGHLIGHTS & FLORIADE 9 DAYS SEPT 2024

SOUTH WESTEN AUSTRALIA -**18 DAYS OCT 24** 

**NEW CALEDONIA 2024** 

**LORD HOWE ISLAND NOV 2024** 18th - 28th November 2024

For Itineraries and Bookings Phone Kim 0417 165 414 email: kim@epbuscharters.com.au | www.epbuscharters.com.au



COFFIN BAY TOURSIM ASSOCIATION

CHRISTMAS ON THE BAY 2023

Friday 22 Dec

Festivities on the foreshore

From 4.30pm

Pageant at 6pm

Register your float! (OR tree) coffin baychristmas@gmail.com

COFFIN BAY CHRISTMAS TREE TRAIL

CREATE OR DECORATE A TREE IN YOUR FRONT YARD





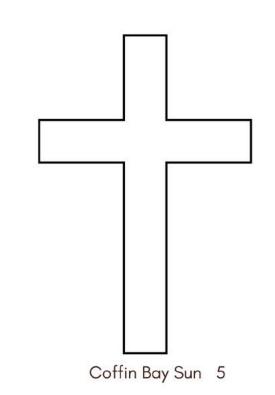


# **Church Services - Coffin Bay**



St Mary of the Angels
Catholic Parish Port Lincoln

Mass
Coffin Bay Community Church
6pm on the First Sunday
of each month





# **Coffin Bay Boat Ramp**

#### **Permits & Fees**

Effective 4 September 2023, permits will be required to launch a vessel from the Coffin Bay Boat Ramp. Please see permit fees and charges in the below table and click here to book your permit now.

Use Type	Non- Concession	Concession	
Re	ecreational Use	•	
Yearly	\$100.00	\$80.00	
Monthly	\$55.00	\$44.00	
Weekly	\$28.00	\$22.00	
Daily	\$7.00	\$5.60	
•	Commercial		
Yearly (1 Boat)	\$500.00	N/A	
Yearly (Per Additional Boat)	\$160.00	N/A	





Bringing together young Children with the over 60's for an afternoon of having fun together

# ED**NESDAY AFTER**NOONS, **DURING SCHOOL TERM**

1:30PM-3:00PM

AT UNITY HILL UNITING CHURCH

**63 NEW WEST ROAD** 



For enquires, phone Sue Hodgson on 0478 638 812 or email youngatheartportlincoln@gmail.com





# Community



# Coffin Bay Playgroup



Meet at the Coffin Bay Hall on Mondays 10am-12 noon during school term. Bring \$2 entry and a piece of fruit to share.





# CUMMINS OP SHOP



Open Tuesday – Friday 10am – 4pm



Contact 8676 2345 or Jane 0418 697 179 if you're interested in volunteering or if have any donations!











# **CEA-SIDE STITCHERS**

We meet Friday mornings 9-12pm at Coffin Bay Golf Clubrooms.

We extend an invitation to anyone (residents or visitors) interested in quilting, sewing or needlework to join us at our weekly get together.

Bring along your machine or knitting etc. All welcome.



Your paragraph text



#### Lake Wangary School Fundraiser

LWS has positioned bottle and can recycling trailers in Coffin Bay (behind the hall), at Lake Wangary School (visible from Farm Beach Rd) and at Farm Beach Caravan Park.

We thank all those who donate bottles and cans. The money goes towards our learning programs and facilities. Please contact the school if you have high levels of bottles and cans you need removed and we may be able to help. Thanks from LWS.









# **Health & Wellbeing**



November 2023

What's New At



A: 19-21 Tumby Bay Rd

P: 08 8676 2210

E: admin@cumminsmedical.com.au

# **Coffin Bay Clinic**

Dr Leanne Schroeder-Perrang

Tuesdays from 2pm



Dr Gerard Quigley Wednesdays from 2pm

Please call 08 8676 2210 to secure an appointment or go to hotdoc.com.au

#### **Upcoming Locum**

Dr Johanna Muller
12 to 18 November



Book appointments, order repeat prescriptions or repeat referrals.

go to hotdoc.com.au or download the app

# Thank you

to Bendigo Bank and Carrs' Seeds for their participation in our pilot program for Heart Health Check workplace visits.

Your participation helps us to learn and develop progressive ways to provide valuable preventative health programs to our community.

We invite all Cummins businesses to enquire about a workplace visit for heart health checks.



# **SHINGLES**

From Nov 1st the Adult National immunisation Program for Shingles vaccination is changing.

