



# Coffin Bay Sun



October 2023

Initiative of the  
Coffin Bay Progress  
Association

[coffinbaysun@gmail.com](mailto:coffinbaysun@gmail.com)



## Coffin Bay Market



## Sunday October 1



## 10am-2.30pm



### REFERENDUM DAY

### 14 OCTOBER 2023

Cast your vote at the Ambulance Station  
(Lear Street Coffin Bay)

## Contact Us

**President:** Georgina Lewis 0411 78 4401

**Vice President:** Jacki Egan

**Secretary:** Tracy Matheson 0431 424 790

**Public Officer:** Tracy Matheson 0431 424 790

**Treasurer & Hall Booking:** Linda Christian 0409 092 168

**Coffin Bay Sun:** Holly Gill 0424 989 360

**Hall Flag:** Sandra Peters 0408 895 674 - Peter & Lorraine Bradford 0428 854 138

**Next Progress Association meeting is 2nd Tuesday of the month at 7pm in the kitchen of the Coffin Bay Hall. All welcome to attend.**



# EP BUS CHARTERS



Fully hosted. Pick up Adelaide, Mt Barker, Cowell, Whyalla, Tinman or anywhere en route

## MAKE YOUR TRIP SAFE, MEMORABLE & ENJOYABLE

**MIGHTY MURRAY,  
THE BEND, SWANHILL,  
ECHUCA, BENDIGO,  
MT GAMBIER, MONARTO ZOO**  
29 October - 8th November 2023  
**\$3875 pp**

**KANGAROO ISLAND**  
23rd - 28th November 2023  
Remarkable Rocks, Raptor Domain,  
Eucalyptus Farm, Honey Farm, Zoo  
without fences,  
Lavender farm, Parndarna plus  
more  
**\$2340 pp ex EP**  
**\$2120 pp ex Adelaide**

**HAWAII**  
9th - 16th March 2024  
Lei's, Luau, Pearl Harbour,  
Waterfalls, Waikiki Beach, Lava tubes  
plus more Oahu & Kona Islands  
inc 6 flights, accom, most meals  
and activities  
**\$8430 pp**

**JAPAN CHERRY BLOSSOM**  
21st March - 4th April 2024  
15 days, Tokyo, Kanazawa,  
Takayama, Mt Fuji, Hiroshima,  
Bullet Trains, Cherry Blossoms  
plus so much more.  
**\$11,550 pp inc airfares**

**LIGHTNING RIDGE,  
BROKENHILL, SILVERTON,  
WHITE CLIFFS & WESTERN  
PLAINS ZOO**  
14th - 23rd April 2024  
**\$3975 pp**

**NORFOLK ISLAND MAY 2024**  
7th - 14th May 2024  
**\$4900 pp**

**TOWNSVILLE, CAIRNS, COOKTOWN  
& THE SAVANNAH WAY**  
24th May - 29th June 2024  
so many highlights  
**\$17,170 pp**

**CANADA - ALASKA JULY 2024**  
21st July - 15th Aug 24  
**\$19,950 pp plus airfares**

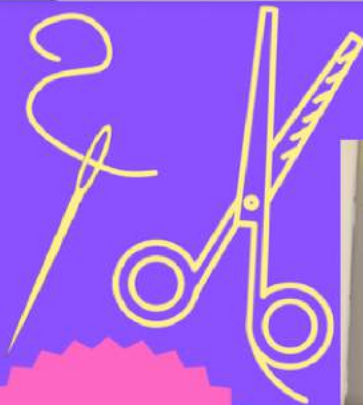
**LONGREACH - WINTON  
SEPTEMBER 2024**

**NEW CALEDONIA 2024**

**LORD HOWE ISLAND NOV 2024**  
18th - 28th November 2024

For Itineraries and Bookings **Phone Kim 0417 165 414**

email: [kim@epbuscharters.com.au](mailto:kim@epbuscharters.com.au) | [www.epbuscharters.com.au](http://www.epbuscharters.com.au)



