

# The Coffin Bay Sun

April 2020



Initiative of the Coffin  
Bay Progress  
Association

[coffinbaysun@gmail.com](mailto:coffinbaysun@gmail.com)

## **ANZAC DAWN SERVICE**

**Hoist Flag Poles at 6:45AM**

**Saturday 25<sup>th</sup> April 2020**

With Breakfast to Follow

\$5 per person for Breakfast - Kids under 12 years old FREE



## Coffin Bay Progress Association



## PRESIDENTS REPORT

Hello Coffin Bay,

In case you haven't heard, the Community Hall is now unfortunately closed until further notice, hopefully it will be sooner rather than later that we will all be able to get back to normal. Progress meetings are also cancelled.

The tiling of the foyer and the bar area are now finished and looking fresh and bright. Our local tiler, Nick Bray, has done a great job, can't fault the workmanship and his quote, compared to others was very reasonable.

The heating has also been installed which will make the Hall warm and cosy in the winter months.

Thankyou Lisa and Julianne for starting up CB Covid19 Connect and to those that have put their names down to help out where and when they can within our Community. Well done girls.

Stay safe and well everyone and look out for your neighbours, just don't get too close.

Cheers  
Carol Fathers

### CONTACT US

**President:** Mrs Carol Fathers 0400 854 441

**Secretary:** Mrs Tracey Matheson 0431 424 790

**Treasurer & Hall Booking Officer:** Mrs Linda Christian 0409 092 168

**Vice President:** Ms Rachel Saxby 0417 858 122

**Public Officer:** Mrs Carol Fathers 0400 854 441

**Coffin Bay Sun:** Holly Gill 0424 989 360

**Hall Flag:** Sandra Peters 0408 895 674 – Peter & Lorraine Bradford 0428 854 138

**Next Progress Association meeting is TBC – All Meetings have been cancelled  
until further notice. Thank you.**

## Gardening Tip

*by Phil Siviour*  
*Coffin Bay Gardening Service*

During this time of uncertainty, the garden is a great place to spend time. Autumn is a perfect time to get into those preventative jobs in readiness for spring. There is always lots to do at this time of year. Give your secateurs and shears a good work out by tidying your perennials, getting rid of dead wood and cutting vines. Autumn is also a good time to feed the lawn. If you have seed or seedlings available to you, now is also a good time to plant cabbage, broccoli, cauliflower, Asian greens, lettuce, silver beet and spinach.

Being out in the sunshine will help boost your mood as well as your immune system. Remember that you can still get great gardening advice via ABC Radio Adelaide Gardening Programs Saturdays 8.30 – 10.00am and Sundays 10.30 – 11.30am



In partnership with

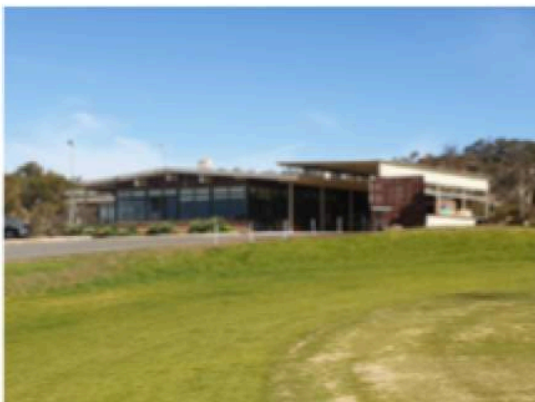
**34° SOUTH  
CATERING**

Bookings & Catering: 0429 856 104

Club Function Hire: Cassie 0428 873 131



[www.coffinbaysportingclub.com](http://www.coffinbaysportingclub.com)



**Under new Government rulings  
regarding Corona Virus, the Club is now  
CLOSED until further notice**

BOWLS

Facilities available for a casual roll

Contact MIKE: 0428 395 754

GOLF

It is possible to still play golf at the Club! Please follow the government hygiene guidelines.

Contact STEVE: 0427 854 379

Green fee players WELCOME!