Eligible groups will now include:

- Adults aged 65+
- ATSI adults aged 50+
- Immunocompromised adults aged 18+ \*specific conditions only

Please note that adults who have already recieved a Zostavax vaccine within the last 5 years **cannot** be vaccinated under the new schedule with Shingrix vaccine.



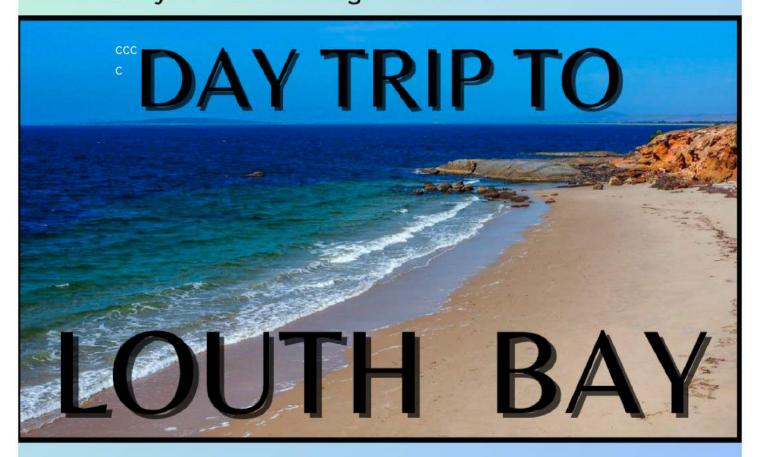
Please enquire with a clinic nurse if you have questions regarding your eligibility





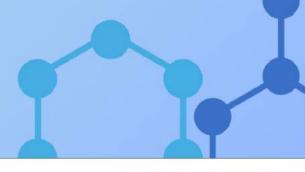
# CREATING CONNECTIONS

Free events for residents of the Lower Eyre Council aged over 55



# THURSDAY 16TH NOVEMBER

Please call 08 86760400 to make a booking







# **Health & Wellbeing**



# **Coffin Bay Pharmacy**

Please kindly note that the operating timing for pharmacy has changed

MONDAY to FRIDAY: 9:30 AM TO 5 PM SATURDAY: 9:30 AM TO 12 PM

SUNDAY AND PUBLIC HOLIDAYS: CLOSED

2 Flinders Avenue, Coffin Bay, SA-5607

Phone: 08-8685 4080

### DR CLAIRE ROWE.

153-154 Esplanade (COFFIN BAY COMMUNITY HALL)

Open Every Wednesday and the 1st and 3rd Thursday of the month

Consulting from the front room Please use the Library as the waiting room. Front and side door will be open.

PHONE NUMBER to book and leave messages: 08 7078 7801

An online booking service is also available using hotdoc.com.au

just search for Dr Claire Rowe and you can book an appointment anytime without having to ring!



ADORE YOUR CORE

# Pilates classes at the Community Hall!

Every Friday morning at 9:30am.

Please contact Alyssa on 0438 021 638 for more information.

Everyone is welcome, however







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NEW Kayaks, Stand up Paddleboards, Surfboards, Mountain Bikes, Fishing Gear, Snorkelling Gear, Ski/Fishing Boat (guided hire)

ALSO, specialising in tours last 25 years 4WD tag along and tours, Fatbike, Sandbike adventures, Nocturnal wildlife tours etc. Mobile 0408 896 258 www.dunebustersportlincoln.info



# Volunteer in your Community



# Coffin Bay Community Hall

#### **Needs Volunteers**

You may like to assist with existing events or fundraisers OR you or your group may wish to create and run a community project or event. The hall and/or the Coffin Bay Progress Association (CBPA) are there to be used for the benefit of the community. CBPA needs people to join and utilise what the hall and association offers in assistance in running community projects, events or workshops.

Do you visit the hall for the:

- Library
- Markets
- Doctor
- · Outback Country Health
- Pilates
- Yoga

Would you like to give back to the community on your own with a friend or friends or as a group. Assist in maintaining the hall, garden, newsletter OR organise something yourself.

If you would like to volunteer please contact

Georgina Lewis - 0411 784401

The hall and association belong to benefit the community of Coffin Bay. Please utilise it.







# Volunteering and caring enriches you and the community



We meet for our regular monthly workdays on the last Monday of the month and other workdays as required. Check us out on eleptocoastcare to stay up to date with our current projects and workdays.

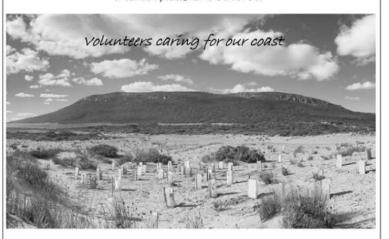
On the last Monday we meet at the Coffin Bay boat ramp BBQ area, 8.30 am. Visitors most welcome.