# Kids Holiday Sewing



1. Drawstring Bag  
Tuesday October 3

2. Cat/dog pillow  
Tuesday October 10



When: 9.30 am - 12.30pm  
Where: Coffin Bay Sporting Club

**\$30  
PER  
CLASS**

**8+  
YEARS**

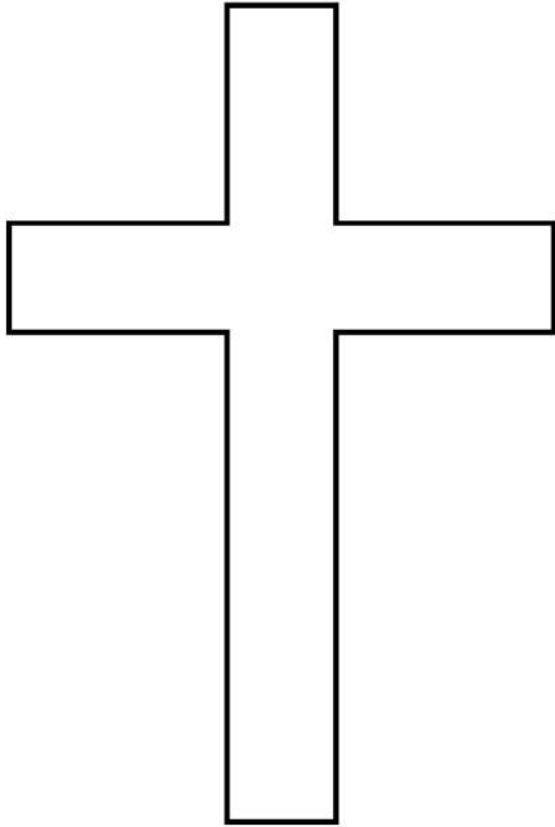
**ALL FABRIC  
AND  
EQUIPMENT  
PROVIDED**

**LIMITED  
PLACES  
PER  
CLASS**

Message @Jeni Siviour for Bookings or  
more information  
[jensiviour@bigpond.com](mailto:jensiviour@bigpond.com) Mb: 0439 815 427



# Church Services - Coffin Bay

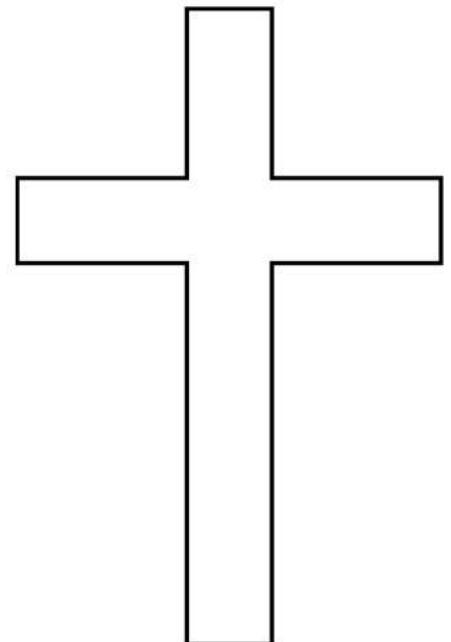


## **COFFIN BAY COMMUNITY CHURCH** CNR HAGGARTY & TAPLEY ST

**Community Church  
Services: 9am on the 1st,  
3rd & 5th Sunday's of  
each month**

**St Mary of the Angels  
Catholic Parish Port Lincoln**

**Mass  
Coffin Bay Community Church  
6pm on the First Sunday  
of each month**



# COME & TRY SAILING

2023-24 Opening Day

15TH OCTOBER | 9.30 AM

**AT THE COFFIN BAY YACHT CLUB**



SET YOUR COURSE FOR A DAY OF FUN, EXCITEMENT, AND SALTY SEA AIR AT OUR

**"FREE COME & TRY SAILING DAY"!**

OUR FRIENDLY CREW WILL GUIDE YOU THROUGH THE BASICS AND ENSURE A SAFE AND ENJOYABLE VOYAGE🚢

MEET FELLOW SAILING ENTHUSIASTS, LEARN ABOUT OUR PROGRAMS, AND DISCOVER HOW YOU CAN BECOME PART OF OUR COFFIN BAY SAILING COMMUNITY.



