

Cummins Connection

May 2020, Edition 203



CUMMINS COVID CARE PACKS

DO YOU KNOW SOMEONE WHO IS LIVING ALONE, LOOKING AFTER A DEPENDANT, EXPERIENCING FINANCIAL STRUGGLE, OR PERSONAL HARDSHIP AS WE NAVIGATE OUR WAY THROUGH THE CORONAVIRUS PANDEMIC?

NOMINATE THEM TODAY FOR A CUMMINS COVID CARE PACK. THESE PACKS WILL BE DISTRIBUTED TO MEMBERS OF OUR COMMUNITY, FILLED WITH LOCAL GOODS AND VOUCHERS TO LOCAL STORES, BECAUSE AFTER ALL, IT'S ABOUT LOCALS SUPPORTING LOCALS

SEND YOUR NOMINATION TO AMANDA -
EMAIL : CUMMINSBP@OUTLOOK.COM.AU

PHONE OR TEXT : 0439 851 744

FB MESSENGER - CUMMINS DISTRICT
COMMUNITY BANK

FINANCIALLY SUPPORTED BY

 Bendigo Bank

Community Bank
Cummins District

ALL HOURS HELP

Police, Fire, Ambulance - 000

For immediate assistance with any medical or mental health emergency or in any situation where you are not feeling safe.

Regional Access - 1300 032 186

3 Free Counselling Sessions via phone or online chat for anyone over 15 years of age living on the Eyre Peninsula!

Mental Health Triage - 131 465

Immediate confidential clinical support for people having a mental health emergency. They may provide assessment over the phone or in your home and they can arrange follow up support.

Lifeline - 131 114

A confidential service where you remain anonymous. An online crisis chat option also exists, for those who prefer this option.

Kids Helpline - 1800 551 800

Australia's only free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.

Men's Line - 1300 789 978

Phone, online or video counselling service for men with emotional health or relationship concerns.

Suicide Call Back - 1300 659 467

Phone, online or video counselling service for people affected by suicide.

Beyond Blue - 1300 224 636

Trained mental health professionals via phone or online chat that will be there to listen, provide information and advice, and point you in the right direction so you can seek further support.

Family Drug Support - 1300 368 186

Their goals are to help families of alcohol and other drug users become more resilient, gain coping skills and survive their journey intact.

Stand By - Support after Suicide - 0438 728 644

Contactable anytime to arrange free telephone or face-to-face support, at a time and place that is best for you. Follow up calls are continued for up to 12 months.

QLife (LGBTI Service)

-1800 184 527 (*3pm-Midnight)

Free telephone and webchat support, delivered by trained LGBTI community members across the country. Their services are for LGBTI individuals, their friends and families.

LOVINGLY
CREATED
FOR YOU BY



Government & Counselling Services

Child & Adolescent Mental Health (CAMHS)
Port Lincoln- 1300 222 647

Eyre Mental Health Services - 8683 2083

Drug & Alcohol Service (DASSA)
- 1300 131 340

Whyalla Adult Mental Health Team
- 8648 8300

Centacare Catholic Country SA:
Ceduna - 8628 7600;
Pt Lincoln - 8683 0733;
Whyalla - 8645 3655.

Country & Outback Health (CObH),
Pt Lincoln & Whyalla (referral needed)
- 8621 3800;
services also available at Ceduna, Streaky Bay,
Elliston, Wudinna, Cleve, Kimba, Cowell.

Compassion & Insight Counselling
(Pt Lincoln) - 0491 203 673

Counselling EP (Pt Lincoln) - 0427 277 417

EP Counselling Services (Pt Lincoln)
- 0427 013 737

Hearspace Whyalla - 8641 4330

Nunyarra Aboriginal Health Service Inc.
(Whyalla)- 8649 4366

Port Lincoln Aboriginal Health Service
- 8683 0162

Positive Future Self (Pt Lincoln)
- 0437 800 733

West Coast Youth & Community Support
(Pt Lincoln, Cummins & Tumby Bay)
- 8683 0072

LOWER EYRE FAMILY PRACTICE

ask that **ALL PATIENTS REMAIN
IN THEIR CARS** when attending
their GP appointments.