We undertake varied activities around the coastline of Lower Eyre Peninsula, including collecting native plant seed, growing native plant seedlings, organising the annual Greenly Beach planting day, beach cleanups, coastal erosion management and increasingly campsite management.

Contact us for more information or to register your interest.

email lowereyrecoastcare@gmail.com

or call Kerryn McEwan 0498 387 961







# Building and Home Renovation



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Peter Oestmann

ABN 63261361771

Handyman

**General Maintenance** 

0448965698

Telephone:

**Painting** 

**Email** 

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65 Shepperd Ave poestman1@bigpond.com





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Port Lincoln Hire is your local equipment hire company servicing the Lower Eyre Peninsula!



# **Need a Painter?**

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Phone Ray on 0408 860 944 for a free quote!



# **Cummins Recyclers**

We are closed until further notice. Please keep an eye on our Facebook page for updates!

10am till 1pm

6-8 Lawrie Street

Phone Heather: 0429 082 656





# **READY TO SWITCH**

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POWERWALL

CERTIFIED INSTALLER



### COFFIN BAY TOURIST ASSOCIATION

PO Box 35 Coffin Bay SA 5607

NEW EMAIL: info@visitcoffinbay.com.au





SUPPORTS LOCAL BUSINESS, CLUBS AND ACCOMMODATION PROPERTIES IN COFFIN BAY AND SURROUNDS



The CBTA manages the Coffin Bay Visitors website <a href="www.coffinbay.net">www.coffinbay.net</a>
Visitor Information Board, produces local maps and brochures promoting the area, along with other tourism related projects.

Membership forms can be found on the website https://coffinbay.net/contact/membership-application/

#### CBTA next monthly meeting is TUESDAY 21st NOVEMBER

Coffin Bay Yacht Club @ 7.30pm. All members are encouraged to attend. Enter via the car park / back door. All Welcome!



Club Function Hire - Enquiries Call: 08 8685 4302

Email: coffinbaysportingassociation@gmail.com www.coffinbaysportingclub.com

#### **BOWLS**

Wednesday & Saturday Competition ..have a roll any other time! Contact PAUL 0411 881 474

#### GOLF

Full Member \$185.. Juniors \$49 Contact STEVE 0427 854 379 Motorised Golf Cart Hire \$40 – Contact IAN 0415 290 921 Drivers Licence Essential

Thursday MENS competition – names in by noon Tuesday LADIES competition – names in by noon Sunday MENS & LADIES – names in by noon Green fee players WELCOME!



#### Dining

Thursday "Schnitzel Night" returns from 5th October Bookings: 0423 459 167

#### **Functions**

Consider this gorgeous green location for your next special function.

Catering packages now available!

Head to "Functions"
on the CBSC website (see above)

Keep an eye out on social media for impromptu specialty nights!

> Find us at the top of Giles Road, COFFIN BAY







#### Coffin Bay Bowling Club Needs You!

With several members having retired from bowls or moved away, we are needing new players to join our club.

Come and enjoy the fantastic game of bowls. Our friendly group will welcome any interested persons, regardless of playing ability or experience.

Our facilities are arguably the best on Eyre Peninsula, offering social bowls through to pennant competition.

Travelling or short term bowlers encouraged to contact the club as players often required.

Season: October - March

Contact: Peter and Lorraine Shepperd – 0429399054 or Contact Paul Phillips - 0411881474



The Yacht Club has been built on the strength of its volunteers. From building the clubhouse, running the kitchen and the bar, offering sail training to the community, volunteers have provided the energy, skills and commitment every step of the way.

Are you looking for a chance to give back to your community? Are you new to town and want to meet some locals? If you can spare a few hours a month to help in our kitchen or bar, then come & join our team with the added bonus of an amazing view, a free meal & drink on the night and a voucher to return with your family or friends in your own time.

The club's focus is to foster a love for the sea, to promote sailing and water sports in our bay, and to provide a meeting place for locals, families and visitors. Well known for the friendly and welcoming atmosphere, the Coffin Bay Yacht Club strives to continue to be a vital part of the Coffin Bay community.

Volunteer on your own, with a friend or even ina group of friends.

To join, contact cbyc01@gmail.com or 0486046 448 or drop into the club.