Thursday MENS competition - names in by noon

Tuesday LADIES Summer Season - names in by 11am

Sunday MENS & LADIES - names in by noon

## -Meet the Locals-

### **LITTLE AND GREAT EGRETS**

Both of these elegant white feathered birds are occasionally seen in our town bay, Long Beach and perhaps because of less disturbance, more regularly in Yangie Bay. Their long slender legs and necks with long sharp bills specially equip them to stalk fish in the shallows.

It is helpful to have a scope or binoculars to distinguish between the two species. The Great, as you would expect, is taller – up to a metre high; and the Little, 30cms shorter. The bigger bird's neck is longer than its body and legs and in certain poses, the neck appears to have a kink half way along. Another way to separate the two is the Great's yellow bill and the Little's black. However, just to confuse us, the bill on the Great morphs to black over the breeding season.

During the breeding season, each species has beautiful hair-like plumes which shimmy over their backs and breasts. In addition, the Littles have two spectacular head plumes as long as their necks. Their nests are seemingly haphazard scanty platforms of sticks high up in trees although they have been found in samphire bushes and on rocky islets.

Another way to differentiate the species is to watch their fishing techniques. The Great stands statue like in the shallows and stabs with lightning speed. On seeing a fish, the Little chases after it with a flurry of wing flapping before striking (see photo).

We wish good health to you all.

Doug Clarke



## Library News



**As directed by the Prime Minister, due to the current COVID-19 pandemic**

**CUMMINS AND COFFIN BAY LIBRARIES WILL  
BE CLOSED UNTIL FURTHER NOTICE**



Online options for digital magazines and books are available by downloading our library apps.



**Libby**



**PressReader**

**Please contact us for help or more information:**

**T: 8676 2476**

**E: [cummins.library@plain.sa.gov.au](mailto:cummins.library@plain.sa.gov.au)**

**W:**

**[www.facebook.com/CumminsLibrary](https://www.facebook.com/CumminsLibrary)**







The Coffin Bay Yacht Club is a vibrant community club that is run and worked by VOLUNTEERS!

We need your help in our family friendly club, by volunteering your time in the kitchen. Just once a month on the roster would be appreciated!



### Coffin Bay Bowling Club Needs You!!

With several members having retired from bowls or moved away, we are needing new players to join our club and enjoy our fantastic sport.

Our friendly group of members will welcome any interested persons, regardless of playing ability or experience to come along and enjoy the game of bowls. Our facilities are arguably the best on Eyre Peninsula, and members can enjoy bowls from social bowls through to pennant competition.

If you think you might like to give bowls a try, contact **Paul Phillips - 0411 881 474** or

**Peter and Lorraine Shepperd 0427 103 492**



## Volunteer in your Community



Lower Eyre  
**Coastcare**  
Association

Enjoy the outdoors growing plants and exploring the coast? Need help identifying a bird or a plant? Want to get some exercise and help look after our coast? Do you have other skills to contribute such as social media management or graphic design?

Join us outdoors and get some gentle physical exercise, improve your mood and life and a sense of achievement in volunteering. We undertake varied activities around the coastline of Lower Eyre Peninsula.

**Join us for an hour or two or for the morning, last Monday of the month. Meet at Coffin Bay boat ramp BBQ area, 8.30 am. Visitors most welcome. Or contact us if you would like to assist in other less physical ways**

Check us out on Facebook to stay up to date with our current projects.  
For more information email [lowereyrecoastcare@gmail.com](mailto:lowereyrecoastcare@gmail.com) or

call Kerry 0498 387 961

**Volunteers caring for our coast**

### Pricing 2020

Front page	2/3 page \$20 per month
Meet the locals	½ page free (one per month)
Business listing	Business name + phone number \$5 per year
1/8 page	\$3 per month or \$30/year
¼ page	\$5 per month or \$50/year
½ Page	\$8 per month or \$80/year
Full page	\$15 per month

Invoices will be sent from The Coffin Bay Progress Association on booking.

Please contact the editor [coffinbaysun@gmail.com](mailto:coffinbaysun@gmail.com) to arrange your advertising for 2020

All advertising is editable at any time throughout the year at no extra charge.