PLEASE CALL RECEPTION ON
ARRIVAL (86762210) AND
REMAIN IN YOUR CAR

YOU WILL BE CALLED WHEN
THE GP IS READY

This will assist with achieving appropriate social
distancing

Please **alert reception** if you **require urgent attention** or if it is
unsafe for you to remain in your car.

DISTRICT COUNCIL OF LOWER EYRE PENINSULA

CREATING CONNECTIONS **CANCELLED**

To protect the welfare of participants,
we regretfully advise that our Creating
Connections program has been
temporarily suspended until further
notice.

We apologise for any inconvenience.

2
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2
0




SAVE THE DATE!

**03
27
20**

**POSTPONED UNTIL
FURTHER NOTICE**

CUMMINS OPP SHOP
COMMUNITY
TURNING 20!

CUSTOMER FUNCTION TO BE
HELD ON THIS DATE
MORE INFORMATION TO COME



A SAFETY REMINDER

**CUMMINS OPP SHOP
CLOSED & CAN NOT
RECEIVE DONATIONS AT
THIS TIME.
PLEASE REFRAIN FROM
LEAVING ITEMS.**

thank you cummins op-shop volunteers



**You can now purchase/order your weekly
and Saturday Advertiser, Sunday Mail,
Port Lincoln Times and Stock Journals
through Cummins IGA.**

**Call in or phone us on 8676 2004 if you
would like to organise your papers.**



STAY HOME

GOT TALENT? CUMMINS & DISTRICT TALENT SHOW!

OPEN TO ALL

MUSICIANS, SINGERS,
DANCERS, RAPPERS,
ACTORS, COMEDIANS,
MAGICIANS, ETC.

WHERE

FACEBOOK
HOSTED BY LOWER EYRE
FAMILY PRACTICE

HOW IT WORKS

SUBMIT VIDEO FRIDAY 5PM
TALENT POSTED MON 4PM
POLL CLOSES WED 5PM

Cummins Kapinnie
Netball Club
RAFFLE

\$20
per ticket

ONLY 300 Tickets avail.
Drawn when all tickets
are sold.

1st Prize
THERMOMIX TM6



2nd Prize
\$200.00 VOUCHER
CUMMINS IGA



3rd Prize
\$150.00 VOUCHER
CUMMINS MEAT STORE



4th Prize
\$100.00 VOUCHER
FIVE LOAVES BAKERY

Supporting the businesses that always have our back.
Now it's time for us to have yours :)

**please contact Amesha Meyers 0488 171 058 for
EFT Details, and to secure your ticket/s**



LIT YOUR FIRE YET?

KINDLING BAGS FOR SALE

\$5 per bag approx 6kgs
prepared by Cummins Men's Shed
phone 0427 601 201 to arrange collection



Message to parents and carers from Professor Nicola Spurrier, Chief Public Health Officer



**It is safe to send your child or children back to school,
kindy and day care.**

Don't send them if:



They are sick.



They have a health
problem and you want to
talk to your doctor first.

I am confident it is safe for them to return because:



We have a low rate of
community spread in SA.



Borders are still closed.



Lots of the community
has been tested.



Good social distancing
and hygiene.

To keep schools safe we are:



Increasing cleaning.



Making sure there
is soap, sanitiser
and tissues available.



Not having
large gatherings.



Teaching kids to
not spread germs.



CUMMINS CHRISTMAS WONDERLAND NEWS

In February, the Wonderland Committee posted a survey on Facebook to gauge the feelings of the local community and beyond regarding issues that have been experienced at the current location and venue.

The committee were very gladdened at the huge response and grateful that everyone made the time to fill out the survey while also adding a lot of helpful, constructive and positive comments and suggestions. This response reinforced to the committee that our Wonderland is truly appreciated and valued by locals and visitors alike. We have resolved to continue to listen to the recommendations of our community and work hard to provide this event for the enjoyment of all.

The main question was that to improve visitor safety and comfort could the event be moved from the current location at the RSL hall, out of the Main Street, to the pavilion at the Showgrounds.

A very large majority of respondents indicated in favour of a move. Some of those were concerned with moving from the Main Street and suggested that the Institute be considered. Many said they thought the pavilion would be a very suitable location and that they would still return to the Main Street for meals and shopping.

At the time of the survey release, the Institute, because of its other responsibilities was not available. However, on becoming aware of the Wonderland's dilemma the Institute committee changed their thoughts and came forward with their offer.