Bringing together young children with the over 60's for an afternoon of having fun together

**WEDNESDAY AFTERNOONS,  
DURING SCHOOL TERM**

**1:30PM-3:00PM**

**AT UNITY HILL UNITING CHURCH**

**63 NEW WEST ROAD**



For enquires, phone Sue Hodgson on 0478 638 812 or email [youngatheartportlincoln@gmail.com](mailto:youngatheartportlincoln@gmail.com)



# Community



## Coffin Bay Playgroup

Meet at the Coffin Bay Hall on Mondays 10am-12 noon during school term. Bring \$2 entry and a piece of fruit to share.

Visitors are welcome.



## CUMMINS OP SHOP

Celebrating 30 Years of Supporting the Local Community.

Open Tuesday – Friday  
10am – 4pm

**Urgently Needing New Volunteers!**

**Summer Stock Arriving**

Contact 8676 2345 or Jane 0418 697 179 if you're interested in volunteering or if have any donations!



Your paragraph text

## CEA-SIDE STITCHERS

We meet Friday mornings 9-12pm at Coffin Bay Golf Clubrooms.

We extend an invitation to anyone (residents or visitors) interested in quilting, sewing or needlework to join us at our weekly get together.

Bring along your machine or knitting etc. All welcome.



### Lake Wangary School Fundraiser

LWS has positioned bottle and can recycling trailers in Coffin Bay (behind the hall), at Lake Wangary School (visible from Farm Beach Rd) and at Farm Beach Caravan Park.

We thank all those who donate bottles and cans. The money goes towards our learning programs and facilities. Please contact the school if you have high levels of bottles and cans you need removed and we may be able to help. Thanks from LWS.





# Health & Wellbeing



October 2023

*What's New At*



## Lower Eyre Family Practice



A: 19-21 Tumby Bay Rd, Cummins & 5/61 Esplanade, Coffin Bay P: 08 8676 2210 E: admin@cumminsmedical.com.au Online: hotdoc.com.au

### Coffin Bay Clinic

Dr Leanne Schroeder-Perrang

Tuesdays from 2pm

Dr Gerard Quigley

Wednesdays from 2pm

Please call **08 8676 2210** to secure an appointment or go to **hotdoc.com.au**



FIND US ON FACEBOOK



Lower Eyre Family Practice

For information about us, what's happening at our practice & the services we provide. We also provide information about other visiting health services & relevant seasonal health messages & advice. There is a pinned post with a link to use HotDoc for appointment bookings or repeat script or referral requests

As part of the World Heart Day preventative health initiative LEFP invite you to book in for a free **Heart Health Check**

**Who is eligible:** All adults who are aged 45 years and above (30 years and above for Aboriginal and Torres Strait Islander peoples) and are not already known to have CVD are eligible for an annual Heart Health Check.

To book or for more information speak to one of our practice nurses



**WORLD HEART DAY** 29 SEP

Monday 16 October	11am—4.45pm
Tuesday 17 October	10am—6.30pm
Wednesday 18 October	10am—6.30pm
Thursday 19 October	7.30am—1pm



## Give life. Give blood in Port Lincoln.

Port Lincoln Bowling Club  
16 October to 19 October



**Lower Eyre Family Practice Will be closed for the Labour Day Public Holiday Monday, October 2nd**

For emergency & after hours, please call Cummins & Districts Memorial Hospital on 86760200



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# Health & Wellbeing



## Coffin Bay Pharmacy

Please kindly note that the operating timing for pharmacy has changed

**MONDAY to FRIDAY: 9:30 AM TO 5 PM**  
**SATURDAY: 9:30 AM TO 12 PM**

**SUNDAY AND PUBLIC HOLIDAYS: CLOSED**

**2 Flinders Avenue, Coffin Bay,  
SA-5607**

**Phone: 08-8685 4080**

## DR CLAIRE ROWE.

153-154 Esplanade (COFFIN BAY COMMUNITY HALL)

**Open Every Wednesday and the  
1st and 3rd Thursday of the month**

**Consulting from the front room**  
**Please use the Library as the waiting room.**  
**Front and side door will be open.**

**PHONE NUMBER to book and leave messages:**  
**08 7078 7801**

An online booking service is also available using  
[hotdoc.com.au](https://www.hotdoc.com.au)  
just search for Dr Claire Rowe and you can book an  
appointment  
anytime without having to ring!

## Pilates classes at the Community Hall!

Every Friday morning at 9:30am.

Please contact Alyssa on  
0438 021 638  
for more information.