Please keep your adverts up to date and include any monthly special events.



## Friends of Coffin Bay Parks

President: Graham Baker

Secretary: Bernadette Saunders

Treasurer: Sonia Richards

PO Box 152  
Coffin Bay 5607  
dettes46@bigpond.com

Anyone interested is very welcome  
Membership fees \$10.00 per year

Tea and Coffee provided

*Volunteers working with DEW in conserving and  
managing our national parks*

## Coffin Bay Playgroup

Meet at the Coffin Bay Hall on Mondays 10am-12 noon during school term. Bring \$2 entry and a piece of fruit to share.

**Visitors are welcome.**

## CEA-SIDE STITCHERS

We meet Friday mornings 9-12 at Coffin Bay Golf Clubrooms.

We extend an invitation to anyone (residents or visitors) interested in **quilting, sewing or needlework** to join us at our weekly get together.

Bring along your machine or knitting etc. All welcome.

## TAI CHI – Every Saturday Morning 8.50am for a 9am start – 9.45am

HELD EVERY SATURDAY MORNING AT THE YACHT CLUB OR ON THE LAWNED AREA NEXT TO THE CLUB

Gold coin donation which is given to a charity.  
We follow an easy Tai Chi DVD by Master George Lee of Adelaide.

Come and give it a try!  
Carol PH: **8685 4442** M: **040 085 4441**



## COFFIN BAY COMMUNITY CHURCH CNR HAGGARTY & TAPLEY STS (LUTHERAN & UNITING CHURCHES IN AUSTRALIA, WORSHIPPING TOGETHER IN CHRISTIAN UNITY.)

To help keep people safe through this difficult period, there will be no organised church services until the Government deems it safe. The members of the Community Church will continue praying not only for our small Community but for the world situation and we look forward to welcoming all to services in the future.

Romans 8: "For I am convinced that nothing in all creation can separate us from the love of God that is in Christ Jesus our Lord."

## Cummins Recyclers

The decision has been made to postpone opening our recycling depots in Cummins and Coffin Bay till further notice. Please note this decision hasn't been made lightly.  
Stay Safe. Cheers, Heather Norton

### Coffin Bay Markets

Upcoming Market dates:

**Sunday March 8<sup>th</sup>,**

**Easter Weekend – Friday 10<sup>th</sup> and Saturday 11<sup>th</sup> April**

**Sunday 10<sup>th</sup> May - Mother's Day**

**Sunday 14<sup>th</sup> June Long Weekend**

The markets are held in the Coffin Bay Hall  
Normal hours are 10am – 2.30pm Subject to change in Winter.

For further information please call

Bernadette Page on 0412 669 935 or look us up on Facebook

***Orchids For Sale (moving house) – \$10 each –  
Call Jenny on 8685 4582***



### **CUMMINS OP SHOP**

*The Cummins OP Shop will be closed until further notice. Sorry for inconvenience. Cummins can no longer accept donations at this time. Coffins residents can still contact Jane Majoor on 0418697179. Thank you*

### **Pete Bald**

Licensed Carpenter



**Pergolas, Sheds, Carports,  
Verandahs & General Repairs**

**Over 30 years' experience in the  
Building Industry**

**Ph: 0419 824 233 for a free quote**

ADVENTURE FITNESS | HAPPY HIRE

### **"Your One Stop Fun Shop"**

NEW Kayaks, Stand up Paddleboards,  
Surfboards, Mountain Bikes, Fishing Gear ,  
Snorkelling Gear, Ski/Fishing Boat (guided hire)

**ALSO**, specialising in tours last 25 years  
4WD tag along and tours, Fatbike, Sandbike  
adventures, Nocturnal wildlife tours etc.

Mobile **0408 896 258**

**[www.dunebustersportlincoln.info](http://www.dunebustersportlincoln.info)**

### **Pilates classes at the Community Hall!**

Every Tuesday morning at 9:30am  
(10am during school holidays).

Please contact Alyssa on  
**0438 021 638** for more information.