After much measuring, consultation, negotiation, inspections and discussions the committee decided that they would move the event to the Institute. While the pavilion was carefully considered, safety being a very attractive factor, it came down to the Institute providing air conditioning which was a stronger attractive factor.

We are aware that there may be parking and traffic issues so we are working through some options that we hope will ease that problem.

We know that this relocation has lifted the amount of effort and planning to the next level and more infrastructure and items will need to be transported than ever before. We are always very grateful for all the community help and support that we receive especially at such a busy time of year. We will try our best, but we may not get everything right as we adapt to this very large venue.

Once again, thank you to all who have taken part in the survey. Your direction was clear. Wonderland projects have started already. Hopefully, the pandemic will have dissipated and Christmas will happen.

Stay safe,
The Wonderland Committee

GOLF IS BACK

Cummins Golf Club

Open to Members Only

Maximum of 2 players per group, maintaining 1.5 metre distance at all times

MEMBERSHIP \$70 Adults
\$30 Juniors

Bank Account Cummins Golf Club
BSB: 633-000
ACC:172 872 988
REF: Members name.

We welcome all community members to join our club.
There are no set days but please be respectful to other players and workers on the course.

The scrapers have been removed so no putting.
New bridges are accessible but please take care on access ramps.
No formal competitions, Clubhouse is closed due to COVID 19.

NO MEMBERSHIP NO PLAY!!!



Interested in solar?

Jedd Dunbar Electrical can design, supply and install solar to your home or business.

Call Jedd on 0433 212 160 for obligation free advice and quote.

www.jdeservices.com.au





NURSES STATION UPDATE APRIL 2020

The demolition of the old nurses' station started on the 6th of January with loads of banging and dust. It was very exciting to see the old area come down, knowing that we had reached our goal and were on our way to improve our facilities. We are grateful for Matt Giddings who has been a great project manager, coordinating our trades for this project.

The new desks, drawers and cupboards were installed on the 15th of January and the flooring was laid the following week. Matt Guppy was onsite painting at the beginning of February and at the end of the month we were able to move back into the new area, as it was at a functional stage and the rest of the renovations continued around us.

This was met with great excitement and enthusiasm from staff, who were delighted to finally work in such an open, modern and beautiful space. The workflow is improved dramatically from our old nurses' station with more desk space and designated areas for specific items. Some clever and beautiful signage from Sign FX was also installed at the end of February and has given our front desk a 'wow' factor. The end of March saw more tradesmen onsite with the installation of the glass panelling, which

turned out to be a very timely addition for our safety. A few finishing touches will happen in the coming months.

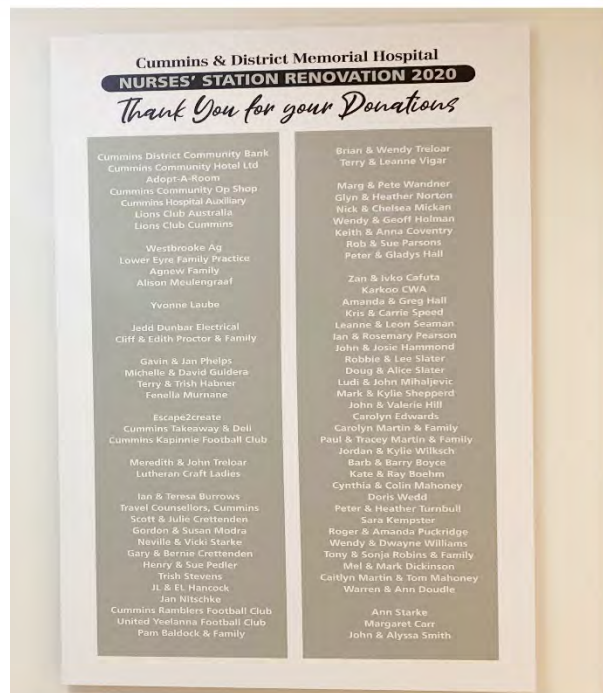
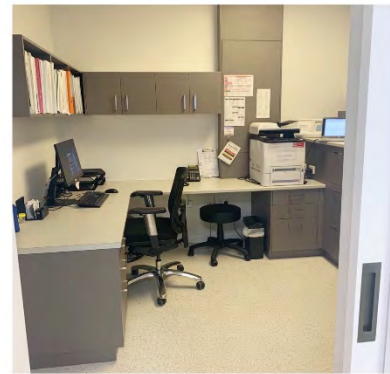
We would like to take this opportunity to pass on a huge thank you to the nursing staff and medical team who have been incredibly supportive and flexible working from a temporary nurses' station for the first two months of 2020. Many expressed their excitement seeing the project unfold before their eyes, shift to shift.