# JARRAH'S SOURDOUGH

NATURALLY LEAVENED, WOOD FIRED, ORGANIC SOURDOUGH BREAD

OPEN HOURS; THURS 4-6PM SAT 8-10AM

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# Mt Dutton Bay ~ WOOLSHED ~

State Heritage Listed(c1875)

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- · Museum shearing, fishing & farming items
- · Heritage Stone Cottage Accommodation
- Hostel Retreat Accommodation
- Caravan Park WIKI Campsite
- Onsite Manager

Coach Tours, Guided Tours, School Camps, Functions \*Extended hrs Summer

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Breakfast, Lunch & Dinner

Dine in & Takeaway (All Day Kitchen)

Weekly Specials

Phone: 8685 4057

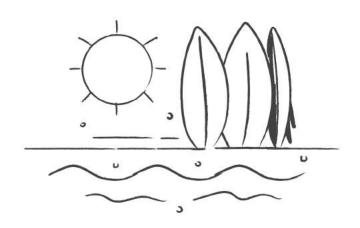


With our love of the Surf and Sea, we are passionate about promoting and supporting our community.

We have developed a range of items from hoodies, tee's and pants to bags, hats, towels and much more.

Browse online at:

www.coffinbaysurfco.com.au 0423 843 806 @coffinbaysurfco







# **Matthew Flinders Care Services**

# **Home Care Packages**



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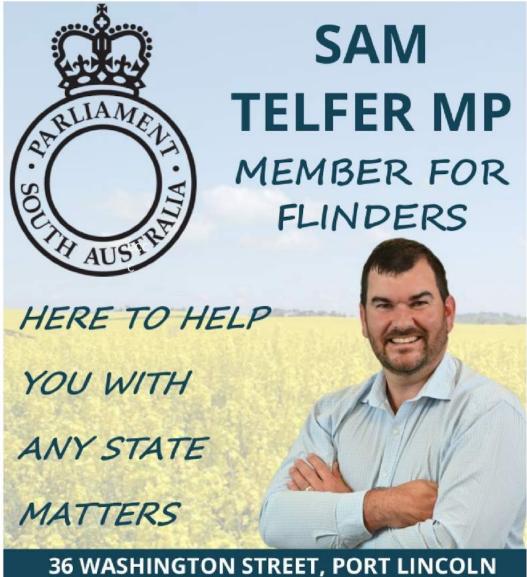
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**SAMTELFERMP** 



**SAMTELFERMP** 

AUTHORISED BY SAM TELFER MP, 36 WASHINGTON STREET, PORT LINCOLN SA 5606







Coffin Bay Gardening Service Phil Siviour - 0428 868 545

Steve's Gardening & Handyman Service Steve Nettle - 0427 854 379

Origin Energy Agent Steve Nettle - 0427 854 379

John Gill Electrical - 0407 556 096

Stotty's Building Klint - 0439 339 407

Qualified Carpenter Shannon Fry - 0422 595 852

Local Carpenter - House Maintenance & Improvement Marty Bratasiuk - 0433 071 640

Qualified Carpenter & Handyman Steven Egan - 0439896840

Noel's Flyscreen Service Noel Saxby - 0400 233 366

Port Lincoln Hire Callan Hutchinson - 0427 849 616

Coffin Bay Linen Hire & Laundry Service Sharon - 0488 515 132

Reptile Removal and Relocation Including injured bird rehabilitation Rob - 0427 563 685

> Justice of the Peace (JP) lan Gordon - 8685 4417

Eyre Peninsula Lawn Mowing Service Lawn & General Yard Maintenance Angus Hender - 0428 313 688

#### **Jules Wallace** Bookkeeper

Working from home MYOB, Xero and Excel proficient Contact jules.wallace.66@gmail.com 0408 100 989



#### WHAT'S ON AT THE COMMUNITY HALL IN NOVEMBER

Sun	MON	TUES	WED	THURS	FRI	SAt
			Dr Rowe (clinic room)	Library a.m. Dr Rowe (clinic room)  COBH (car park)	Pilates class 9.30- 10.30am Complete Personnel (Library) Friendship Group 2pm - 4pm (kitchen)	Library a.m.
5	Playgroup 10am – 12 noon	C & O Health (clinic room) Complete Personnel (Library)	Dr Rowe (clinic room)	9 Library a.m.	Pilates class 9,30- 10.30am Friendship Group 2pm- 4pm (kitchen)	Library a.m.
Market 10am- 2.30pm	Playgroup 10am – 12 noon C & O Health (clinic room)	CBPA Meeting 7pm	Dr Rowe (clinic room) St Josephs School	Library a.m.  Dr Rowe (clinic room)  St Josephs School	Pilates class 9.30- 10.30am Complete Personnel (Library) Friendship Group 2pm- 4pm (kitchen)	18 Library a.m.
19	Playgroup 10am- 12 noon	C & O Health (clinic room)	Dr Rowe (clinic room)	Library a.m.	Pilates class 9.30- 10.30am Friendship Group 2pm – 4pm (kitchen)	25 Library a.m.
26	Playgroup 10am – 12 noon	28	Dr Rowe (clinic room)	30 Library a.m. C & O Health (hall & kitchen) 11am – 1pm		

# **ULTIMATE CELEBRATIONS**

Are you visiting Coffin Bay for a special occasion?