Everyone is welcome, however  
numbers are limited



**ADORE YOUR CORE  
PILATES**

### **Coffin Bay Pharmacy**

Please kindly note that the operating timing for  
pharmacy has changed

**MONDAY to FRIDAY: 9:30 AM TO 5 PM**

**SATURDAY: 9:30 AM TO 12 PM**

**SUNDAY AND PUBLIC HOLIDAYS: CLOSED**

**Address: 2 Flinders Avenue, Coffin Bay, SA-5607**

**Phone: 08-8685 4080**



## JENKO ELECTRICAL SERVICES

Servicing the Lower Eyre Peninsula



- Domestic
- Commercial
- Industrial
- Split System Aircons
- LED Lighting

Contact Andrew Jenkins on  
0418856125 or [jenkins2@jenko.com.au](mailto:jenkins2@jenko.com.au)



RICK MYERS  
**Plumbing & Gas**

**0409 151 200**

[rickmyersplumbing@gmail.com](mailto:rickmyersplumbing@gmail.com)

Lic PGE 256 137

## Dewtex Coatings

For Rendering, Plastering, Texture Coatings,  
Repairs or Sprucing up your home

Steven Dew 0413 126 347

No job too small



### Coffin Bay Pizza & Takeaway

are now located at Shop 4/61 Esplanade  
next door to 1802 Restaurant

**Business Hours are Wednesday - Monday 4pm - 9pm**  
**Tuesday Closed**

Open all Public Holidays except Christmas Day

Phone 0458 248 725 or Leave a Message on our FB  
Page under "Coffin Bay Takeaway "

### LOCAL GRAPHIC DESIGNER

Logos

Business Cards & Flyers

**Business Stationary**  
(Letterhead's & other Documents)

**Specialised Designs**  
(Wedding, Birthday & Special Occasion Invitations)

+ More...

Visit [www.maddogcreative.com.au](http://www.maddogcreative.com.au) to view some of my work!

Contact: Holly Gill on 0424 989 360 or [holly@maddogcreative.com.au](mailto:holly@maddogcreative.com.au)



Musical Instruments from  
Beginner to Experienced  
Tuition, Accessories  
Open Mon – Saturday

*"Where Music is Your World"*

Got a mooring or Need a mooring?

**Klunky Marine**

**Now offering Mooring Inspection  
and Maintenance**

**in Coffin Bay & Surrounding Areas**

**Buying and Selling Moorings**

**Call Smithy**

**0497 363 306**

# 34° South Catering

Saturday Night Dinner  
6pm – 8:30pm

Sunday Breakfast  
8:30am – 11:30am

Takeaways Available

For bookings call  
Clayle 0429 856 104 or Ann 0428 982 036

@ The Coffin Bay Sporting Club

Catering for Weddings, Private Functions + Special Celebrations  
Follow us on Facebook for weekly specials and “Pop Up” Events



Electrical  
Split System Air Conditioners  
LED Lighting Upgrades  
New Connections including Sheds & Homes  
Wiring Upgrades

Call John today to discuss any of your Electrical needs

Servicing Coffin Bay & Surrounding Areas

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0407 556 096

johngillelectrical@gmail.com

PGE: 196673

**NEED ANY WELDING OR  
GENERAL MAINTENANCE  
DONE**

THEN BILL HUGHES CAN HELP.

OVER 40 YEARS EXPERIENCE

MIG, ALUMINIUM, STAINLESS STEEL

FENCING, GATES, TRAILER AND BOAT  
REPAIRS ETC.

CAN COME TO YOU...

**PHONE 0428 824 344**

ABN 30599344696

**Southern Cross Pest  
Control  
Coffin Bay**

For all your pest eradication  
needs.

Specialist in termite control.

All other types of health and  
nuisance pests.

Call Jim Grose

**0458 741 712**

**“Reach Out”  
in Coffin Bay**



Do you want assistance or information about how to access Red Cross support services? Come see one of our helpful staff at our **“Reach Out.”** session.