We were grateful to receive a donation of a new laptop, mirroring device and large screen from Lower Eyre Family Practice which we use as a modern version of our old patient whiteboard. This has been a very high tech, professional addition to this space.

At this stage, our donations and budgeting have been right on track. We are sincerely grateful for all donations that our project has received. Without this community support we would not have this amazing workspace.

A special mention and thank you to Ronda Glover who has worked very hard coordinating the finances and donor receipts on our behalf from the Cummins and District Hospital Auxiliary. Thank you also to the Auxiliary members who have been supportive and encouraging throughout the renovation with many excitedly asking for regular updates on our progress. Without their support, this project would never have happened, and our community and health facilities would be so much poorer.

Prior to COVID-19 an opening and tour had been planned for mid-April. Naturally, this was postponed and is on hold until restrictions are lifted. Stay tuned for the new date - we will advertise and email the revised invitation to all donors and tradespeople involved once the future is clearer.





CUMMINS NEWSAGENCY - NEIDRA, LYALL & STAFF

Thank you

From the wider Cummins Community and the Cummins & District Enterprise Committee we wish to thank you for your years of service and support while in business. May you have an enjoyable transition to life beyond the Newsagency.

WANTED

for the photo-board in the Cummins RSL Hall.

Service Portraits of Servicemen & Servicewomen

whose place of birth / hometown or
Residential locality on Enlistment or
Place of Enlistment
is included in the list below.

Please email **JPEG** copies to: CumminsYeelanna@rslsa.org.au

Don't forget to include the person's name and if known their Service Number

Thank you

The Cummins-Yeelanna RSL "area" covers such towns / localities as:

Cummins	Yeelanna
Brimpton Lake / Lake Brimpton	Mount Greenly
Brooker	Mount Hope
Cockaleecheie	Mount Isabella
Coomaba	Murdinga
Coulta	Peachna
Edillilie	Perlah
Frenchman Bluff	Pilana
Frenchman Lookout	Tooligie
Frenchman Turn	Tooligie Hill
Kaldow	Ungarra *
Kapinnie	Wangary / Lake Wangary
Karkoo	Wanilla
Koppio	Warrow
Marble Range	Warunda
Moody	Wildeloo
Mount Drummond	Yallunda Flat
Mount Dutton	Yeltukka

and all places in between

* depending on family circumstances, but most Service personnel affiliate with Tumby Bay RSL

Please note these Service Portraits will also be posted on the
Cummins Yeelanna RSL FaceBook Photo Albums
unless informed otherwise.



We're proud to be a part of Our Town, a mental health initiative funded by the Fay Fuller Foundation and supported by The Australian Centre for Social Innovation, Clear Horizon and the FRRR. This initiative will ultimately see three South Australian towns receive 10 years funding to find sustainable, community-based solutions to mental health challenges.

Our Town is a wonderful opportunity for us as a community to build our capacity to support each other through the development of good mental health and wellbeing practices. Our Town is unique in that our voices lead what is to be done in our community, for our community.

If you would like to speak to any of us about your ideas for the future of Mental Health initiatives in Cummins, reach out to anyone on the team: Emma Gale, Sarah Dickinson, Amanda Puckridge, Kris Speed, Rhianna Foster, Rachael Hunt and Michael Traeger.



Cummins "Our Town"



@ourtowncummins



contact Emma Gale: 0415 490 060 or mentallyfitep2@gmail.com

CUMMINS CONNECTION

INFO DUE THURSDAY 21 MAY

For planned distribution on
Thursday 28th May (subject to change)
please send content to cdec@dclep.sa.gov.au



Friday March 13th, a time before Covid-19! The Cummins District Enterprise Committee hosted a Welcome to the Cummins Community - BBQ Tea in the beautifully maintained Railway Triangle Park. Unfortunately, the weather was cooler, and the crowd a little smaller than anticipated however a good time was still had!