Looking to decorate your accommodation or venue for an event?

Do you need extra chairs, tables, glassware or other hire items for your guests? We also have a huge list of hire items for weddings, parties anniversaries, memorials and corporate events

Ultimate Celebrations also supply balloons, from personalised balloons, gender reveal, balloon arch, bouquets, surprise boxes, party supplies and much more.

Contact the team to place your balloon order or to arrange the supply and delivery of hire items for your next 'Ultimate' event



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www.ultimatecelebrations.com





## **ROCK PARROTS**





Some years ago, I came across a book "Australian Birds" by Robin Hill on the bookshelf of the Crab Claw Island bar in the NT. (Some of us locals roost there to escape the southern winter). I wrote down an excerpt which has been tucked into the pages of one of my bird books ever since. Here it is:

"An unusual bird in its nesting habits, the Rock Parrot breeds in holes in cliffs or other rocky situations. It is a coastal bird and was once found in large numbers on various offshore islands around our southern coasts.

Charles Barrett writes of visiting Goat Island in 1909, a limestone island of less than a hectare at the eastern end of the Great Australian Bight. As the boat drew near, a shot was fired and a minute later the air was thronged with Rock Parrots. From behind the pigface (Mesembryanthemum) draping the rock ledges, they appeared in hundreds....."

A few people have asked me "I've seen this parrot, but I'm not sure what it is", so here goes: Firstly, the shape of the beak, and usually, but not always, bright feathers identify the bird as a parrot. Next comes the size - 21 to 23 cms; colouring - dull olive, yellower on belly and underside of tail; distinctive blue features – a mask across the top of the beak to behind the eyes; and on wing edges.

Rock Parrots have adapted to living and feeding in shrubby coastal areas along the southern coast of Australia. They are often seen in small flocks feeding in samphire patches. Most are concealed in the vegetation except for the sentries who watch for danger from the tops of higher bushes.

Twenty-five years ago, these birds were regularly seen on Goat Island, on our town lawns and paddocks and in the Long Beach samphire. Now, like a number of our smaller species of birds, there are only occasional sightings. They are still regular inhabitants of the other islands and in the National Park.

My thanks to Ari Slater for the excellent photos. These birds are shy and difficult to approach close enough for a sharp image. Ari exhibited some beautiful shots of birds in the Coffin Bay Hall for the Nature Festival.





# Wrap up of Nature Festival events in Coffin Bay

We would like to thank everyone who helped make our first events in the Nature Festival SA a success. Thank you to everyone who came along to the Coffin Bay Hall for the **Through** the lens exhibition. The gold coin entry (including donations from some of the exhibitors) raised \$308.75 for the Friends of the Osprey.



Thank you to the Coffin Bay Community Progress Association who work hard to keep the Coffin Bay hall going. There were a lot of comments about how good the hall looked filled with the displays. Thanks to all the exhibitors who made such an impressive display in the hall. It was wonderful to have such positivity and eagerness to take part. Thanks to everyone who came along and gave such great feedback including about when we do it next year! We have a while to consider that but we welcome any ideas for future events.



It was a wonderful sight to see all the fantastically coloured birds out on display on Long Beach for World Migratory Bird Day. Many of the artists came to see their birds amongst the

flock. A fast incoming tide made for a hasty relocation of the birds and always interesting to watch the reaction of local resident birds to their colourful counterparts. Thanks to Lake Wangary School Governing Council for cooking the snags on what was a cooler day, but never too cool for gelato thanks to One Scoop or Two. Thanks to Coastcare volunteers spread across the locations and the wonderful Lake Wangary school kids helping out.









lepcoastcare.org

email lowereyrecoastcare@gmail.com





# Learn how you can maintain your strength and mobility as you age!

## **LOCATION:**

Coffin Bay Community Hall

# DATE:

Thursday 30th November

## TIME:

11:00am - 12:30pm

Please call 8621 3850 to register your interest or to speak with our friendly Dietitian or Podiatrist to find out more.