**When: Last Tuesday of the Month**

**Where: Coffin Bay Library**

**Time: 10:00am – 12:00noon**

**Bookings Required**

**Phone: Cummins Library 8676 2476**

Please contact our Port Lincoln Red Cross office for more information.

20 Edinburgh Street, Port Lincoln P: 08 8683 0551

Office hours: 9am to 5pm Monday to Friday



**the  
power of  
humanity**





# General Classifieds

## Community Nurse

@ The Health Centre  
Cnr Hawson St & Flinders Ave

Monday, Wednesday, Friday  
9am – 1pm  
Closed Public Holidays

**No appointment necessary**  
bloods from 9am, other  
treatments start at 9:30am.

**Services include:** blood tests  
(ordered by GP), wound care,  
blood pressure checks, blood  
sugar levels, removal of  
stitches and general health  
enquiries.

For more information  
Ph: **8685 4070** (Coffin Bay)  
Ph: 8683 2024 (Pt Lincoln)  
M: 0427 026 395

## Dr Claire Rowe

Every Wednesday 9-5pm  
1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month  
9-5pm

She works out of the  
**Coffin Bay Community Health  
Centre**, Corner of Hawson St &  
Flinders Ave.

For appointments and  
messages for Dr Rowe please  
call **8683 2077**

## A.A. MEETINGS

Please Contact  
0427 854 585  
0427 944 985

## Coffin Bay Gardening Service

Phil Siviour – 0428 868 545

## Steve's Gardening & Handyman Service

Steve Nettle – 0427 854 379

## Origin Energy Agent

Steve Nettle – 0427 854 379

**John Gill Electrical** – 0407 556 096

**Ken Cairns Plumbing** – 0427 854 585

## Stotty's Building

Klint – 0439 339 407

## Qualified Carpenter

Shannon Fry – 0422 595 852

## Qualified Carpenter

Peter Bald – 0419 824 233

## Local Carpenter – House Maintenance & Improvement

Marty Bratasiuk – 0433 071 640

## Noel's Flyscreen Service

Noel Saxby – 0400 233 366

## Coffin Bay Linen Hire & Laundry Service

Sharon – 0488 515 132

## Rendering & Plastering

Steven – 0413 126 347

## Majoor Contracting

Luke Majoor – 0421 752 537

## Open Eyre Events

Charmaine – 0428 668 642

## Reptile Removal and Relocation

Including injured bird rehabilitation  
Rob – 0427 563 685

## Justice of the Peace (JP)

Ian Gordon – 8685 4417

## Local Graphic Designer

Holly Gill - 0424989360

## WASTE TRANSFER STATION OPERATING TIMES

### Coffin Bay

Facility is open to the public during the following hours:

**Tuesday – 2pm to 4pm**

**Wednesday – 9am to Noon**

**Sunday – 9am to 12 Noon**

[www.lowereyrepeninsula.sa.gov.au](http://www.lowereyrepeninsula.sa.gov.au)

Make sure you send the editor the details of your events and  
what your community groups are achieving at

**CoffinBaySun@gmail.com** before the **24<sup>th</sup> of the month** to get  
into the next issue of 'The Coffin Bay Sun'!!

**If you would like your copy of the Coffin Bay Sun emailed to you  
(in COLOUR!) then let us know via [coffinbaysun@gmail.com](mailto:coffinbaysun@gmail.com)**

# What's On Around Coffin Bay

## April 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4 <b>Reminder: Day Light Savings. Turn Clocks back 1 hour!</b>	5
6	7 Pilates 9:30am, Town Hall  Ladies Golf – Names in by 11AM	8	9	10 <b>Good Friday Public Holiday</b>  Cea-side Stitchers 9-12pm, Coffins Sporting Complex	11 <b>Easter Saturday</b>  Tai Chi, Yacht Club 9am	12 <b>Easter Sunday</b>
13  Easter Monday Public Holiday	14 Pilates 9:30am, Town Hall  Ladies Golf – Names in by 11AM	15	16	17 Cea-side Stitchers 9-12pm, Coffins Sporting Complex	18 Tai Chi, Yacht Club 9am	19
20	21 Pilates 9:30am, Town Hall  Ladies Golf – Names in by 11AM	22	23	24 Cea-side Stitchers 9-12pm, Coffins Sporting Complex  Coffin Bay Sun Submission Deadline	25 <b>ANZAC DAY</b>  Tai Chi, Yacht Club 9am	26
27	28 Pilates 9:30am, Town Hall  Ladies Golf – Names in by 11AM	29	30			