We were able to share a welcoming gesture to the new families, teachers, medical staff and various employees to our district. Invitations were sent to local businesses, posters displayed in town, and hand delivered by enthusiastic committee members to those that we could.

Thanks must go to the small committee that organised the evening, our locals who came out to meet new faces and also to the new members of our community - we understand how daunting it can be when everybody knows you, but you don't know them!

It is lovely to once again see that community spirit is still alive and strong in Cummins!





Holly Parker

Registered Conveyancer



Please feel free to contact Holly to discuss your conveyancing queries and for a quote on our services.

Conveyancing Services Offered:

- Residential Sales and Purchases
- Commercial Sales and Purchases
- Land Divisions
- Private Contract and Form 1 Preparation
- Family Transfers – Change of Ownership
- Estate Transfers
- Rural Property Sales and Purchases
- Business Sales and Purchases
- Caveats
- Trustee to Trustee Transfers
- Matrimonial Transfers
- Pre-Purchase Review of Contract and Form 1

Verification of Identity

Did you know that you can complete your ID Check at Australia Post in Port Lincoln, Cummins and Tumby Bay if you are not able to meet with us face to face. Contact Holly to discuss further.



TESTIMONIALS



CUMMINS SCHOOL COMMUNITY LIBRARY NEWS

Our doors may not be open to the public as yet, but we are always open online! Check out just a couple of our ongoing services.

Feel free to contact us via phone: 8676 2476 with any enquiries.

**Contact us to register for our Delivery Service. We are delivering fortnightly on a Thursday morning until further notice.
Next delivery is May 7.**

1800 021 233

SCHOLASTIC  **Book Club**

BOOK CLUB IS HERE—Virtual Catalogue while Students Learn from Home

The latest issue of Book Club will be a special virtual version in Term 2. Every child will still have the opportunity to access their Book Catalogue. All orders will still be delivered to the school as normal. If your child is not attending due to isolation, we will endeavour to get the books to you.

The catalogue can be accessed online:

<https://scholastic.com.au/book-club/virtual-catalogue-1/>

Sending your order to Scholastic won't change. LOOP ordering through the scholastic web page (is the easiest way to order during Term 2:

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>)

However, we will still accept cash orders as usual.

Recommended return-by-date Monday 18th May.

Cummins Library Delivery Service.

In light of the Prime Minister's directive to people who are over the age of 70, being encouraged to self isolate, after consultation with DCLEP, we feel that a Library delivery service will be of huge benefit to this demographic.

Who: Anyone aged 70+ living within the Cummins Township

When: Fortnightly delivery to your gate of a bag of sterilised Library books.

How: Contact the Library via email or phone, with preferences, address and phone number.

Please contact your families and if they are interested in accessing this service, email us on cummins.library@plain.sa.gov.au

Or call 8676 2476

**Scholastic Book Club is still available...a special online version. Deliveries to the school or by prior arrangement.
Contact us for with any queries.**

Utilise the Libby app for all your eBook and Audio book requirements. Some fantastic titles, plus some 'always available'...no holds required. Books to suit everyone.

Here are your step by step instructions:

Install the Libby app from your device's app store.

Open the app and find our library.

You can search by our library service name (South Australia Public Library Services).

Browse the library's collection and borrow a title. When prompted, sign in with your library card number and PIN. Call us at the library if you don't have this information.

Borrowed titles appear on your *Shelf* and download to the app automatically so you can read them when you are offline.

From your *Shelf* you can:

Tap *open book* to start reading or start listening to a title

Tap the cover image to renew loan or return title to library



COUNCIL NEWS

Airline business support (Excerpt from Media Release – 17 April 2020)

Businesses operating from the Port Lincoln Airport will benefit from a new COVID-19 support package from the District Council of Lower Eyre Peninsula.

Council considered the impact of the Coronavirus pandemic on the aviation industry and the Port Lincoln Airport at its meeting on Friday (April 17). Mayor Jo-Anne Quigley said the Coronavirus and subsequent government travel restrictions had resulted in a drastic drop in travel demand and Council had received requests from a number of businesses based at the airport seeking support ranging from rental assistance through to agreements spanning eight years.

"As a result Council has resolved to offer fair and equitable support packages for businesses operating out of the airport, including the airlines.

"This package shows that Council are working co-operatively with each business at this hard time."