Everyone is welcome, however  
numbers are limited



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**We are excited to be running events in  
this years Nature Festival  
Celebrating The Nature of Home in  
Coffin Bay  
13-15 October 2023**

**Check out the program at  
[naturefestival.org.au](http://naturefestival.org.au)**

**More events and information coming soon**

**Participants include :**

- Lower Eyre Coastcare
- Take2 Photography
- Southern Eyre Bird Club
- Arj Slater (first photography exhibition)
- Yarnbala
- Pt Lincoln Camera Club
- Lake Wangary School

**Advance notice: note that Longbeach will be closed to vehicles for events on the beach on Saturday 14th October 2023**





## Volunteer in your Community



### Coffin Bay Community Hall

#### Needs Volunteers

You may like to assist with existing events or fundraisers OR you or your group may wish to create and run a community project or event. The hall and/or the Coffin Bay Progress Association (CBPA) are there to be used for the benefit of the community. CBPA needs people to join and utilise what the hall and association offers in assistance in running community projects, events or workshops.

Do you visit the hall for the:

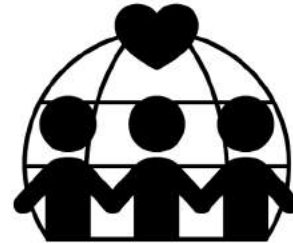
- Library
- Markets
- Doctor
- Outback Country Health
- Pilates
- Yoga

Would you like to give back to the community on your own with a friend or friends or as a group. Assist in maintaining the hall , garden, newsletter OR organise something yourself.

If you would like to volunteer please contact

Georgina Lewis - 0411 784401

**The hall and association belong to benefit the community of Coffin Bay. Please utilise it.**



# Volunteering and caring enriches you and the community



Lower Eyre  
**Coastcare**  
Association

We meet for our regular monthly workdays on the last Monday of the month and other workdays as required. Check us out on [f @lepcoastcare](#) to stay up to date with our current projects and workdays. On the last Monday we meet at the Coffin Bay boat ramp BBQ area, 8.30 am. Visitors most welcome.

We undertake varied activities around the coastline of Lower Eyre Peninsula, including collecting native plant seed, growing native plant seedlings, organising the annual Greenly Beach planting day, beach cleanups, coastal erosion management and increasingly campsite management.

Contact us for more information or to register your interest.  
email [lowereyrecoastcare@gmail.com](mailto:lowereyrecoastcare@gmail.com)  
or call Kerry McEwan 0498 387 961





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rickmyersplumbing@gmail.com

Lic PGE 256 137



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## JENKO ELECTRICAL SERVICES

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Contact Andrew Jenkins on  
0418856125 or jenkins2@jenko.com.au

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CCC

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[www.cockaleechiesheds.com.au](http://www.cockaleechiesheds.com.au)



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Email

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65 Shepperd Ave poestman1@bigpond.com

Peter Oestmann

ABN 63261361771

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General Maintenance

Painting



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Equipment for Hire includes - 2.6t Excavator, 5.5t Excavator, 32ft All Terrain Scissor Lift, Electric Scissor Lift, Compaction Roller, Cherry Picker on Trailer, 51ft Skyjack Boom Lift, Tipper Truck, Log Splitter, Gardening Equipment and much more!



Port Lincoln Hire is your local equipment hire company servicing the Lower Eyre Peninsula!

## Need a Painter?

Experienced Painter with over 40 years in the trade. Quality workmanship and very reliable. Previously worked for high profile clients.

Phone Ray on 0408 860 944 for a free quote!



## Cummins Recyclers

We are in Coffin Bay

**End of October - Date  
TBC. Please keep an eye  
on Facebook Page for  
Update**

10am till 1pm

6-8 Lawrie Street

Phone Heather: 0429 082 656





The **Lower Eyre Coastcare Association** is very excited to be hosting events for the **Nature Festival SA in Coffin Bay**. The festival theme is **"The nature of home"** and we want to celebrate the wonders of nature around Coffin Bay by inviting you to experience art, photography, multimedia displays and walks in nature to learn a little more about the nature around us.

Our events in Coffin Bay will run from **Friday 13<sup>th</sup>-Sunday 15<sup>th</sup> October** with the main event taking place on **Long Beach on Saturday 14<sup>th</sup> for World Migratory Bird Day** when a colourful flock of birds, migratory and resident shorebirds, painted by our community will be installed on the beach.