## South Australian Bushfire Garden Revival Lower Eyre Peninsula

“Calling on gardeners to help restore gardens in SA’s bushfire affected areas”

SA Bushfire Garden Revival is an initiative run by volunteers who grow plants and collect seeds, bulbs and other garden related tools and ornaments to assist re-establish gardens impacted by fires in South Australia

The group was founded by Kristy Barnes after the Sampson Flat fire, then provided assistance after the Pinery fire and is now back in action following the fires in SA over the 2019/20 summer. The project is about assisting those affected by bushfires to recover and re-establish gardens and home orchards burnt in the fires. This is being done by engaging volunteers to grow the plants and collecting donations of garden equipment such as garden tools, pots, ornaments and garden furniture, all things that make a garden.

The project is about so much more than just growing plants to hand over to recipients. There is a strong emphasis on the benefits of gardens and gardening for mental health and helping those impacted by bushfire to not only re-establish their gardens but also their wellbeing through sowing the seeds of renewal through a new garden. For many people gardens are such an important part of their lives as places of enjoyment, creativity and contemplation. In some cases, people have lost gardens that they have been tending for years and this is another big part of their loss. An important consideration often overlooked is that home gardens are often not covered by insurance. This is where the SABGR group can assist.

SABGR is growing and collecting for all areas in SA affected by bushfire, but due to biosecurity issues with sending material to Kangaroo Island only financial donations and donations of gardening equipment such as tools and pots, etc. may go to there. The group now has 25 collection points extending from Adelaide and surrounds down to Port Elliot and now to Eyre Peninsula.

The Lower Eyre Peninsula group is calling for anyone interested in growing to contact them to find out how they can help. They are also calling for donations of most plants, pots, tools, seeds, bulbs, hoses, sprinkler, all sorts of garden related equipment. They would love support from businesses too.

The timeline is for propagating plants now through to June with the collection points opening for receiving plants from June onwards until the end of July. The plants and garden equipment will be made available through garden centre style open days free for recipients ready for spring planting.

If you would like to donate or be a volunteer grower or register for assistance you can contact Kerry McEwan 0498 387 961 email [sabgrlep@gmail.com](mailto:sabgrlep@gmail.com)

or check  [SA Bushfire Garden Revival Lower Eyre Peninsula](#)



Easter



BAMM

Beach

Arts

Music

Markets



**EASTER**

**SUNDAY**

**12TH**

**APRIL,**

**12PM-6PM**

**COFFIN BAY FORESHORE**

catering by Coffin Bay Progress Association, 34 degrees South, Smoky Upper Cuts, Coffin Bay Takeaway, KC Creations.

Enquiries, ring Rachel on 0417 858 122



# TAKEAWAY MENU

Available from Midday, 7 days a week, beginning Monday 30th March

Delivery will incur a surcharge

\$5 to Coffin Bay & \$10 to surrounding areas

Call or Text you order to

0457042031 OR 0404270694

## BURGERS

- Gourmet Beef Burger, Cheddar Cheese, Pickles, Bacon, Fresh Salad, Homemade Mustard & Fries \$18
- Buttermilk Chicken Burger, Sweetcorn Relish, Smoked Garlic Aioli, Grilled Chorizo, Cheddar, Fresh Salad & Fries \$20
- Grilled Halloumi Burger, Tomato Relish, Fresh Salad, Smoked Garlic Aioli & Fries \$16
- Tuna Cheeseburger, Turmeric Pickled Cucumber, Fresh Salad, Bacon, Smoked Garlic Aioli & Fries \$22