The support package is provided in two distinct ways. Council is offering QantasLink and Regional Express the following:

1. A waiver of all rental charges on leased areas for a period of six (6) months beginning in April 2020.
2. A complete waiver of passenger levy for the period 1 April to 30 June 2020.
3. In order to assist cash flow, the value of passenger levy payments, up to \$200,000 can be accrued and payment deferred until October 2020 at which time a payback plan may be negotiated.

Council acknowledges that the airlines are not the only businesses in need of support and has also resolved to offer the commercial tenants operating out of the airport

terminal a Fee Reduction Package.

Hardship Policy / COVID-19 Assistance

Council have adopted a new Financial hardship policy to assist ratepayers who are experiencing financial difficulty, with the policy including reference to emergency events - refer council website.

In relation to the current health pandemic Council have resolved to waive fines and interest on payments for March through to August (inclusive) for those customers that can demonstrate a reduction of 30 per cent or more in business income, or who are experiencing a reduction in working hours due to the COVID-19 pandemic. Anyone experiencing difficulty is encouraged to contact the council office and discuss the options available to them on 8676 0400.

Moveable Signs Policy

Feedback is invited on a new policy drafted by Council which provides guidance to businesses on the placement of moveable signs. The policy also outlines the materials signs should be constructed from and how many are permitted per premises (amongst other items). Comments on the draft policy can be sent to mail@dclep.sa.gov.au prior to 22 May 2020.

Minute Book project

Council's Minute Book project is using an online program to transcribe historic handwritten minute books into a digital format which can then be shared on our websites. If you are interested in participating and bringing this history to a wider audience let us know – the advantage is you can log on from your computer at home and transcribe minutes while social distancing. Help is also available via a messenger group to answer any questions. Further information on how to

participate is available by calling Jeannie at the Cummins Library on 86762476 and she can set you up with all the log-in details you need.

Road works update

Council is currently re-sheeting Mena road, having completed works on Coles Point Road, Douglas Well Road, Hyde Road, Farm Beach Road and Duck Lake Road in this financial year. Further re-sheeting works are proposed at Smith Road, Yeltukka Road and Warrow Road in coming weeks. Works on Fishery Bay Road will commence after the completion of the Runway Upgrade project.

New bins for Coffin Bay

Four new bin enclosures have been placed on the foreshore at Coffin Bay.



These bins have replaced the older standard type bins that were located at the wharf area.

Council operations

Council advise of the following changes due to COVID-19:

Cummins Council Office: Monday to Friday, 9am-12pm
Port Lincoln Branch office: Monday only, 10am-1pm & 2pm-4pm

Council encourage contact via phone (8676 0400) or email (mail@dclep.sa.gov.au) from 9am and 5pm daily as staff will continue to be on site at this time and appointments can be made outside of these hours via prior arrangement with the relevant staff members.

The following Council managed facilities have been temporarily closed until further notice:

- All Playgrounds owned and maintained by Council;
- Cummins & Coffin Bay Skateparks;
- All public BBQs owned and maintained by Council;

Farm Beach campground & Louth Bay campground

Note: public conveniences attached to the camp grounds will remain open.

Other suspended services:

- The hiring of the community bus is suspended as we cannot meet social distancing requirements within the bus environment.
- Creating Connections (over 50's program) has been postponed indefinitely.
- The Cummins Institute Hall has been closed to the public (including the public toilets).

Battery recycling

With the recent introduction of the battery recycling tubes Council is pleased the Coffin Bay 20L battery recycling tube has been the first to fill.

There are three recycling tubes in the Cummins Council office, North Shields and Coffin Bay post offices. These tubes are for recycling household batteries only.

COMMUNITY NEWS

Grants SA COVID-19 Support Grant

Funding of up to \$10,000 to help community groups continue to deliver services during the Covid-19 public health restrictions. Could be used for IT equipment, data, software, PPE, website upgrades, salary. This opportunity is open until October 20. For more information visit

dhs.sa.gov.au/services/grants-for-organisations/grants-sa

Cummins Community Assistance – COVID-19

Register for the Cummins Community Assistance COVID-19 group of volunteers that are available to assist other members of the community us in following the instructions to slow and stop the spread of COVID-19 by staying home as much as possible.

This service is available to everybody – for more info visit facebook.com/CumminsCommunityAssistance/