The art installation will be an opportunity to get to know some of the shorebirds that fly in from the other side of the world to spend the summer on our beaches and to get to know a bit more about our local resident shorebirds. We invite you to take a walk amongst the fantastic flamboyant flock to pick up some identification tips, then take a walk further along the beach and try to spot the real birds who have already flown in for the summer (don't forget your binoculars).

Also on Long Beach on Saturday 14<sup>th</sup> professional photographer Fran Solly and members of the Port Lincoln Camera Club will be guiding walks along the beach for **"Photographing the nature of our home"** offering tips and tricks on photographing birds and nature including ethical bird photography (free event but booking required as numbers strictly limited).



Long Beach will be closed to vehicles for the day to allow for visitor safety and the installation of the art display. Other activities starting from Long Beach include the Wild Yarnbala tours, a guided walk through nearby native intact vegetation and an opportunity to view bush birds, forage for bush foods and more.

The Coffin Bay Hall will be the venue for the **"Through the Lens"** multimedia display of the nature around Coffin Bay and will run **Friday 13<sup>th</sup>- Sunday 15 October, 10-4**. Exhibitors include the Southern Eyre Bird Group, Lake Wangary School will showcase their Minya Custodians program, the Friends of the Osprey will update on the travels of ospreys being tracked, reptiles of Eyre Peninsula from Australia's Reptiles for All, underwater photography from Manny Katz (Coffin Bay Scuba Co), dive with the cuttlefish with the virtual reality headsets (available Friday afternoon only), Arj Slater's first exhibition of his bird photography, with more exhibitors being added. Entry by gold coin donation to the Friends of the Osprey.



The Lake Wangary School will be hosting a sausage sizzle fundraiser in the Long beach carpark on the Saturday and the icecream van will be on site too.

**Check the program and book tours at [naturefestival.org.au](http://naturefestival.org.au)**



Lower Eyre  
**Coastcare**  
Association

Inquiries : Kerryn McEwan ph 0498 387 961

email [lowereyrecoastcare@gmail.com](mailto:lowereyrecoastcare@gmail.com)





# COFFIN BAY TOURIST ASSOCIATION

PO Box 35 Coffin Bay SA 5607  
Email: [tourism@coffinbay.net](mailto:tourism@coffinbay.net)



SUPPORTS LOCAL BUSINESS, CLUBS AND ACCOMMODATION PROPERTIES  
IN COFFIN BAY AND SURROUNDS



The CBTA manages the Coffin Bay Visitors website [www.coffinbay.net](http://www.coffinbay.net)  
Visitor Information Board, produces local maps and brochures promoting the area,  
along with other tourism related projects.

Membership forms can be found on the website  
<https://coffinbay.net/contact/membership-application/>

**CBTA next monthly meeting is TUESDAY 17TH OCTOBER**  
Coffin Bay Yacht Club @ 7.30pm. All members are encouraged to attend.  
Enter via the car park / back door. All Welcome!



Club Function Hire - Enquiries  
Call: **08 8685 4302**  
Email: [coffinbaysportingassociation@gmail.com](mailto:coffinbaysportingassociation@gmail.com)  
[www.coffinbaysportingclub.com](http://www.coffinbaysportingclub.com)

### BOWLS

Wednesday & Saturday Competition  
..have a roll any other time! Contact PAUL 0411 881 474

### GOLF

Full Member \$185.. Juniors \$49  
Contact STEVE 0427 854 379  
Motorised Golf Cart Hire \$40 – Contact IAN 0415 290 921  
Drivers Licence Essential

Thursday MENS competition – names in by noon  
Tuesday LADIES competition – names in by noon  
Sunday MENS & LADIES – names in by noon  
**Green fee players WELCOME!**

### Dining

Thursday “Schnitzel Night”  
returns from 5<sup>th</sup> October  
Bookings: **0423 459 167**

### Functions

Consider this gorgeous green location  
for your next special function.  
Catering packages now available!  
Head to “Functions”  
on the CBSC website (see above)

Keep an eye out on social media for  
impromptu specialty nights!