## CURRIES

- Beef Rendeng, Smoked Garlic Yogurt, Pickled Cucumber, Steamed Rice & Flatbread \$22
- Thai Green Chicken Curry, Basil & Tomato Salsa, Steamed Rice & Flatbread \$20
- Lamb Rogan Josh, Smoked Garlic Yogurt, Pickled Cucumber, Steamed Rice & Flatbread \$24

## OPEN FLATBREAD

- Slow Roast Lamb Shoulder, Lettuce, Pumpkin Hummus, Tomato & Basil Salsa, Pickled Cucumber & Smoked Garlic Aioli on Homemade Flatbread \$16
- Crispy Fried Chicken, Lettuce, Chipotle Hummus, Pickled Sweetcorn Salsa, Smoked Garlic Aioli on Homemade Flatbread \$16
- Beef Meatballs, Lettuce, Hummus, Tomato & Basil Salsa, Smoked Garlic Aioli on Homemade Flatbread \$15

## SEAFOOD

- Beer Battered Gummy Shark, Fries, Slaw & Homemade Tartar Sauce \$15
- Crispy Abalini Bao Buns, Pickled Cucumber, Red Pepper Sauce, Fresh Herbs & Spring Onion, Served with Fries \$22
- Panko Crumbed Prawns, Fries, Slaw & Cocktail Sauce \$28

## SUNDAY SPECIAL ROAST CHOOK (FEEDS 4)

Succulent Roast Chicken with:

- Roast Potatoes
- Buttered Green Veg
- Carrot Mash
- Homemade Gravy

Must be Pre-ordered by Saturday Evening \$50

1802

## Breakfast until 11am

### Beachy Works

Bacon , 2 Eggs (poached, fried or scrambled),  
sausage, tomato, sautéed mushrooms and  
baked beans on toasted muffin **\$20**

### Bacon and Eggs

Bacon and 2 Eggs (poached, fried or scrambled) on  
toasted muffin **\$14**

### Eggs Benedict

2 poached eggs with baby spinach and hollandaise  
sauce on toasted muffin **\$13**  
with ham, bacon or smoked salmon **\$18**

	Bacon & Egg	Ham & Cheese
Sandwich	<b>\$7.50</b>	<b>\$6.30</b>
English muffin	<b>\$8.50</b>	<b>\$7.30</b>
Croissant	<b>\$9.00</b>	<b>\$8.00</b>

### Pancakes

2 fluffy pancakes with ice-cream and fruit  
drizzled with maple syrup **\$12**

### Avo Smash

Smashed avocado with fetta, chilli flakes, lemon  
and mint on toasted muffin **\$13**

### Muesli

Crunchy muesli with yoghurt, milk and berries **\$11**

**Cinnamon Fruit Toast \$5**

### Extras

Egg	<b>\$2.50</b>	Chorizo	<b>\$4</b>	Mushrooms	<b>\$3</b>
Sausage	<b>\$3</b>	Bacon	<b>\$5</b>	Tomato	<b>\$3</b>
Wilted spinach	<b>\$3</b>			Hash brown	<b>\$2</b>
Smoked Salmon	<b>\$5</b>				
Gluten free bread	<b>\$1.50</b>				



## What else is at Beachcomber?

Fresh sandwiches, rolls and wraps made to order

House-made cake and sweets

Coffee from early morning

Milkshakes and ice-creams

Fuel, ice, fishing bait and tackle

Groceries

Souvenirs

And much more!



**Licensed café and store**

**113 Esplanade**

**Coffin Bay**

**(Next to the caravan park)**

**Phone orders welcome**

**86854057**

**Kitchen open all day**

**Dine inside or alfresco  
or takeaway**

**Pets welcome**

# All Day Menu

**Fish and Chips** One fillet (battered, crumbed or grilled (GF) with chips, tartare and lemon

**Whiting** (local) **\$14**

**Ocean Jacket** (local) **\$11**

**Butterfish** **\$11**

**Lemon Pepper Squid** (GF) with chips, tartare and lemon **\$13**

**Fisherman's Platter for two** 4 fresh prawns, 4 pieces of lemon pepper squid, 2 battered fish fillets, 4 crumbed ocean jacket cheeks, 4 natural oysters and chips **\$50**

**Kid's Fish Pack** **\$9**

**Fish Wrap** Battered or grilled fish fillet, lettuce, red onion, tomato and tartare **\$14**

**Chicken Wrap** Grilled Chicken breast, bacon, red onion, mixed lettuce, parmesan and mayo **\$13**

**Yiros** Chicken or lamb with lettuce, tomato, red onion and tzatziki **\$10**

**Plain Hot Dog** with sauce **\$5.50**

**Calypso Hotdog** with bacon, cheese and sauce **\$8**

**Add side salad** **\$4**

**Add side of chips** **\$3**

**Bucket of Prawns** Local Spencer Gulf prawns with cocktail sauce and lemon **6 for \$12**  
wedges **12 for \$22**

**Beachy Salad** Lettuce, tomato, cucumber, olives, red onion and fetta **\$12**  
add beef, lamb, or chicken **\$16**  
add salmon **\$17**

**Beachy Burger** Seasoned beef pattie, bacon, egg, cheese, onion, tomato, lettuce and tomato sauce **\$13**

**Plain Burger** Seasoned beef pattie, lettuce and tomato sauce **\$9**

**Marble Range Burger** Grilled chicken breast, avocado, sun-dried tomato, fetta, red onion, baby spinach and mayo **\$13**

**Gunyah Burger** Battered fish, lettuce, tomato, red onion and tartare sauce **\$12**

**Veggie Burger** Veg pattie, lettuce, tomato, beetroot and mayo **\$9**

**Steak Sandwich with the lot** Grilled topside steak, bacon, egg, cheese, onion, tomato, lettuce and tomato sauce **\$13**

**Steak Sandwich plain** Grilled topside steak, lettuce and tomato sauce **\$9**

**Gluten free bread** **\$1.50**

**Add pineapple** **70c**

**Add beetroot** **70c**

**Fresh Coffin Bay Oysters** **6/12**

**Natural** with lemon (GF) **\$14/22**

**Japanese** with pickled ginger, soy sauce, wasabi and sesame seeds **\$16/25**

**Thai** with chilli, lime and fish sauce dressing **\$16/25**

**Kilpatrick** cooked with bacon and house made sauce (GF) **\$18/28**

**Closed** takeaway only **\$10/18**

**Hot Chips** (GF) Cup **\$4**  
Small **\$6**  
Medium **\$7.50**  
Large **\$9**

**Chips & Gravy** Small **\$8**  
Large **\$10**

**Sweet potato wedges with sweet chilli and sour cream** (GF) Small **\$10**  
Large **\$12**

**Chicken Nuggets** Each **\$0.60**  
6 with chips **\$6**

**Chiko Rolls** **\$4**

**Potato Cakes** **\$1.50**

**Tub of Gravy** **\$4**



# COVID-19 UPDATE

This update is being provided in order to keep our Community informed as to the precautions we currently have in place at

[Lower Eyre Family Practice](#)

Please be aware, we have had no confirmed cases that we are aware of in our community to date.

We do not wish to cause alarm, only to provide up to date, informed facts.

You will notice a few changes within the practice itself.

[Cummins & Coffin Bay](#)

On our entrance door and in the foyer, there are prominently displayed signs asking that if you have recently returned from overseas or been in contact with a confirmed case of Coronavirus, remain in your car and phone the practice to advise that you have arrived & what colour, make & model your car is.

There is a station in the foyer with Aqium and masks, this is for use, if you have flu like symptoms & do not fit the aforementioned criteria.

You may be asked to wait in your car.

We have reduced our seating and implemented social spacing between chairs in the waiting room.

You will find updated information on COVID-19 on near the reception desk (also on our Facebook Page)

You will notice signs as you approach the counter to check in or for payment, asking that you please remain behind the red line, with one person at the counter at a time.

There is hand sanitizer to the right of reception, for your use before exiting the clinic