Find us at the top of  
Giles Road, COFFIN BAY





**Coffin Bay Bowling Club Needs You !**

With several members having retired from bowls or moved away, we are needing new players to join our club.

Come and enjoy the fantastic game of bowls. Our friendly group will welcome any interested persons, regardless of playing ability or experience.

Our facilities are arguably the best on Eyre Peninsula, offering social bowls through to pennant competition.

**Travelling or short term bowlers encouraged to contact the club as players often required.**

**Season : October - March**

Contact : Peter and Lorraine Shepperd – 0429399054  
or  
Contact Paul Phillips - 0411881474



The Yacht Club has been built on the strength of its volunteers. From building the clubhouse, running the kitchen and the bar, offering sail training to the community, volunteers have provided the energy, skills and commitment every step of the way.

Are you looking for a chance to give back to your community? Are you new to town and want to meet some locals? If you can spare a few hours a month to help in our kitchen or bar, then come & join our team with the added bonus of an amazing view, a free meal & drink on the night and a voucher to return with your family or friends in your own time.

The club's focus is to foster a love for the sea, to promote sailing and water sports in our bay, and to provide a meeting place for locals, families and visitors. Well known for the friendly and welcoming atmosphere, the Coffin Bay Yacht Club strives to continue to be a vital part of the Coffin Bay community.

Volunteer on your own, with a friend or even in a group of friends.

**To join, contact  
cbyc01@gmail.com or 0486046 448  
or drop into the club.**



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- Hostel Retreat Accommodation
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- Onsite Manager

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[www.duttonbay.com](http://www.duttonbay.com) Find us on Facebook!



# COFFIN BAY

## SURF CO.

With our love of the Surf and Sea, we are passionate about promoting and supporting our community.

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0423 843 806

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## COFFIN BAY

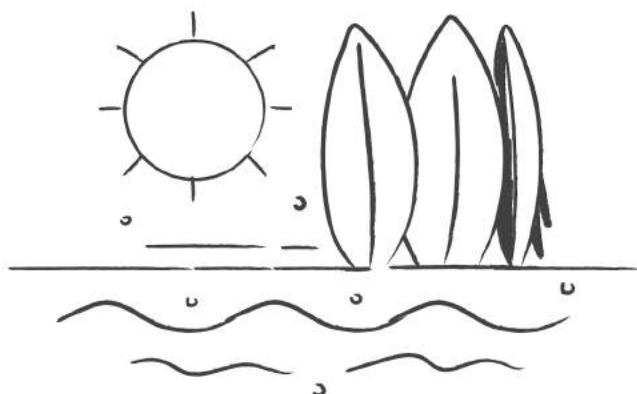
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**SAMTELFERMP**

AUTHORISED BY SAM TELFER MP, 36 WASHINGTON STREET, PORT LINCOLN SA 5606

- Coffin Bay Gardening Service  
Phil Siviour - 0428 868 545
  
- Steve's Gardening & Handyman Service  
Steve Nettle - 0427 854 379
  
- Origin Energy Agent  
Steve Nettle - 0427 854 379
  
- John Gill Electrical - 0407 556 096
  
- Stotty's Building  
Klint - 0439 339 407
  
- Qualified Carpenter  
Shannon Fry - 0422 595 852
  
- Local Carpenter - House Maintenance & Improvement  
Marty Bratasiuk - 0433 071 640
  
- Qualified Carpenter & Handyman  
Steven Egan - 0439896840
  
- Noel's Flyscreen Service  
Noel Saxby - 0400 233 366
  
- Port Lincoln Hire  
Callan Hutchinson - 0427 849 616
  
- Coffin Bay Linen Hire & Laundry Service  
Sharon - 0488 515 132
  
- Reptile Removal and Relocation  
Including injured bird rehabilitation  
Rob - 0427 563 685
  
- Justice of the Peace (JP)  
Ian Gordon - 8685 4417
  
- Eyre Peninsula Lawn Mowing Service  
Lawn & General Yard Maintenance  
Angus Hender - 0428 313 688
  
- Jules Wallace**  
**Bookkeeper**  
Working from home  
MYOB, Xero and  
Excel proficient  
Contact [jules.wallace.66@gmail.com](mailto:jules.wallace.66@gmail.com)  
0408 100 989



**WHAT'S ON AT THE COMMUNITY HALL IN OCTOBER**

Sun	MON	TUES	WED	THURS	FRI	Sat
29	30 Playgroup 10am – 12 noon	31 Coastcare AGM 6.30- 9pm				
1 Market 10am- 2.30pm	2 Public Holiday	3	4 Dr Rowe (clinic room)	5 Library a.m. Dr Rowe (clinic room) C & O Health (car park)	6 Pilates class 9.30- 10.30am Complete Personnel (Library)	7 Library a.m.
8	9	10 C & O Health (clinic room)	11 Dr Rowe (clinic room)	12 Library a.m.	13 Pilates class 9.30- 10.30am Photography & Art Exhibition	14 Library a.m.  Photography & Art Exhibition
15 Photography & Art Exhibition	16 School Term 4 begins Playgroup 10am- 12 noon	17	18 Dr Rowe (clinic room)	19 Library a.m. Dr Rowe (clinic room)	20 Pilates class 9.30- 10.30am Complete Personnel (Library)	21 Library a.m.
22	23 Playgroup 10am – 12 noon	24 C & O Health (clinic room)  CBPA AGM 7pm	25 Dr Rowe (clinic room)	26 Library a.m.	27 Pilates class 9.30- 10.30am	30 Library a.m.

# ULTIMATE CELEBRATIONS

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Do you need extra chairs, tables, glassware or other hire items for your guests?  
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# AUSTDRIVE 1

Youth Driver Awareness Program

CUMMINS, SA



The Austdrive 1 Youth Driver Awareness Program is designed for 16- 28 year olds across Australia, who currently hold a probationary, learner licence or full licence. Going beyond the scope of any learner training previously done, the Austdrive program training meets each young driver at their level and is designed to give young drivers a realistic view of their actual abilities (as opposed to what they think they can do). The course focuses on practical driver awareness, resulting in a true perspective; not the one their peers have given them. Prevention is better than cure when lives are at risk.

### Course content includes:

- Basic car dynamics and control skills
- Emergency braking
- When two wheels are off the bitumen
- Safe steering
- Wildlife dangers
- Understanding speed, fatigue, alcohol, peer pressure
- Safe following distances
- Car modification (what's real and what's not)
- Observation techniques
- Emergency collision avoidance

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Cummins District



**OCTOBER 15TH**  
**CUMMINS, SA**

contact  
Julie Crettenden (08) 8676 0400

- 8.30am - 5.00pm
- Fully Licensed driver must accompany L-Plate Drivers
- One vehicle required per participant
- \$30 per participant

**LONG BEACH WITH PARTICULAR REFERENCE TO PIED OYSTERCATCHERS**

There is an international treaty known as the Ramsar Convention which aims to halt the world-wide degradation of wetlands with resulting great losses of waterbirds, and to preserve "through wise use and management" those that remain. 169 countries are signatories including Australia. The Convention contains 9 criteria, and meeting one or more qualifies a site to be recognized of international importance. Criterion 6 stipulates that a site qualifies if it regularly holds 1% of a species of waterbird.

Since 2011, through regular surveying, it has been discovered that Long Beach annually averages a very significant 2% of the estimated world population of Pied Oystercatchers, species *Haematopus longirostris*. In March 2012, 267 birds were counted, and is, as far as I can ascertain, one of the largest flocks ever recorded. The Environment Department has acknowledged in a letter that the beach qualifies to be recognized of world importance.

Pied Oystercatchers roost when the flooding tide inundates their feeding grounds. Flocks have been observed flying from Yangie Bay, Point Longnose, Dutton Bay and Kelledie Bay to roost during high tide at Long Beach.



Spring is the usual breeding time for Pied Oystercatchers. The nest, with 2 to 3 eggs is a scrape in the sand above the high tide mark. It takes 9 weeks from the laying of the eggs for the hatchlings to fledge (fly). Mortality rates are very high (gulls, cats, foxes and crushing by 4WD's). By late summer, the fledglings have become independent. It coincides with the Long Beach flock reaching maximum numbers. The young birds appear rather diffident on joining the flock and are usually found on the edges. They can be distinguished by their pale legs, dark beak and brown eyes.



Counting the young birds can give an indication of yearly number of successfully fledged birds in the Coffin Bay area. Since 2016, the biggest count has been eight. These low numbers are of concern. Their lifespan is around 25 years and a count of at least ten fledglings would seem to be needed to maintain the Coffin Bay population. More field data is needed on this subject. .



At the western end of the beach there is a large area of samphire. It takes decades to fully recover from heavy damage. Four species of heron are often seen fishing here. The Pied Oystercatchers shelter in this samphire during storms, perhaps because they have some protection from the wind and early sighting of predators such as foxes and cats. Here they wait it out; storm tides flood access to food and they have great difficulty flying.

The birds have been dispersed into small groups. There are more on the far sand spit.



In 2008, much of the beach was covered by vast areas of *Anapella cycladea* cockles. They grow to 30mm and inhabit the upper reaches of the intertidal zone. In summer of that year, 782 cockles were counted in one sq. metre of sand.

The second photo of the same area was taken twelve years after. The richness of life in the upper tidal zone has been mostly destroyed. It was a valuable food source for shorebirds, including Pied Oystercatchers.

**LIST OF BIRDS RECORDED AT LONG BEACH**

- |                            |                               |                                     |  |
|----------------------------|-------------------------------|-------------------------------------|--|
| 1. Emu                     | 15. White-faced Heron         | 29. Australian Pied Oystercatcher R | 44. Crested Tern                                     |
| 2. Black Swan              | 16. Little Egret              | 30. Sooty Oystercatcher R           | 45. Fairy Tern E                                     |
| 3. Cape Barren Goose       | 17. Eastern Reef Egret        | 31. Banded Slit                     | 46. Rock Parrot R                                    |
| 4. Australian Shelduck     | 18. Great Egret               | 32. Pacific Golden Plover +         | 47. Grey Currawong                                   |
| 5. Pink-eared Duck         | 19. Osprey E                  | 33. Grey Plover +                   | 48. Little Raven                                     |
| 6. Chestnut Teal           | 20. White-bellied Sea Eagle E | 34. Red-capped Plover +             | 49. Welcome Swallow                                  |
| 7. Grey Teal               | 21. Wedge-tailed Eagle        | 35. Double-banded Plover #          | 50. Whimbrel +                                       |
| 8. Hoary-headed Grebe      | 22. Bar-tailed Godwit V+      | 36. Greater Sand Plover V+          | <b>CODE:</b>   |
| 9. Short-tailed Shearwater | 23. Common Greenshank +       | 37. Hooded Plover V                 | CE Critically Endangered                             |
| 10. Great Cormorant        | 24. Red Knot E+               | 38. Masked Lapwing                  | E Endangered   |
| 11. Little Black Cormorant | 25. Great Knot CE+            | 39. Banded Lapwing                  | V Vulnerable   |
| 12. Pied Cormorant         | 26. Red-necked Stint +        | 40. Pacific Gull                    | R Rare   |
| 13. Little Pied Cormorant  | 27. Sharp-tailed Sandpiper +  | 41. Silver Gull                     | + Migrates yearly to breed in far northern latitudes |
| 14. Australian Pelican     | 28. Curlew Sandpiper CE+      | 42. Whiskered Tern                  | # Migrates yearly to breed in New Zealand            |
|                            |                               | 43. Caspian Tern                    |  |





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Hosted by Country & Outback Health Dietitian and Podiatrist

## Learn how you can maintain your strength and mobility as you age!

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Coffin Bay Community Hall

### **DATE:**

Thursday 30th November

### **TIME:**

11:00am - 12:30pm

*Please call 8621 3850 to register your interest or to speak with our friendly Dietitian or Podiatrist to find out more.*

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# MENTAL HEALTH EXPO



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THURSDAY

12  
OCT  
11AM-3PM

- **LIVE MUSIC**  
Jo Page, Andy Schubert, Drew Cornell, Bec Coleman, including Open Mic!
- **FREE WORKOUT**   
11:30am-12pm
- **COLOUR RUN**
- **HEALTHY EATING DEMONSTRATION**
- **STALLS, FUN ACTIVITIES & GIVEAWAYS**
- **FACE PAINTING**
- **BUBBLE SOCCER & BOUNCY CASTLE** 
- **WILD ON EYRE**
- **DONUTS**
- **SAUSAGE SIZZLE**



**Port Lincoln Foreshore**  
(Yacht Club end)